St. Fillan's Primary School



All About my New School





My Name:



Be Brave Unleash Creativity Demonstrate Excellence
Show/Radiate Enthusiasm

'In Learning, we are growing and succeeding Together.'

Image courtesy of LTS & Microsoft Clipart

All About my New School

My new school name: St. Fillan's Primary

My School Uniform:



My Head Teacher My class teachers



Mrs McPherson





Mrs Kaney & Mrs Sim

I will start Primary 1 on:

Monday 18th August 2025 at 9:15am - 2:45pm

Our School Day

1. **5**. Leave Home Class time 2. 6. Arrive at school Lunch 3. **7**. Class time Class time 4. 8. Playtime Home time

| I am looking forward | to my new school because: |
|--------------------------|----------------------------|
| I might need some help | with: |
| I might need some help | WIII. |
| | |
| My friends will be at sc | hool with me: |
| | |
| | |
| | Play, Learn Grow Tigether! |

If I need help I can ask:



Mrs McWilliams



Mrs Kelly



Mrs Sutherland



John / Janitor



Mrs Barr-Roan

I will receive a letter from my big buddy.

I may have one or even two buddies. They will tell me about themselves in the letter so that I will know a little bit about them before meeting them face to face.



Buddies can help me:

- In the playground.
- At lunch time.
- To find things.
- If I travel to school on the bus.
- During 'Buddy Reading.'

At lunch time and play time I can:

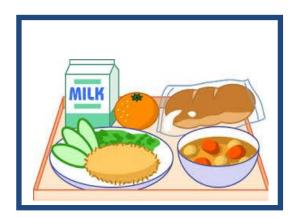




Play with all of the Primary 1 boys and girls.

At lunch time I will:





I will go to school and go home by:









Our school values are very important to the whole school community as they help to guide our thinking, words and actions.

You will hear the adults, buddies and other children talking about our school values throughout the school day.

We will learn all about them from Primary 1 to Primary 7!













In the classroom, we...











By following these rules, we are giving ourselves the very best chance to be 'ready to learn.'

The school rules are simple and easy to understand. We have four golden rules to keep everyone safe and happy.

Kind

Hands.



Kind

Feet.



Kind

Words.



Kind

Heart.



It is very important that we tell an adult straight away if something upsets us or makes us feel sad.

In St. Fillan's Primary, boys and girls and encouraged to share their worries in school with someone who can help them and not carry them home as a big bag of worries.

We have worry monsters in class where we can write or draw how we are feeling if something has upset us. Our teacher will tell us how to use our class worry monster.

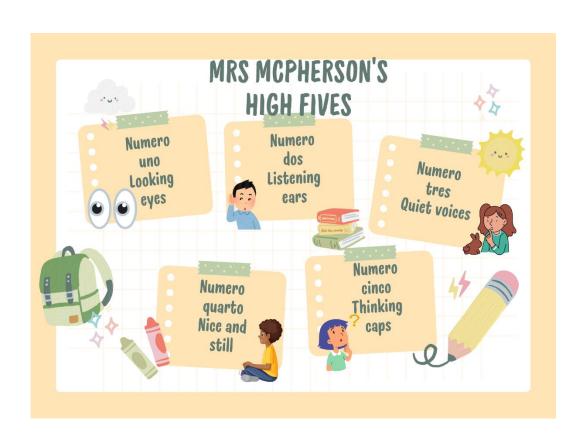
Mrs McPherson and Mrs McWilliams will remind us at Assembly about the importance of sharing our worries



Assembly is a time where all the boys and girls come together to work and learn.

It is important that we try our very best to listen carefully and take part by answering questions, sharing our ideas and singing along with the new songs we will learn. You can share your ideas in Assembly by raising your hand.

Mrs McPherson and Mrs McWilliams will remind us about the 'High Five!' expectations during Assembly.



At school, we learn that it is okay if we are always chosen to do something or we do not win a certificate or an award.

It would not be possible for everyone to be recognised by the Class Teacher all the time.

We will learn that everyone will get a chance to shine so there is no need to be angry or upset by this.

We are encouraged to have kindness in our hearts and congratulate someone who does win an award, sticker or certificate by saying 'Well done!'

This is called being 'resilient' / overcoming challenges and we will learn more about this as time goes on.



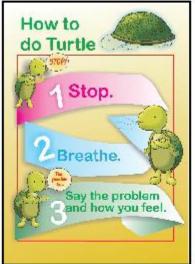
In school, we learn all about PATHS (Promoting Alternative Thinking Strategies) and we have two PATHS lessons every week which help us to develop skills with our managing our feelings, confidence, self-esteem, independence, problem solving, resilience and much more.

We will learn about doing 'Turtle' which will us to self- regulate our feelings and reduce our levels of stress and anxiety. It is important to have good mental health and PATHS helps us with this.

On the next page you will see some posters that we have up around the school which will help us to learn about PATHS strategies. Our teachers have these on their lanyards which they wear around their neck.

PATHS posters you will see and learn about...













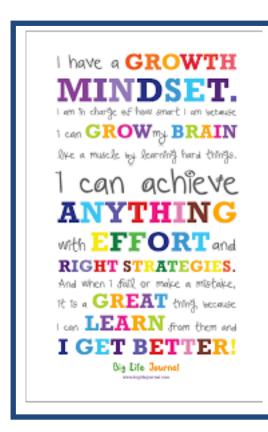
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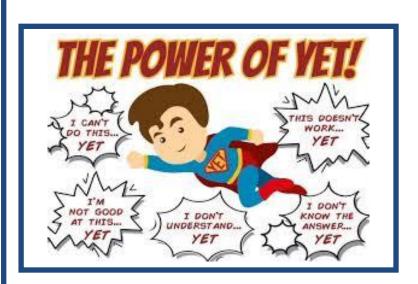
In St. Fillan's Primary, boys and girls are encouraged to develop a 'Growth Mindset' or a 'can do attitude.'

When we face a challenge or something that we are struggling with, we simply say... 'I can't do it YET!' This is called the 'Power of Yet.'

We need to be brave and try our very best to be the best version of ourselves at all times.

The 'ABC' poster on the next page will give you some idea about the types of mindset we encourage and nurture.





Meeting new people will be part of starting a new school. All the children will be going through the same thing.

I can make new friends by:

• Smile.

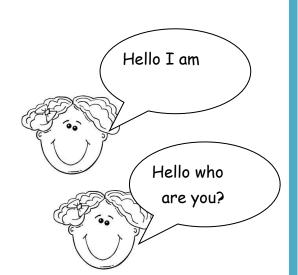


- Tell them my name.
- Ask them their name.



- Tell them what I like doing.
- Choose things we could do together at play time or after school.

If I am worried about anything I can talk to any adult, my big buddy and my friends.





All about Me

| All About | Me | |
|-----------------|---------|------------------|
| | | |
| | | |
| My Family | My Pets | My Favourite Toy |
| Things I am god | od at: | |
| Things I like: | | |
| | | |

| Things I don't like: |
|--------------------------------|
| Things I might need help with: |
| Things that help me: |
| Things I like in Nursery: |