

2023/2024 Secondary Analysed Lunch Plated Meal Week 1 Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup	Soup	Soup	Soup
SO2301	SO2302	SO2301	SO2303	SO2301
Vegetable Soup (ve)	Tangy Tomato Soup (ve)	Vegetable Soup (ve)	Leek & Potato Soup (ve)	Vegetable Soup (ve)
Main	Main	Main	Main	Main
MA2301	MA2303	MA2304	MA2306	MA2309
Bangers 'N' Mash (Broccoli, Carrot)	Chicken Nuggets With Potato Wedges (Rainbow Salad, Coleslaw) (serve with condiment)	Margherita Pizza (v) (Broccoli, Mexican-Style Corn Salad)	Sloppy Joe's Tacos (Rainbow Salad, Coleslaw)	Mediterranean Fish Wrap (Sweetcorn, Spinach Salad)
Main	Main	Main	Main	Main
MA2302	MA2331	MA2305	MA2307, 2308	MA2310
Creamy Pesto Bow-Tie Pasta With Garlic Bread (v) (Broccoli, Carrot)	Crispy Halloumi Burger with Potato Wedges (v) (Rainbow Salad, Coleslaw) (serve with condiment)	Oriental Chow Mein (ve) (Broccoli, Mexican-Style Corn Salad)	Selection of Jacket Potato (Cheese (v), or Beans (v)) (Rainbow Salad, Coleslaw)	Fragrant Thai Green Curry With Rice (ve) (Sweetcorn, Spinach Salad)
Dessert	Dessert	Dessert	Dessert	Dessert
DE2306	DE2307	DE2304	DE2303	DE2308
Fluffy Waffle (v)	Cookie (v)	Oaty Flapjack (v)	Fruit Salad (ve) Fruit Salad with Honey Lemon Dressing (ve)	Peach Melba Sponge (v)

- This menu is free from Nut and Peanut
- This menu has been nutritionally analysed
- Milk (250ml) and Fruit x1 (Apple, Banana, etc.) should also be offered as part of the plated meal.

2023/2024 Secondary Analysed Lunch Plated Meal Week 2 Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup	Soup	Soup	Soup
SO2301	SO2303	SO2301	SO2302	SO2301
Vegetable Soup (ve)	Leek & Potato Soup (ve)	Vegetable Soup (ve)	Tangy Tomato Soup (ve)	Vegetable Soup (ve)
Main	Main	Main	Main	Main
MA2311	MA2313	MA2314	MA2316	MA2318
Stack Your Beef Burger Oven Chips (Broccoli) (serve with condiment)	Creamy Chicken Potato-Topped Pie (Rainbow Salad, Coleslaw)	Pasta & Tomato Bake (v) Gnocchi & Tomato Bake with Garlic Bread (v) (Spinach Salad)	Crispy Salmon Bites with Baked Sweet Potato Fries (Peas, Rainbow Salad) (serve with condiment)	Jumbo Hot Dog (Carrot, Mexican-Style Corn Salad) (serve with condiment)
Main	Main	Main	Main	Main
MA2332	MA2333, 2333V	MA2315	MA2317, MA2317V	MA2319
Veggie Lasagne (v) (Broccoli)	Loaded Salt & Chilli Potato Boats (Chicken, or Veg (v)) (Rainbow Salad, Coleslaw) (serve with condiment)	British Brunch Wrap (ve) Zingy Chipotle Burrito (ve) (Spinach Salad)	Chicken Katsu Curry / Quorn Katsu Curry (ve) with Rice (Peas, Rainbow Salad)	Egg Fried Rice (v) Egg Stir-Fried Rice Noodles (v) (Carrot, Mexican-Style Corn Salad)
Dessert	Dessert	Dessert	Dessert	Dessert
DE2306	DE2307	DE2304	DE2303	DE2308
Fluffy Waffle (v)	Cookie (v)	Oaty Flapjack (v)	Fruit Salad (ve) Fruit Salad with Honey Lemon Dressing (ve)	Peach Melba Sponge (v)

