

## Online Safety for Parents and Carers

The wellbeing of our children is of paramount concern to parents and carers - nowadays this includes their wellbeing and safety online. For many this is a new world and not something we experienced as children ourselves.

Understanding social media – ‘*how does it work on a practical level?*’ and ‘*how do our children use and understand it?*’ are questions many are asking. WE are going to try to answer some of these questions.

You are invited to come along to the school on the evening of **Thursday 30<sup>th</sup> January at 6.30pm** to hear from Brian Donnelly who has worked in the school on anti-bullying and behaviour & relationships. He has also developed Online Safety training for parents across Scotland and carried out the research that is used in national guidance on Internet safety. Brian was a member of the Scottish Governments Internet Safety Forum for 10 years.

Brian will take us on a reflective journey looking back at how we stayed in touch with friends as children and how this has changed to help us understand how social media is used today. Crucially we will explore practical steps to ensure safety on yours and your child’s devices.

We shall explore safety and the impact of social media on parenting in the modern world.

So, bring your phone or tablet with you - we can explore settings as well as helping you respond to your children’s questions about social media while building your own confidence.

