WHAT IS NVR?

Nonviolent Resistance is a way of working with parents and their support network in a very specific way. The approach uses strategies from Gandhi's "nonviolent resistance" and from the civil rights movement. It looks at the model of escalation processes between parents and child and ways for overcoming escalation. It encourages parents to take an active stance and reclaim parental presence with their children.
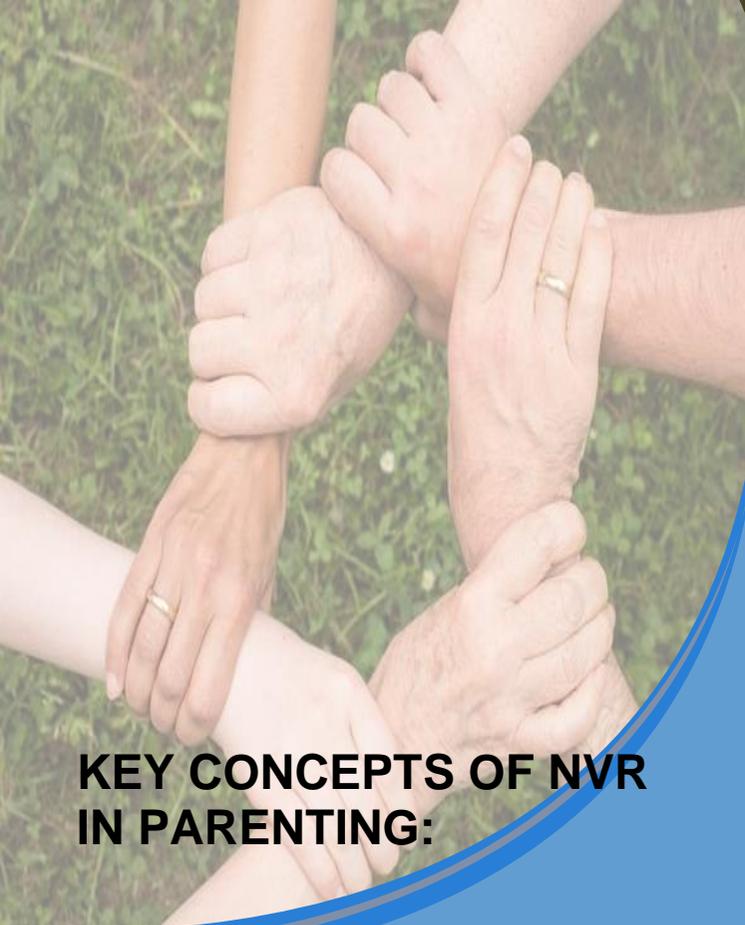
Renfrewshire Council

Renfrewshire's Nurturing Relationships Approach

CONTACT US

If you would like more information
Please phone:
| 0300 300 0170, option 4 |

Nonviolent Resistance
PARENT GROUP

For parents / carers of children or adolescents with violent or destructive behaviours

KEY CONCEPTS OF NVR IN PARENTING:

- De-escalating conflicts
- Increasing parental presence
- Taking a firm stand against any acts of violence done by yourself and your child or adolescent
- Announcing this commitment to your child or adolescent
- Arranging sit-ins
- Breaking the cycle of shame and silence
- Recruiting and utilising supporters
- Creating reconciliation gestures that are not linked to the young person's behaviour but increase positive interactions between parents and

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THE MAIN PRINCIPLES OF NVR

1. Taking a firm stand against violence, risk-taking and anti-social behaviours
2. Holding back from physical or verbal violence
3. Increasing your positive presence in your child's life

USING SUPPORTERS

The Non-Violent Resistance Programme encourages parents to share their experiences, concerns and fears as well as their hopes with other people and to invite others to help and support them.

DETAILS

The group will be held at Renfrewshire YMCA.

The group will be held on a Tuesday morning from 9.30am-12pm for 8 weeks.

It will begin on 21st September 2021 and run for 8 weeks.

Suitable for any parents / carers with a child who exhibits controlling, anxious or violent behaviours.

It is important that your professional support network attend a briefing session so that they can support you throughout the group.

young people.