



WHAT IS AN RNRA PARENT GROUP?

Renfrewshire's Nurturing Relationships Approach (RNRA) is an effective and widespread intervention used by staff in educational establishments across the Council. As an extension of this approach the RNRA parent group will provide support to parents where anxiety or conflict is an issue, especially as a barrier to engagement in learning.



CONTACT US

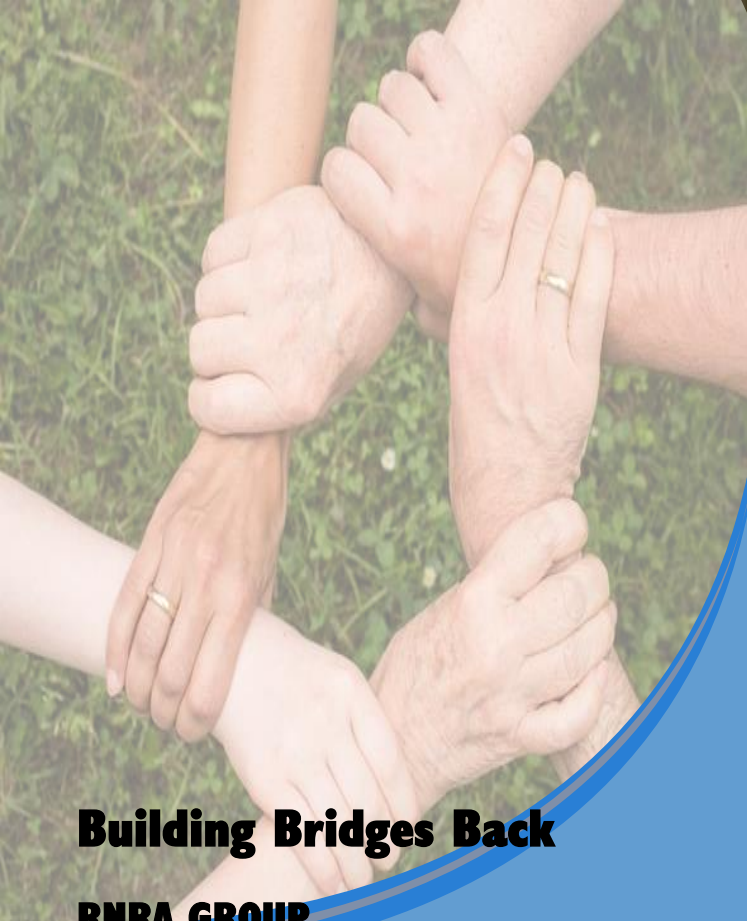
If you would like more information please contact Ciara Briggs or Fiona Williams at Renfrewshire Educational Psychology Service, St Catherine's Primary School, Brabloch Crescent, PA3 4RG.

0300 300 0170 (option 4)



Building Bridges Back An RNRA Parent Group

For highly anxious families regarding the transition back to school after Lockdown.



Building Bridges Back

RNRA GROUP

1. Is an Educational Psychology and HomeLink led group
2. Is a warm, inviting environment where parents will not be judged
3. Will increase your positive presence in your child's life, even when things feel really difficult

USING SUPPORTERS

The RNRA Parent Group encourages parents to share their experiences, concerns and fears as well as their hopes with other people and to invite others to help and support them.

KEY CONCEPTS OF BBB RNRA PARENTING:

- Supporting your child
- Increasing parental presence
- De-escalating conflicts
- Announcing this commitment to your child or adolescent
- Recruiting and working with supporters
- Creating relational gestures that increase positive interactions between you and your child

DETAILS

The group will be held virtually.

The group will run for 8 weeks.

It will begin after the October week 2020 and run until mid December 2020.

Suitable for any parents / carers with a child who exhibits controlling behaviours.

If there are two parents, it would be ideal if both attend.