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2023/2024 Secondary Analysed Lunch Plated Meal Week 3 Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup	Soup	Soup	Soup
SO2301	SO2304	SO2301	SO2302	SO2301
Vegetable Soup (ve)	Vegetable & Rice Soup (ve)	Vegetable Soup (ve)	Tangy Tomato Soup	Vegetable Soup (ve)
Main	Main	Main	Main	Main
MA2326	MA2322	MA2324	MA2325	MA2320
Simply Perfect Spaghetti Bolognese (Carrot, Mexican-Style Corn Salad)	Meatball Sub Melt (Rainbow Salad, Coleslaw)	BBQ Pepper & Beans Fajita (ve) (Baked Beans, Spinach Salad)	Bubble Fish & Chips (Rainbow Salad, Coleslaw) (serve with condiment)	Chicken Biryani (Broccoli, Mexican-Style Corn Salad)
Main	Main	Main	Main	Main
MA2321	MA2334	MA2323S	MA2307, 2308	MA2327, 2304
Mini Spring Rolls with Sweet Chilli Dipping Sauce (ve) with Potato Wedges (Carrot, Mexican-Style Corn Salad)	Mac 'N' Cheese with Garlic Bread (v) (Rainbow Salad, Coleslaw)	6" Sau'sage Roll with Potato Wedges (ve) (Baked Beans, Spinach Salad) (serve with condiment)	Selection of Jacket Potato (Cheese (v), or Beans (v)) (Rainbow Salad, Coleslaw)	Hawaiian Pizza / Margherita Pizza (v) (Broccoli, Mexican-Style Corn Salad)
Dessert	Dessert	Dessert	Dessert	Dessert
DE2306	DE2304	DE2307	DE2303	DE2308
Fluffy Waffle (v)	Oaty Flapjack (v)	Cookie (v)	Fruit Salad (ve) Fruit Salad with Honey Lemon Dressing (ve)	Peach Melba Sponge (v)

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- This menu has been nutritionally analysed
- Milk (250ml) and Fruit x1 (Apple, Banana, etc.) should also be offered as part of the plated meal.



2023/2024 Primary



Week 1 Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup	Soup	Soup	Soup
SO2301	SO2302	SO2301	SO2303	SO2301
Vegetable Soup (ve)	Tangy Tomato Soup (ve)	Vegetable Soup (ve)	Leek & Potato Soup (ve)	Vegetable Soup (ve)
Main	Main	Main	Main	Main
MA2301	MA2303	MA2304	MA2306	MA2309
Bangers 'N' Mash (Broccoli, Carrot)	Chicken Nuggets With Potato Wedges (Rainbow Salad, Coleslaw) (serve with condiment)	Margherita Pizza (v) (Broccoli, Mexican-Style Corn Salad)	Sloppy Joe's Tacos (Rainbow Salad, Coleslaw)	Mediterranean Fish Wrap (Sweetcorn, Spinach Salad)
Main	Main	Main	Main	Main
MA2302	MA2328, 2329, 2330	MA2305	MA2307, 2308	MA2310
Creamy Pesto Bow-Tie Pasta With Garlic Bread (v) (Broccoli, Carrot)	Selection of Sandwich (Cheese (v), Tuna Mayo, Turkey) (Rainbow Salad, Coleslaw)	Oriental Chow Mein (ve) (Broccoli, Mexican-Style Corn Salad)	Selection of Jacket Potato (Cheese (v), or Beans (v)) (Rainbow Salad, Coleslaw)	Fragrant Thai Green Curry With Rice (ve) (Sweetcorn, Spinach Salad)
Dessert	Dessert	Dessert	Dessert	Dessert
DE2302	DE2301	DE2304	DE2303	DE2305
Fruity Yoghurt (v)	Orange Jelly (ve)	Oaty Flapjack (v)	Fruit Salad (ve) Fruit Salad with Honey-Lemon Dressing (ve)	Vanilla Ice Cream (v)

- Menu also includes daily portions of : Carton **milk** (250ml), **Fruit** x1 (Apple, Banana, Mandarin, etc.)
- This menu is free from Nut and Peanut





