

## Young Carers

Young Carers are young people aged 18 or under who look after someone at home who is unable to cope without support due to illness, disability, a mental health problem or an addiction. Young Carers in Trinity are identified through primary transition information or discussions with their pastoral care teacher. They can choose to complete a confidential profile sharing the information that they want with their teachers. This helps develop an understanding of each young person's situation and means that support strategies can be shared.

We have run a successful monthly drop in club at lunchtime. It's normally the last Thursday of every month in collaboration with CREATE Paisley. Young carer can bring friends, play games, chat, do crafting activities etc. and there are normally some cakes or doughnuts.

<https://renfrewshirecarers.org.uk/young-carers/>

