

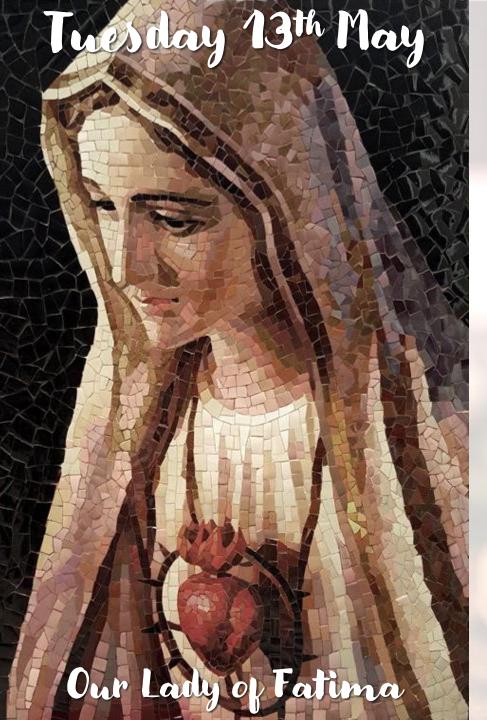


We have no reliable historical information about this martyr. Legend tells us he was born at the end of the third century and brought up by an uncle in Rome after the death of his parents. Both he and his uncle became Christians. Pancras was beheaded in 304 during Diocletian's persecution. He was only 14 years old.

Pancras is especially venerated in England because Augustine of Canterbury dedicated his first church to Pancras and his relics were presented as a gift to the king of Northumberland. A district in London is named St. Pancras after him.

Prayer:

Saint Pancras, you gave away your young life rather than offer worship to a false god. May your example inspire, and your intercession strengthen, all young people to put love of God above all else. Amen.



Our Lady of Fatima is the title given to the Blessed Virgin Mary in connection with her apparitions to three shepherd children in Fatima, Portugal. Our Lady of Fatima told the shepherd children to pray the Rosary daily for the end of the war (World War I). Mary continued to appear once a month for six months to the three children, Lucia, Jacinta and Francisco. In October of 1930, the Bishop of Leiria-Fátima approved the visions as "worthy of belief."

Prayer to Our Lady of Fatima:

Mother of all individuals and peoples, you know all their sufferings and hopes. In your motherly heart you feel all the struggles between good and evil, between light and darkness, that convulse the world: accept the plea which we make in the Holy Spirit directly to your heart, and embrace with the love of the Mother and Handmaid of the Lord those who most await this embrace, and also those whose act of entrustment you too await in a particular way. Take under your motherly protection the whole human family, which with affectionate love we entrust to you, O Mother. May there dawn for everyone the time of peace and freedom, the time of truth, of justice and of hope.

Amen.

Wednesday 14th May



Matthias, whose name means "gift of God", was the disciple chosen to replace Judas as one of the twelve Apostles. The Acts of the Apostles state that he was also one of the 72 disciples that the Lord Jesus sent out to preach the good news. Matthias was with the Lord since His Baptism, and was "a witness to Christ's Resurrection," according to St. Peter in Acts. He remained with Jesus until His Ascension.

According to various traditions, Matthias preached in Cappadocia, Jerusalem, the shores of the Caspian Sea (in modern day Turkey) and Ethiopia. He is said to have met his death by crucifixion in Colchis or by stoning in Jerusalem.

There is evidence cited in some of the early Church fathers that there was a Gospel according to Matthias in circulation, but it has since been lost, and was declared apocryphal by Pope Gelasius.

He is invoked for assistance against alcoholism, and for support by recovered alcoholics.

Hail Mary...

St Matthias Apostle

Thursday 15th May



St Dymphna

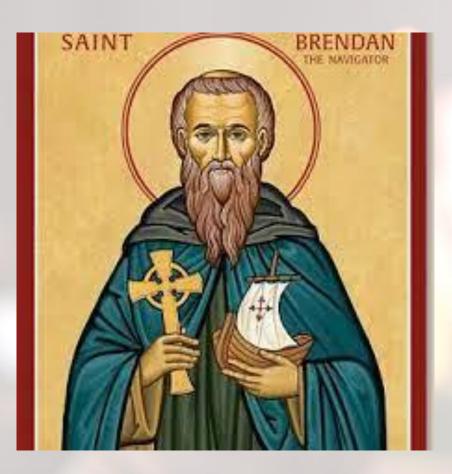
St Dymphna is the Patron Saint of those Suffering from Mental Illness

On this Feast of St. Dymphna we pray for all those who suffer from mental illness. May they find comfort and healing in God's love.

"The righteous cry out, and the Lord hears them; he delivers them from their troubles. The Lord is close to the brokenhearted and saves those who are crushed in spirit." Psalm 34: 17-18

Hail Mary...

Friday 16th May



St Brendan

St. Brendan is the Patron Saint of Sailors and Travellers

On this Feast of St. Brendan, let's today say his prayer which encourages us to place all our trust in the Lord.

"Help me to journey beyond the familiar and into the unknown. Give me the faith to leave old ways and break fresh ground with You. Christ of the mysteries, I trust You to be stronger than each storm within me. I will trust in the darkness and know that my times, even now, are in Your hand. Tune my spirit to the music of heaven, and somehow, make my obedience count for You."

Hail Mary...