2023/2024 Primary

Week 2 Menu*



Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup	Soup	Soup	Soup
SO2301	SO2303	SO2301	SO2302	SO2301
Vegetable Soup (ve)	Leek & Potato Soup (ve)	Vegetable Soup (ve)	Tangy Tomato Soup (ve)	Vegetable Soup (ve)
Main	Main	Main	Main	Main
MA2311	MA2313	MA2314	MA2316	MA2318
Stack Your Beef Burger Oven Chips (Broccoli) (serve with condiment)	Creamy Chicken Potato- Topped Pie (Rainbow Salad, Coleslaw)	Pasta & Tomato Bake (v) Gnocchi & Tomato Bake with Garlic Bread (v) (Spinach Salad)	Crispy Salmon Bites with Baked Sweet Potato Fries (Peas, Rainbow Salad) (serve with condiment)	Jumbo Hot Dog (Carrot, Mexican-Style Corn Salad) (serve with condiment)
Main	Main	Main	Main	Main
MA2312, MA2312V	MA2328, 2329, 2330	MA2315	MA2317, MA2317V	MA2319
Tuna Mayo Pasta / Herby Tomato Pasta (v) With Garlic Bread (Broccoli)	Selection of Sandwich (Cheese (v), Tuna Mayo, Turkey) (Rainbow Salad, Coleslaw)	British Brunch Wrap (ve) Zingy Chipotle Burrito (ve) (Spinach Salad)	Chicken Katsu Curry / Quorn Katsu Curry (ve) with Rice (Peas, Rainbow Salad)	Egg Fried Rice (v) Egg Stir-Fried Rice Noodles (v) (Carrot, Mexican-Style Corn Salad)
Dessert	Dessert	Dessert	Dessert	Dessert
DE2302	DE2301	DE2304	DE2303	DE2305
Fruity Yoghurt (v)	Orange Jelly (ve)	Oaty Flapjack (v)	Fruit Salad (ve) Fruit Salad with Honey-Lemon Dressing (ve)	Vanilla Ice Cream (v)

- Menu also includes daily portions of : Carton **milk** (250ml), **Fruit** x1 (Apple, Banana, Mandarin, etc.)
- This menu is free from Nut and Peanut





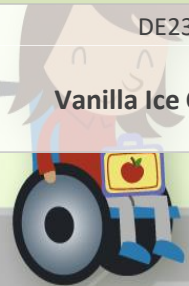
2023/2024 Primary

Week 3 Menu*



Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup	Soup	Soup	Soup
SO2301	SO2304	SO2301	SO2302	SO2301
Vegetable Soup (ve)	Vegetable & Rice Soup (ve)	Vegetable Soup (ve)	Tangy Tomato Soup	Vegetable Soup (ve)
Main	Main	Main	Main	Main
MA2326	MA2322	MA2324	MA2325	MA2320
Simply Perfect Spaghetti Bolognese (Carrot, Mexican-Style Corn Salad)	Meatball Sub Melt (Rainbow Salad, Coleslaw)	BBQ Pepper & Beans Fajita (ve) (Baked Beans, Spinach Salad)	Bubble Fish & Chips (Rainbow Salad, Coleslaw) (serve with condiment)	Chicken Biryani (Broccoli, Mexican-Style Corn Salad)
Main	Main	Main	Main	Main
MA2321	MA2328, 2329, 2330	MA2323	MA2307, 2308	MA2327, 2304
Mini Spring Rolls with Sweet Chilli Dipping Sauce (ve) with Potato Wedges Vegetable Samosas with Chutney Dip (ve) (Carrot, Mexican-Style Corn Salad)	Selection of Sandwich (Cheese (v), Tuna Mayo, Turkey) (Rainbow Salad, Coleslaw)	Sausage Roll with Potato Wedges (ve) (Baked Beans, Spinach Salad) (serve with condiment)	Selection of Jacket Potato (Cheese (v), or Beans (v)) (Rainbow Salad, Coleslaw)	Hawaiian Pizza / Margherita Pizza (v) (Broccoli, Mexican-Style Corn Salad)
Dessert	Dessert	Dessert	Dessert	Dessert
DE2305	DE2304	DE2302	DE2303	DE2301
Vanilla Ice Cream (v)	Oaty Flapjack (v)	Fruity Yoghurt (v)	Fruit Salad (ve) Fruit Salad with Honey Lemon Dressing (ve)	Orange Jelly (ve)

- Menu also includes daily portions of : Carton **milk** (250ml), **Fruit** x1 (Apple, Banana, Mandarin, etc.)
- This menu is free from Nut and Peanut



