

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Minestrone Soup	Leek & Potato Soup	Tomato Soup	
Main Meal 1	Pizza with Garlic Bread (V)	Sausage & Mash	Salmon Bubble Crisp Fillet & New Potato's	Chicken Curry, Rice & Naan Bread	Fish Fingers & Chips
Main Meal 2	Neapolitan Pasta with Garlic Bread (Ve)	Vegan Sausage & Mash (Ve)	Veggieball in tomato Sauce & New Potato's (Ve)	Sweet chilli oriental veg & Noodles (Ve)	Quorn Dippers & Chips (V)
Main Meal 3	Jacket Potato with beans (Ve)	Cheese Sandwich (V)	Chicken Sandwich	Egg Mayo Sandwich (V)	Jacket Potato with Beans (Ve) or Cheese (V)
Sides/Veg	Broccoli /Salad	Mixed Veg/Salad	Sweetcorn/Salad	Green Beans/Salad	Peas /Salad
Dessert	Yoghurt	Yoghurt	Jelly	Jelly	Chocolate Sponge
Milk, Bread, Water and Fruit available daily					

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Minestrone Soup	Carrot & Coriander Soup	Tomato Soup	
Main Meal 1	Plain Omelette & Diced Potato(V)	Chicken Curry, Rice, and Naan Bread	Mince & Mash Potato	Quorn Chilli Taco with Corn on the cob (V)	Fish & Chips
Main Meal 2	Mac & Cheese & Garlic Bread (V)	Sweet & Sour Veg with Noodles (Ve)	Vegan Sausage Roll & Wedges (Ve)	Tomato Pasta & Crusty Bread	Quorn Southern Bite Wrap with Savoury Rice (V)
Main Meal 3	Jacket Potato with Beans (Ve)	Cheese Sandwich (V)	Chicken Sandwich	Jacket Potato with Tuna Mayo	Jacket Potato with Beans (Ve)
Sides/ veg	Broccoli /Salad	Sweetcorn /Salad	Carrots/Beans /Salad	Green Beans/Salad	Peas /Salad
Dessert	Ice Cream	Jelly	Jelly	Yoghurt	Chocolate Sponge
Milk, Bread, Water and Fruit available daily					

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Sweet potato & Lentil Soup	Carrot & Coriander Soup	Vegetable Soup	Leek & Potato Soup	
Main Meal 1	Quorn Tikka Masala & Rice (V)	Pasta Bolognese	Chicken Casserole & New Potato's	Beef Burger with Wedges	Fish & Chips
Main Meal 2	Beans on toast (Ve)	Pizza & Crusty Bread (V)	Tomato & Basil Pasta & Crusty Bread (Ve)	Chicken Goujons with Wedges	Vegan Sausage & Chips (Ve)
Main Meal 3	Jacket potato With Cheese (V) or Beans (Ve)	Cheese Sandwich (V)	Tuna Sandwich	Jacket Potato & Cheese (V)	Chicken Sandwich
	Broccoli /Salad	Sweetcorn /Salad	Carrots /Salad	Beans /Salad/ Coleslaw	Peas /Salad
Dessert	Yoghurt	Jelly	Jelly	Yoghurt	Chocolate Sponge
Milk, Bread, Water and Fruit available daily					

Ve Vegan

V Vegetarian

Gluten Free Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Tomato Soup	Leek & Potato Soup	Tomato Soup	
Main Meal 1	G/F Tomato Pasta	G/F Sausage & Mash	Salmon Bubble crisp Fillet & New potato's	G/F Chicken Curry & Rice	G/F Fish & Chips
Main Meal 2	Jacket Potato with Beans	G/F Cheese Sandwich	Veggieballs in tomato Sauce & New Potato	Sweet Chilli Oriental veg with Rice	Jacket Potato with Cheese
Main Meal 3			G/F Chicken Sandwich	G/F Egg Mayo Sandwich	
Sides	Broccoli /Salad	Mixed Veg/ Salad	Sweetcorn/Salad	Green Beans/Salad	Peas/Salad
Dessert	Yoghurt	Yoghurt	Jelly	Jelly	Yoghurt

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Tomato Soup	Carrot & Coriander Soup	Tomato Soup	
Main Meal 1	Plain Omelette & Chips	G/F Chicken Curry & Rice	Mince & Mashed Potato (No Yorkshire Pudding)	G/F Tomato Pasta	G/F Fish & Chips
Main Meal 2	Jacket Potato & Beans	Sweet & Soup Veg & Rice	Jacket Potato with Tuna	G/F Chicken Sandwich	Jacket Potato with Beans
Main Meal 3		G/F Cheese Sandwich			
Sides	Broccoli /Salad	Sweetcorn /Salad	Carrot/ Salad	Green beans/Salad	Peas /Salad
Dessert	Ice Cream	Jelly	Jelly	Yoghurt	Yoghurt

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Sweet potato & Lentil Soup	Carrot & Coriander Soup	Vegetable Soup	Leek & Potato Soup	
Main Meal 1	G/F Beans on Toast	G/F Pasta Bolognese	Chicken Casserole & New potato	G/F Beef Burger & Wedges	G/F Fish & Chip
Main Meal 2	Jacket Potato Cheese or Beans	G/F Cheese Sandwich	G/F Tomato Pasta	Jacket Potato with Cheese	G/F Chicken Sandwich
Main Meal 3			G/F Tuna Sandwich		
Sides	Broccoli /Salad	Sweetcorn /Salad	Carrots/Salad	Beans/Salad /Coleslaw	Peas/Salad
Dessert	Yoghurt	Yoghurt	Jelly	Jelly	Yoghurt

