

## Monday 10th February



St. Scholastica

St. Scholastica, sister of St. Benedict, consecrated her life to God from her earliest youth. She visited her brother once a year, and as she was not allowed to enter his monastery. On one occasion they had passed the time as usual in prayer and pious conversation and in the evening they sat down to take their reflection. St. Scholastica begged her brother to remain until the next day. St. Benedict refused to spend the night outside his monastery. She had recourse to prayer and a furious thunderstorm burst so that neither St. Benedict nor any of his companions could return home. They spent the night in spiritual conferences. The next morning they parted to meet no more on earth. Three days later St. Scholastica died, and her holy brother beheld her soul in a vision as it ascended into heaven. She died about the year 543, and St. Benedict followed her soon after.

#### A prayer to St Scholastica

O God, to show us where innocence leads, you made the soul of your virgin Saint Scholastica soar to heaven like a dove in flight. Grant through her merits and her prayers that we may so live in innocence as to attain to joys everlasting. This we ask through our Lord Jesus Christ, Your Son, Who lives and reigns with You and the Holy Spirit, One God, forever and ever. Amen.

Tuesday 11th Februaru



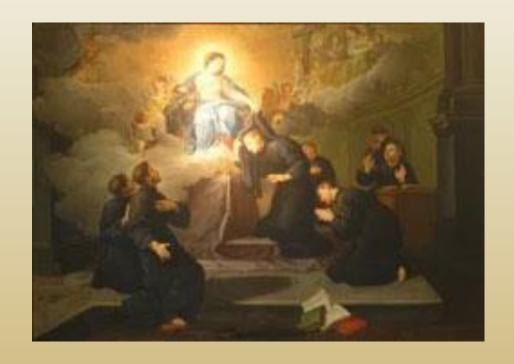
Our Lady of Lourdes

Our Lady of Lourdes is a Roman Catholic title of the Mary, mother of Jesus, venerated in honour of the Marian apparitions that occurred in Lourdes, France. The first apparition of 11 February 1858, of which Bernadette Soubirous (age 14) told her mother that a "Lady" spoke to her in the cave of Massabielle while she was gathering firewood with her sister and a friend. Similar apparitions of the "Lady" were reported on 18 occasions that year, until the climax revelation of Our Lady of the Immaculate Conception took place. On 18 January 1862, the local Bishop of Tarbes Bertrand-Sévère Laurence endorsed the veneration of the Blessed Virgin Mary in Lourdes. A large Marian cult of devotion has since developed as ecclesiastical investigations sanctioned her visions. In later years, a large church was built at the site that has since become a major site of religious pilgrimage

#### A prayer to Our Lady of Lourdes

Ever Immaculate Virgin Mother of Mercy, Health of the sick, refuge of sinners, Comforter of the afflicted, you know my wants, my troubles, my sufferings; look with mercy on me. I come, therefore, with complete confidence to implore your maternal intercession. Obtain, O loving Mother, the grant of my requests. Through gratitude for your favors, I will endeavor to imitate your virtues, that I may one day share your glory. Amen.

### Wednesday 12th February



St. Buonfiglio Monaldo

Buonfiglio was one of seven Florentines who had joined the Confraternity of the Blessed Virgin (the Laudesi) in a particularly lax period in the city's history and who were inspired by a vision on the feast of the Assumption to take up a life of solitude and prayer. After nearly fifteen years of austerity at a hermitage on Monte Senario he took the name in 1240 of Servants of Mary, or Servites. Six were ordained, developed as mendicant friars under the direction of James of Poggibonsi and Bishop Ardingo of Florence and established many houses and foreign missions. Br. Bounfiglio served as its first prior general from 1240 to 1256 and died on Jan 1. St. John Bounagiunta succeded him, St. Bartholomew Amidei (Br. Hugh) established the order in Paris and St. Ricovero Ugoccione (Br. Sostenesw) in IGermany. SS. Benedict dell'Antella (Br. Manettus) were ordained; St. Alexis Falconieri became a lay brother and was the only one to live to see the order approved by Pope Benedict XI in 1304. The "Seven Holy Founders" of the Servites were canonized in 1887 by Pope Leo XIII.

### Thursday 13th February



St. Catherine De Ricci

The Ricci are an ancient family in Tuscany. Catherine was born at Florence in 1522, and called at her baptism Alexandrina, but she took the name of Catherine at her religious profession. Having lost her mother in her infancy, her father placed her in the Convent of Monticelli, near the gates of Florence, where her aunt, Louisa de Ricci, was a nun when she was between the age of six and seven. To her, this place was a paradise, but after some years her father took her home. Attracted to the religious life, and with the consent of her father, she received the religious veil in the convent of Dominicanesses at Prat, in Tuscany in the year 1535 at fourteen years of age. One of the miracles that was documented for her canonization was her appearance many hundreds of miles away from where she was physically located. This involved appearing in a vision St Philip Neri, a resident of Rome, with whom she had maintained a long-term correspondence. Neri, who was otherwise very reluctant to discuss miraculous events, confirmed the event.

After a long illness she passed from this mortal life to everlasting bliss and possession of the object of all her desires on the feast of the Purification of our Lady, on the 2nd of February, in 1589, the sixty-seventh year of her age. The ceremony of her beatification was performed by Clement XII in 1732, and that of her canonization by Benedict XIV in 1746.

# Friday 14th February



St. Valentine

Saint Valentine, officially known as Saint Valentine of Rome, is a third-century Roman saint widely celebrated on February 14 and commonly associated with "courtly love."

Although not much of St. Valentine's life is reliably known, and whether or not the stories involve two different saints by the same name is also not officially decided, it is highly agreed that St. Valentine was martyred and then buried on the Via Flaminia to the north of Rome.

In 1969, the Roman Catholic Church removed St. Valentine from the General Roman Calendar, because so little is known about him. However, the church still recognises him as a saint, listing him in the February 14 spot of Roman Martyrolgy.

The romantic nature of Valentine's Day may have derived during the Middle Ages, when it was believed that birds paired couples in mid-February. According to English 18th-century antiquarians Alban Butler and Francis Douce, Valentine's Day was most likely created to overpower the pagan holiday, Lupercalia.

Although the exact origin of the holiday is not widely agreed upon, it is widely recognized as a day for love, devotion and romance.

Whoever he was, Valentine did really exist, because archaeologists have unearthed a Roman catacomb and an ancient church dedicated to St. Valentine. In 496 AD Pope Gelasius marked February 14th as a celebration in honor of his martyrdom.