2023/2024 Nursery

Week 1 Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup	Soup	Soup	Soup
\	SO2302 Tangy Tomato Soup (ve)	\	SO2303 Leek & Potato Soup (ve)	\
Main	Main	Main	Main	Main
MA2301 Bangers 'N' Mash (Broccoli, Carrot)	MA2303 Chicken Nuggets With Potato Wedges (Rainbow Salad, Coleslaw) (serve with condiment)	MA2304 Margherita Pizza (v) (Broccoli, Mexican-Style Corn Salad)	MA2306N Sloppy Joe's Jacket Potato (Rainbow Salad, Coleslaw)	MA2309 Mediterranean Fish Wrap (Sweetcorn, Spinach Salad)
Main	Main	Main	Main	Main
MA2302 Creamy Pesto Bow-Tie Pasta With Garlic Bread (v) (Broccoli, Carrot)	MA2328, 2329, 2330 Selection of Sandwich (Cheese (v), Tuna Mayo, Turkey) (Rainbow Salad, Coleslaw)	MA2305 Oriental Chow Mein (ve) (Broccoli, Mexican-Style Corn Salad)	MA2307N Cheese Bread Roll (Rainbow Salad, Coleslaw)	MA2310 Fragrant Thai Green Curry With Rice (ve) (Sweetcorn, Spinach Salad)
Dessert	Dessert	Dessert	Dessert	Dessert
DE2302 Fruity Yoghurt (v)	\	DE2304 Oaty Flapjack (v)	\	DE2305 Vanilla Ice Cream (v)

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2023/2024 Nursery

Week 2 Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup	Soup	Soup	Soup
SO2301 Vegetable Soup (ve)	\	\	SO2302 Tangy Tomato Soup (ve)	SO2301 Vegetable Soup (ve)
Main	Main	Main	Main	Main
MA2311 Stack Your Beef Burger Oven Chips (Broccoli) (serve with condiment)	MA2313 Creamy Chicken Potato- Topped Pie (Rainbow Salad, Coleslaw)	MA2314 Pasta & Tomato Bake (v) Gnocchi & Tomato Bake with Garlic Bread (v) (Spinach Salad)	MA2316 Crispy Salmon Bites with Baked Sweet Potato Fries (Peas, Rainbow Salad) (serve with condiment)	MA2318N Cheese Bread Roll (v) Omelette with Potato Wedges (v) (Carrot, Mexican-Style Corn Salad)
Main	Main	Main	Main	Main
MA2312, MA2312V Tuna Mayo Pasta / Herby Tomato Pasta (v) With Garlic Bread (Broccoli)	MA2328, 2329, 2330 Selection of Sandwich (Cheese (v), Tuna Mayo, Turkey) (Rainbow Salad, Coleslaw)	MA2315 British Brunch Wrap (ve) Zingy Chipotle Burrito (ve) (Spinach Salad)	MA2317, MA2317V Chicken Katsu Curry / Quorn Katsu Curry (ve) with Rice (Peas, Rainbow Salad)	MA2319 Egg Fried Rice (v) Egg Stir-Fried Rice Noodles (v) (Carrot, Mexican-Style Corn Salad)
Dessert	Dessert	Dessert	Dessert	Dessert
\	DE2301 Orange Jelly (ve)	DE2304 Oaty Flapjack (v)	\	\

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2023/2024 Nursery

Week 3 Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup	Soup	Soup	Soup
\	SO2304 Vegetable & Rice Soup (ve)	\	\	SO2301 Vegetable Soup (ve)
Main	Main	Main	Main	Main
MA2326 Simply Perfect Spaghetti Bolognese (Carrot, Mexican-Style Corn Salad)	MA2322N Meatball in Gravy with Mashed Potato (Rainbow Salad, Coleslaw)	MA2324 BBQ Pepper & Beans Fajita (ve) (Baked Beans, Spinach Salad)	MA2325 Bubble Fish & Chips (Rainbow Salad, Coleslaw) (serve with condiment)	MA2320 Chicken Biryani (Broccoli, Mexican-Style Corn Salad)
Main	Main	Main	Main	Main
MA2321 Mini Spring Rolls with Sweet Chilli Dipping Sauce (ve) with Potato Wedges Vegetable Samosas with Chutney Dip (ve) (Carrot, Mexican-Style Corn Salad)	MA2328, 2329, 2330 Selection of Sandwich (Cheese (v), Tuna Mayo, Turkey) (Rainbow Salad, Coleslaw)	MA2323 Sausage Roll with Potato Wedges (ve) (Baked Beans, Spinach Salad) (serve with condiment)	MA2307, 2308 Selection of Jacket Potato (Cheese (v), or Beans (v)) (Rainbow Salad, Coleslaw)	MA2327, 2304 Hawaiian Pizza / Margherita Pizza (v) (Broccoli, Mexican-Style Corn Salad)
Dessert	Dessert	Dessert	Dessert	Dessert
DE2305 Vanilla Ice Cream (v)	\	DE2302 Fruity Yoghurt (v)	DE2303 Fruit Salad (ve) Fruit Salad with Honey-Lemon Dressing (ve)	\

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