



# ST DAVID'S PRIMARY NEWSLETTER

FEBRUARY 2022

## Children's Mental Health Week 2022 - Growing Together

From 7-13 February 2022, schools, youth groups, organisations and individuals across the UK took part in Children's Mental Health Week. This year's theme is **Growing Together**.



**Growing Together** is about growing emotionally and finding ways to help each other grow. Challenges and setbacks can help us to grow and adapt and trying new things can help us to move beyond our comfort zone into a new realm of possibility and potential. However, emotional growth is often a gradual process that happens over time, and sometimes we might feel a bit 'stuck'. For Children's Mental Health Week 2022, we will be encouraging children (and adults) to consider how they have grown and how they can help others to grow.

In St David's PS we have been taking part in lots of fun activities! On Tuesday Headstrongminds workshops helped us to understand our emotions.

On Wednesday Place 2 Be did class workshops which were great fun. Caritas students from St Benedict's visited on Wednesday to do work with P6 and P7 on Laudato Si. We talked about caring for our environment. Mrs McFaite took a gardening lunch time club and we tidied up our school garden.



## REACHing with Faith

 St David's Primary  @StDavidsPS

Email: [stdavidsenquiries@renfrewshire.gov.uk](mailto:stdavidsenquiries@renfrewshire.gov.uk)

Web: [blogs.glowscotland.org.uk/re/stdavids](https://blogs.glowscotland.org.uk/re/stdavids)

Contact Us:

St. David's Primary School,  
Beith Road, Johnstone PA5 0BB

Tel: 0300 300 0198



On Thursday we wore odd socks to school and had a giant inflatable assault course in the hall and families made donations to charity. The children will vote on a children's mental health charity.

On Friday we had a joint campus sports day. In the afternoon we had smoothies, fruit and yoga. Whew!!

## FREE BUS TRAVEL

In Renfrewshire, the quickest way for children P1-P6 to sign up for free bus travel is via ParentPay - [www.parentpay.com](http://www.parentpay.com)

The usual process of delivering Young Scot cards to Primary 7s will take place in March and April 2022 and this year will include a consent process to allow access to the free travel scheme too.



## SACRAMENTS

P7 parents and children came to a meeting in St Margaret's Church to find out more about the Sacrament of Confirmation. Confirmations will take place on Wednesday 1st June at 7pm in St Margaret's Church. There will be a Mass of Enrolment for all P7 Confirmandi on Sunday 6th March in St Margaret's Church at 10am.

### CHANGE OF DATE

- For P4 children the Sacrament of Reconciliation will take place on Tuesday 15th March at 2pm in St Margaret's Church. Parents are welcome to attend. The P4 children will walk to the church and back to school with school staff.

## REPORTING TO PARENTS

Parents night phone calls will take place week beginning 21st February. Please see Seesaw for appointment times. If times don't suit please let us know and we will give you a different time.

## TOURNAMENTS

Restrictions are easing and we have netball and football tournaments coming up!! More info will follow from Emma, our Active Schools Coach.





## DATES FOR YOUR DIARY

I have issued advance notice of as many future events as possible.  
Please note that these dates may be subject to change.

### Friday 4th February

– Golden Ticket Tea Party

### Monday 7th February

– Children’s Mental Health Week

### Monday 14th February

– Holiday

### Tuesday 15th February

– Holiday

### Wednesday 16th February

– In Service training day.  
Children do not attend school

### Thursday 17th February

– Children return to school

### Monday 21st February

– Parents night phone calls every evening this week

### Wednesday 23rd February

– Headstrongminds Workshops for P2-7

### Monday 28th February

– Netball tournament  
3.30 – 5.45pm. More details to follow

### Wednesday 2nd March

- Head of Education visiting the school  
- P6 and P7 Football tournament 12-2pm

### Thursday 3rd March

– Headstrongminds Workshops P2-7

### Friday 4th March

– First Friday Mass  
at St Margaret’s Church P7 children

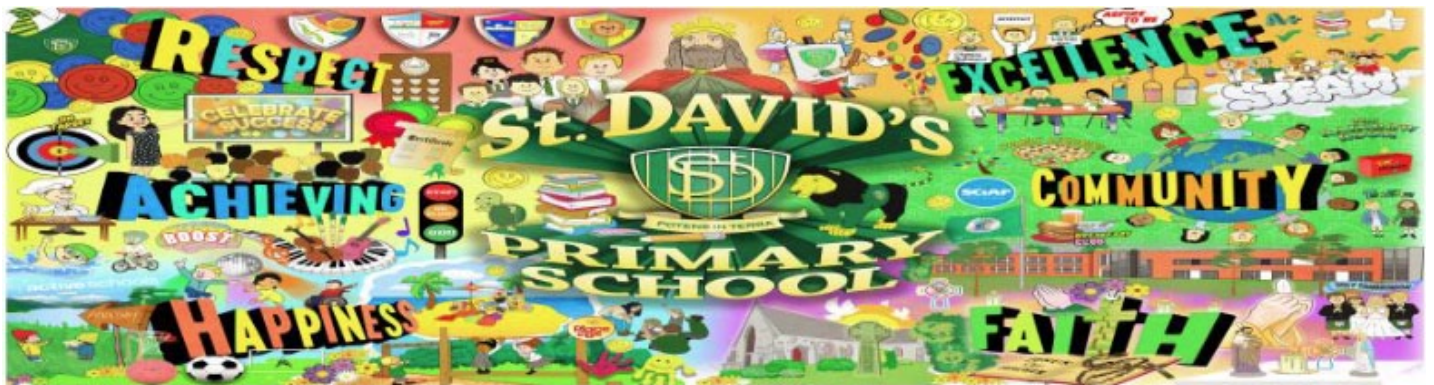
- Golden Ticket Tea party

### Sunday 6th March

– Enrolment Mass  
P7 Confirmandi 10am St Margaret’s Church

### Wednesday 9th March

– Sacrament of Reconciliation.  
P4 children St Margaret’s Church 2pm.  
Parents welcome



Once again, thank you for your continued support of our school and school community. Should you have any questions regarding this information, please do not hesitate to contact the school office.

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