

INFORMATION FROM PARENT CLUB

Why is my child spending more time outside during the school day?

Schools are keen to make better use of the outdoors as the evidence shows that there is **less chance of catching coronavirus when outside** but there are other benefits too. When children spend time playing and learning in the outdoors, they're more active, engaged and likely to have better concentration when returning to their classrooms.

Won't my child get sick if they're outside in all weathers?

It's not true that being outside in cold weather will make you more likely to catch cold or flu. Schools may ask you to provide warm clothing or waterproofs so your child can be comfortable and relaxed and get used to being outdoors in the rain. The outdoors will help them to be more active and have a healthier lifestyle as they grow up.

Many schools have spare outdoor clothes that can be accessed or you may be able to get financial help through a [clothing grant](#).

In St Paul's Primary School, every child has been provided with a waterproof jacket, and trousers, to support outdoor learning.

Will my child still be able to learn if they have lessons outside?

Learning across all subjects and stages can be delivered outdoors with great effect. It allows your child to develop and build their skills and knowledge, which can help your child to make sense of the world around them. The outdoors encourages children to think creatively and build up resilience, awareness of risks and can help with problem solving.

Teachers can also take the class to different spaces – school grounds, local parks or further afield for visits to national parks, outdoor education centres.

How will my child get to and from school safely?

Where possible your child should travel to and from school on foot, bike or scooter while maintaining physical distance. You and your child should wash or sanitise your hands before and after travelling.

If your child uses public transport, they should follow current guidelines and wear a face covering while they travel, if they are aged 12 or over. Children under 12 do not currently have to wear face coverings on public / school transport

You can find more information at <https://www.parentclub.scot/topics/coronavirus>

