Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Minestrone Soup	Leek &Potato Soup	Tomato Soup	
Main Meal 1	Pizza with Garlic Bread (V)	Sausage & Mash	Salmon Bubble Crisp Fillet & New Potato's	Chicken Curry, Rice & Naan Bread	Fish Fingers & Chips
Main Meal 2	Neapolitan Pasta with Garlic Bread (Ve)	Vegan Sausage & Mash (Ve)	Veggieball in tomato Sauce & New Potato's (Ve)	Sweet chilli oriental veg & Noodles (Ve)	Quorn Dippers & Chips (V)
Main Meal 3	Jacket Potato with beans (Ve)	Cheese Sandwich (V)	Chicken Sandwich	Egg Mayo Sandwich (V)	Jacket Potato with Beans (Ve) or Cheese (V)
Sides/Veg	Broccoli /Salad	Mixed Veg/Salad	Sweetcorn/Salad	Green Beans/Salad	Peas /Salad
Dessert	Yoghurt	Yoghurt	Jelly	Jelly	Chocolate Sponge
l	Mill	k, Bread, Water	and Fruit available	daily	

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Minestrone	Carrot &	Tomato Soup	
		Soup	Coriander Soup		
Main Meal 1	Plain	Chicken	Mince & Mash	Quorn Chilli	Fish & Chips
	Omelette &	Curry, Rice,	Potato	Taco with	
	Diced	and Naan		Corn on the	
	Potato(V)	Bread		cob (V)	
Main Meal 2	Mac &	Sweet & Sour	Vegan Sausage	Tomato Pasta	Quorn
	Cheese &	Veg with	Roll & Wedges	& Crusty	Southern
	Garlic Bread	Noodles (Ve)	(Ve)	Bread	Bite Wrap
	(V)				with Savoury
					Rice (V)
Main Meal 3	Jacket Potato	Cheese	Chicken	Jacket Potato	Jacket
	with Beans	Sandwich (V)	Sandwich	with Tuna	Potato with
	(Ve)			Mayo	Beans (Ve)
Sides/ veg	Broccoli	Sweetcorn	Carrots/Beans	Green	Peas /Salad
	/Salad	/Salad	/Salad	Beans/Salad	
Dessert	Ice Cream	Jelly	Jelly	Yoghurt	Chocolate
					Sponge
	Mil	k, Bread, Water	and Fruit available	daily	

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Sweet potato & Lentil Soup	Carrot & Coriander Soup	Vegetable Soup	Leek & Potato Soup	
Main Meal 1	Quorn Tikka Masala & Rice (V)	Pasta Bolognese	Chicken Casserole & New Potato's	Beef Burger with Wedges	Fish & Chips
Main Meal 2	Beans on toast (Ve)	Pizza & Crusty Bread (V)	Tomato & Basil Pasta & Crusty Bread (Ve)	Chicken Goujons with Wedges	Vegan Sausage & Chips (Ve)
Main Meal 3	Jacket potato With Cheese (V)or Beans (Ve)	Cheese Sandwich (V)	Tuna Sandwich	Jacket Potato & Cheese (V)	Chicken Sandwich
	Broccoli /Salad	Sweetcorn /Salad	Carrots /Salad	Beans /Salad/ Coleslaw	Peas /Salad
Dessert	Yoghurt	Jelly	Jelly	Yoghurt	Chocolate Sponge
	Mil	k, Bread, Water	and Fruit available	daily	

Ve Vegan

V Vegetarian

Gluten Free Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Tomato	Leek & Potato	Tomato	
		Soup	Soup	Soup	
Main Meal	G/F	G/F	Salmon Bubble	G/F Chicken	G/F Fish &
1	Tomato	Sausage &	crisp Fillet &	Curry & Rice	Chips
	Pasta	Mash	New potato's		
Main Meal	Jacket	G/F Cheese	Veggieballs in	Sweet Chilli	Jacket
2	Potato	Sandwich	tomato Sauce &	Oriental veg	Potato with
	with Beans		New Potato	with Rice	Cheese
Main Meal			G/F Chicken	G/F Egg	
3			Sandwich	Mayo	
				Sandwich	
Sides	Broccoli	Mixed Veg/	Sweetcorn/Salad	Green	Peas/Salad
	/Salad	Salad		Beans/Salad	
Dessert	Yoghurt	Yoghurt	Jelly	Jelly	Yoghurt

