



2026 SUMMER OF SPORT

#GameOn



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Disability Summer Splash Sundays

Location: Lagoon Leisure Centre
Price: £2.00 per session
Dates: 5 July – 9 Aug 2026
Time: 9am – 10am
Age: 5 – 17

Dive into fun this summer with our Disability Summer Splash Sundays at Lagoon! Join us for a relaxed, inclusive swimming time designed especially for families of young people with disabilities. The pool will be exclusively open to families who sign up (Siblings welcome!), creating a calm environment to enjoy the water.

[Book Now](#)



Multi-Sport & Activity Camp

Location: On-X Leisure Centre
Price: £92.50/week or £18.50/day
Dates: 6 July – 14 Aug 2026
Time: 10am – 3pm
Age: 5-14

Are you looking for a fun filled activity camp this Summer Holiday? Our trained staff will deliver a variety of sports and activities for you to enjoy including dance, archery, basketball, tennis and many more!

[Book Now](#)



Monday Multi-Activity Sessions

Location: KGV Pavilion
Price: £8.00 per session
Dates: 6–27 July 2026
Time: AM & PM
Age: 5 – 14

A fun-packed 2-hour outdoor multi-activity session at KGV Pavilion, Renfrew, running every Monday throughout the summer holidays. Young people will take part in a variety of adventurous activities including climbing, bushcraft, slacklining, and shelter building, alongside games and team challenges—encouraging confidence, teamwork, and enjoyment of the outdoors in a safe and engaging environment.

[Book Now](#)



Monday Disability Summer Football

Location: Renfrew Sports Centre
Price: FREE
Dates: 6–27 July 2026
Time: 10am – 12pm
Age: 9 – 17

Join us this summer for our Disability Football Sessions, these fun, inclusive sessions are designed to give everyone the chance to get active, build confidence, and enjoy football in a positive environment. Whether you're new to the game or already playing, our coaches will adapt activities to suit all abilities making sure everyone feels welcome and involved.

[Book Now](#)



Mini Movers Mondays

Location: On-X Leisure Centre

Price: £4.00 per session

Dates: July – Aug 2026

Time: 10:15-11am or 11:15am-12:00pm

Age: 2 – 5

Mini Movers is a fun and lively dance and movement class designed especially for young children. Using music, imagination, and playful activities, children are encouraged to move, wiggle, jump, and explore different ways their bodies can move. Sessions help develop balance, coordination, confidence, and creativity in a safe, supportive, and welcoming environment, while most importantly having fun and enjoying being active with friends.

[Book Now](#)



Monday Run, Jump & Throw Club

Location: On-X Leisure Centre

Price: £4.00 per session

Dates: July – Aug 2026 (selected Dates)

Time: 10:15-11:00am

Age: 2 – 5

Our Run, Jump & Throw Club is a fun and engaging preschool activity designed to help young children develop their fundamental movement skills through play. Using games, obstacle courses, and simple challenges, children will explore running, jumping, and throwing in a safe and supportive environment. Sessions focus on building confidence, coordination, and balance while encouraging enjoyment, imagination, and active play alongside friends.

[Book Now](#)



Monday Mini-Kickers

Location: On-X Leisure Centre

Price: £4.00 per session

Dates: July – Aug 2026 (selected Dates)

Time: 11:15– 12:00pm

Age: 2 – 5

Mini-Kickers is a fun and playful football session. Through simple games and activities, children will learn basic kicking, dribbling, and movement skills while developing confidence, coordination, and teamwork. Sessions are delivered in a safe, supportive environment where enjoyment and participation come first, helping little ones build a positive introduction to football and active play with friends.

[Book Now](#)



Friday Disability Multi-Sport Sessions

Location: Johnstone Hub

Price: FREE

Dates: 10–31 July 2026

Time: 10am – 12pm

Age: 5 – 12

This block of Disability Multi-Sport sessions is designed to provide inclusive, fun, and engaging opportunities for young people of all abilities. Across the programme, participants will experience a variety of adapted activities. All participants must attend with a parent, guardian or carer.

[Book Now](#)



Friday Summer Water Polo

Location: Lagoon Leisure Centre
Price: £1.00 per session
Dates: 10 July – 7 Aug 2026
Time: 7 – 7.45pm
Age: 8 – 12

Our Summer Water Polo offers a mix of skills, games, and teamwork in a positive environment. Participants will develop confidence in the water and learn new skills while having plenty of fun.

[Book Now](#)

Intermediate Summer Water Polo

Location: Lagoon Leisure Centre
Price: £1.00 per session
Dates: 10 July – 7 Aug 2026
Time: 7.45pm – 830pm
Age: 12 – 17

Looking for a more challenging and competitive way to stay active this summer? Our Intermediate Summer Water Polo sessions are ideal for young people who are confident in the water and ready to take their skills further. Participants must be able to swim a minimum of two lengths of a 25m pool to take part. Whether you have some experience or are looking to try a new sport, this is a great opportunity to improve skills and enjoy the game over the summer.

[Book Now](#)



Outdoor Multi Activity (3-day)

Location: Various

Price: £27.50 per day or £82.50 per week

Dates: 14–16 July 2026

Time: 10am–4pm

Age: 11 – 18

Tuesday: Gorge walking, Mountain biking and Paddling. Each day offers a taste of what each activity is all about this week is aimed more at beginners. Gorge walking a great fun adventure scrambling over waterfalls and swimming in the flow.