Dairy Free Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Minestrone Soup	Leek & Potato Soup	Tomato Soup	
Main Meal 1	Neapolitan Pasta with Crusty Bread	Sausage & Mash	Salmon Bubble Crisp Fillet & New Potatoes	D/F Chicken Curry & Rice	Fish Fingers & Chips
Main Meal 2	Jacket Potato with Beans	Vegan Sausage & Mash	Veggie balls in Tomato Sauce & New Potato	Sweet Chilli Oriental veg & Noodles	Jacket Potato with D/F Cheese
Main Meal 3		D/F Cheese Sandwich	Chicken Sandwich	Egg Mayo Sandwich	
Sides	Broccoli /Salad	Mixed Veg/Salad	Sweetcorn /Salad	Green Beans/Salad	Peas /Salad
Dessert	D/F Yoghurt	D/F Yoghurt	Jelly	Jelly	D/F Yoghurt

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Minestrone Soup	Carrot & Coriander Soup	Tomato Soup	
Main Meal 1	Jacket Potato D/F Cheese or Beans	D/F Chicken Curry & Rice	Mince & Mash (no Yorkshire pudding)	Tomato Pasta & Crusty Bread	Fish & Chips
Main Meal 2		Sweet & Sour Veg & Noodles	Vegan Sausage Roll & Wedges	Quorn Chilli Tacos & Corn on the cob	Quorn Southern bite wrap & Savoury rice
Main Meal 3		D/F Cheese Sandwich	Jacket Potato with Tuna	Chicken Sandwich	Jacket Potato with Beans
Sides	Broccoli/Salad	Sweetcorn/Salad	Carrot/Beans/Salad	Green beans /Salad	Peas /Salad
Dessert	D/F Yoghurt	Jelly	Jelly	D/F Yoghurt	D/F Yoghurt

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Sweet potato & Lentil Soup	Carrot & Coriander Soup	Vegetable Soup	Leek & Potato Soup	
Main Meal 1	Beans on Toast	Pasta Bolognese	Chicken Casserole with New potato's	Beef Burger & Wedges	Fish & Chip
Main Meal 2	Jacket Potato with D/F Cheese or Beans	D/F Cheese Sandwich	Tomato & Basil Pasta	Chicken Goujons & Wedges	Vegan Sausage & Chips
Main Meal 3			Tuna Sandwich	Jacket Potato with D/F Cheese	Chicken Sandwich
Sides	Broccoli /Salad	Sweetcorn /Salad	Carrots/Salad	Beans/Salad /Coleslaw	Peas/Salad
Dessert	D/F Yoghurt	D/F Yoghurt	Jelly	Jelly	D/F Yoghurt

Egg Free Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Minestrone Soup	Leek & Potato Soup	Tomato Soup	
Main Meal 1	Pizza & Garlic Bread	Sausage & Mash	Salmon Bubble crisp Fillet & new potatoes	Chicken Curry & Rice	Fish Fingers & Chips
Main Meal 2	Neapolitan Pasta & Garlic Bread	Vegan Sausage & Mash	Veggieballs in Tomato Sauce & new potatoes	Sweet Chilli Oriental Veg with Rice	Jacket Potato with Cheese
Main Meal 3	Jacket Potato with Beans	Cheese Sandwich	Chicken Sandwich		
Side	Broccoli/Salad	Mixed Veg/Salad	Sweetcorn /Salad	Green Beans/Salad	Peas/Salad
Dessert	Yoghurt	Yoghurt	Jelly	Jelly	Yoghurt

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Minestrone Soup	Carrot & Coriander Soup	Tomato Soup	
Main Meal 1	Mac & Cheese & Garlic Bread	Chicken Curry & Rice	Mince & Mash Potato (no Yorkshire pudding)	Tomato Pasta & Crusty Bread	Fish & Chips
Main Meal 2	Jacket Potato & Beans	Sweet & Sour Veg with Rice	Vegan Sausage roll & Potato Wedges	Jacket potato with Cheese	Jacket potato & Beans
Main Meal 3		Cheese Sandwich	Chicken Sandwich		
Sides	Broccoli/Salad	Sweetcorn/Salad	Carrot/Beans/Salad	Green beans/Salad	Peas/Salad
Dessert	Ice Cream	Jelly	Jelly	Yoghurt	Yoghurt

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Sweet potato & Lentil Soup	Carrot & Coriander Soup	Veg Soup	Leek & Potato Soup	
Main Meal 1	Beans on Toast	Pasta Bolognese	Chicken Casserole & New potato's	Beef Burger & Wedges	Fish & Chip
Main Meal 2	Jacket Potato with Cheese or Beans	Pizza & Crusty Bread	Tomato & Basil Pasta	Chicken Goujons & Wedges	Vegan Sausage & Chips
Main Meal 3				Jacket potato with Beans or Cheese	Chicken Sandwich
Sides	Broccoli/Salad	Sweetcorn /Salad	Carrots/Salad	Beans/Salad	Peas/Salad
Dessert	Yoghurt	Jelly	Jelly	Yoghurt	Yoghurt