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Tomato	Carrot &	Tomato	
		Soup	Coriander	Soup	
			Soup		
Main Meal 1	Plain	G/F Chicken	Mince &	G/F Tomato	G/F Fish &
	Omelette &	Curry & Rice	Mashed	Pasta	Chips
	Chips		Potato (No		
			Yorkshire		
			Pudding		
Main Meal 2	Jacket	Sweet &	Jacket Potato	G/F Chicken	Jacket
	Potato &	Soup Veg &	with Tuna	Sandwich	Potato with
	Beans	Rice			Beans
Main Meal 3		G/F Cheese			
		Sandwich			
Sides	Broccoli	Sweetcorn	Carrot/ Salad	Green	Peas /Salad
	/Salad	/Salad		beans/Salad	
Dessert	Ice Cream	Jelly	Jelly	Yoghurt	Yoghurt

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Sweet	Carrot &	Vegetable	Leek &	
	potato &	Coriander	Soup	Potato Soup	
	Lentil Soup	Soup			
Main Meal	G/F Beans	G/F Pasta	Chicken	G/F Beef	G/F Fish &
1	on Toast	Bolognese	Casserole &	Burger &	Chip
			New potato	Wedges	
Main Meal	Jacket	G/F Cheese	G/F Tomato	Jacket	G/F Chicken
2	Potato	Sandwich	Pasta	Potato with	Sandwich
	Cheese or			Cheese	
	Beans				
Main Meal			G/F Tuna		
3			Sandwich		
Sides	Broccoli	Sweetcorn	Carrots/Salad	Beans/Salad	Peas/Salad
	/Salad	/Salad		/Coleslaw	
Dessert	Yoghurt	Yoghurt	Jelly	Jelly	Yoghurt

Dairy Free Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Minestrone	Leek &	Tomato	
		Soup	Potato Soup	Soup	
Main Meal	Neapolitan	Sausage &	Salmon	D/F Chicken	Fish Fingers
1	Pasta with	Mash	Bubble Crisp	Curry & Rice	& Chips
	Crusty		Fillet & New		
	Bread		Potatoes		
Main Meal	Jacket	Vegan	Veggie balls	Sweet Chilli	Jacket
2	Potato with	Sausage &	in Tomato	Oriental veg	Potato with
	Beans	Mash	Sauce & New	& Noodles	D/F Cheese
			Potato		
Main Meal		D/F Cheese	Chicken	Egg Mayo	
3		Sandwich	Sandwich	Sandwich	
Sides	Broccoli	Mixed	Sweetcorn	Green	Peas /Salad
	/Salad	Veg/Salad	/Salad	Beans/Salad	
Dessert	D/F Yoghurt	D/F Yoghurt	Jelly	Jelly	D/F Yoghurt

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Minestrone	Carrot & Coriander	Tomato	
		Soup	Soup	Soup	
Main	Jacket Potato	D/F Chicken	Mince & Mash (no	Tomato	Fish &
Meal 1	D/F Cheese or	Curry & Rice	Yorkshire pudding)	Pasta &	Chips
	Beans			Crusty	
				Bread	
Main		Sweet & Sour	Vegan Sausage Roll	Quorn Chilli	Quorn
Meal 2		Veg & Noodles	& Wedges	Tacos &	Southern
				Corn on the	bite wrap
				cob	& Savoury
					rice
Main		D/F Cheese	Jacket Potato with	Chicken	Jacket
Meal 3		Sandwich	Tuna	Sandwich	Potato
					with
					Beans
Sides	Broccoli/Salad	Sweetcorn/Salad	Carrot/Beans/Salad	Green	Peas
				beans	/Salad
				/Salad	
Dessert	D/F Yoghurt	Jelly	Jelly	D/F Yoghurt	D/F
					Yoghurt

