|  |  |  |
| --- | --- | --- |
| Go on a walk with your family. You could even make a mini den for woodland creatures. | Learn about road safety. How can you keep safe in the dark? | Set yourself a target to learn a new skill. Can you tie your shoe laces? Can you skip with a rope? What will you learn? |
| Help to tidy a room in your house or the garden. | Have a go at freezing water and then see where it will melt the fastest if you leave it out. Why? | St Andrew is the Patron Saint of Scotland. Find out 5 facts about him and his life. |
| Use Autumn leaves to make leaf rubbings with crayons on paper or a picture using the leaves. | Follow a recipe to help to make a healthy snack. | Try 3 new types of food or flavours. |
| Help to set the table and then wash or dry the dishes after a meal. | Visit your local library. Choose a fiction and non-fiction book to enjoy reading at home. | Make a greetings card or picture to post to a friend or relative. |

|  |  |  |
| --- | --- | --- |
| Help to take care of any plants you have in the house or the garden. | Write a list of everything you read in a day. Remember that games, website, food packaging and read signs all require you to read them. | Listen to 3 different songs. Say whether you like or dislike them and try to discuss why. |
| Write a movie review. Discuss the plot, the characters, your likes/dislikes and give it a star rating out of 5. | Look at an atlas and point to a random place. Try to research 3 interesting facts about the country/city that you chose. | Sit quietly in a room for 1 whole minute with your eyes closed. Write a list of everything that you could hear, smell, and feel. |