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Sweet	Carrot &	Vegetable	Leek &	
	potato &	Coriander	Soup	Potato Soup	
	Lentil Soup	Soup			
Main Meal	Beans on	Pasta	Chicken	Beef Burger	Fish & Chip
1	Toast	Bolognese	Casserole	& Wedges	
			with New		
			potato's		
Main Meal	Jacket	D/F Cheese	Tomato &	Chicken	Vegan
2	Potato with	Sandwich	Basil Pasta	Goujons &	Sausage &
	D/F Cheese			Wedges	Chips
	or Beans				
Main Meal			Tuna	Jacket	Chicken
3			Sandwich	Potato with	Sandwich
				D/F Cheese	
Sides	Broccoli	Sweetcorn	Carrots/Salad	Beans/Salad	Peas/Salad
	/Salad	/Salad		/Coleslaw	
Dessert	D/F Yoghurt	D/F Yoghurt	Jelly	Jelly	D/F Yoghurt

Egg Free Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup	Minestrone	Leek & Potato	Tomato Soup	
		Soup	Soup		
Main Meal 1	Pizza & Garlic	Sausage &	Salmon	Chicken Curry	Fish Fingers
	Bread	Mash	Bubble crisp	& Rice	& Chips
			Fillet & new		
			potatoes		
Main Meal 2	Neapolitan	Vegan	Veggieballs in	Sweet Chilli	Jacket Potato
	Pasta & Garlic	Sausage &	Tomato Sauce	Oriental Veg	with Cheese
	Bread	Mash	& new	with Rice	
			potatoes		
Main Meal 3	Jacket Potato	Cheese	Chicken		
	with Beans	Sandwich	Sandwich		
Side	Broccoli/Salad	Mixed	Sweetcorn	Green	Peas/Salad
		Veg/Salad	/Salad	Beans/Salad	
Dessert	Yoghurt	Yoghurt	Jelly	Jelly	Yoghurt

Week	Monday	Tuesday	Wednesday	Thursday	Friday
2					
Soup	Lentil Soup	Minestrone	Carrot & Coriander	Tomato	
		Soup	Soup	Soup	
Main	Mac & Cheese	Chicken Curry &	Mince & Mash	Tomato	Fish &
Meal 1	& Garlic	Rice	Potato (no	Pasta &	Chips
	Bread		Yorkshire pudding)	Crusty	
				Bread	
Main	Jacket Potato	Sweet & Sour	Vegan Sausage roll	Jacket	Jacket
Meal 2	& Beans	Veg with Rice	& Potato Wedges	potato with	potato &
				Cheese	Beans
Main		Cheese	Chicken Sandwich		
Meal 3		Sandwich			
Sides	Broccoli/Salad	Sweetcorn/Salad	Carrot/Beans/Salad	Green	Peas/Salad
	-	_		beans/Salad	-
Dessert	Ice Cream	Jelly	Jelly	Yoghurt	Yoghurt

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Sweet potato & Lentil Soup	Carrot & Coriander	Veg Soup	Leek & Potato Soup	
		Soup			
Main Meal	Beans on	Pasta	Chicken	Beef Burger	Fish & Chip
1	Toast	Bolognese	Casserole&	& Wedges	
			New potato's		
Main Meal	Jacket Potato	Pizza &	Tomato &	Chicken	Vegan
2	with Cheese	Crusty	Basil Pasta	Goujons &	Sausage &
	or Beans	Bread		Wedges	Chips
Main Meal				Jacket	Chicken
3				potato with	Sandwich
				Beans or	
				Cheese	
Sides	Broccoli/Salad	Sweetcorn /Salad	Carrots/Salad	Beans/Salad	Peas/Salad
Dessert	Yoghurt	Jelly	Jelly	Yoghurt	Yoghurt