Wednesday: Biking, a day looking to give those keen to improve their cycling skills and develop confidence on more challenging terrain. Suitable for those who can confidently ride a bike but have never tried off road or singletrack riding.

Thursday: Intro to Paddle sports, activity will be weather dependant but may include kayaking, stand up paddle boards or Raft building.

[Book Now](#)



Outdoor Multi Activity (3-day)

Location: Various

Price: £27.50 per day or £82.50 per week

Dates: 28 – 30 July 2026

Time: 10am–4pm

Age: 11 – 18

Tuesday: Intro to paddle sports, activity will be weather dependant but may include kayaking, stand up paddle boards or raft building.

Wednesday: Intro to rock climbing on real rock. Tried artificial climbing walls but always wanted to test your skills on a real cliff face, this day is for you.

Thursday: Hill walking a great fun adventure scrambling over waterfalls and swimming in the flow.

[Book Now](#)



Kayaking (3 days)

Location: Various

Price: £82.50 per week

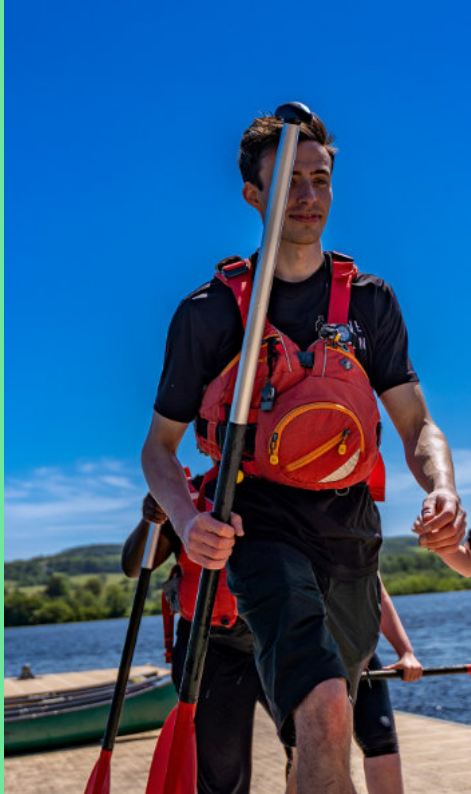
Dates: 21–23 July 2026

Time: 10am – 4pm

Age: 11 – 18

This exciting activity is a very popular activity on our programme so please book quickly, a three-day course developing paddling skills on both flat and moving water. Each day we will visit a different more challenging venue, building up to a grade 2 river trip. Participants need to be extremely water confident and able to swim 25m.

[Book Now](#)



Gorge Walking (3 days)

Location: Various

Price: £82.50 per week

Dates: 4 – 6 August 2026

Time: 10am – 4pm

Age: 11 – 18

3 days of mixed rock and water adventure, up trips down trips and everything in between. Climbing waterfalls and swimming in rapids. Participants will need to be very water confident and good with heights.

[Book Now](#)



Summer of Sport Across Paisley

Location: Seedhill Community Sports Ground

Price: FREE

Dates: 10, 17, 24, 31 July 2026

Time: 5.30 – 6.30pm

Age: 5 – 12

Get ready for a Summer of Sport in Paisley – a fun-filled programme designed for young people! With sessions running across multiple days and times, there's something to suit every family's schedule. Young people can get active and try a variety of exciting sports, delivered in both indoor and outdoor locations across the town. Whether it's your first time trying a new activity or you already love being active, our inclusive sessions are all about having fun, making friends, and staying active all summer long.

[Book Now](#)



Summer of Sport Across Paisley

Location: Ralston Sports Centre

Price: FREE

Dates: 13, 20, 27 July 2026

Time: 5.30 – 6.30pm

Age: 5 – 12

Get ready for a Summer of Sport in Paisley – a fun-filled programme designed for young people from P1 to P7! With sessions running across multiple days and times, there's something to suit every family's schedule. Young people can get active and try a variety of exciting sports, delivered in both indoor and outdoor locations across the town. Whether it's your first time trying a new activity or you already love being active, our inclusive sessions are all about having fun, making friends, and staying active all summer long.

[Book Now](#)



Summer Football

Location: Various

Price: £8.00 per session

Dates: 14-16, 21-23, 28-30 July 2026

Time: 10am – 12pm

Age: 5 – 7 & 8 – 12

Our Summer Football Sessions are designed for young participants to enjoy football in a fun, safe and engaging environment. Each session has emphasis on fun, participation and enjoyment, helping children stay active during the summer while making new friends and building a positive relationship with the beautiful game!

[Book Now](#)



Summer Gymnastics & Dance:

Location: Various

Price: £8.00 per session

Dates: 14-16, 21-23, 28-30 July 2026

Time: 10am – 1pm

Age: 5 – 7 & 8 – 12

These sessions will allow your child to experience floor and vault gymnastics and various styles of dance including, street, cheer and commercial. Sessions are led by qualified gymnastics coaches and dance teachers. They are suitable for all abilities and will be coached in a fun, safe environment.

[Book Now](#)



Family Multi-Sports Roadshows

Location: Across Renfrewshire

Price: FREE

Dates : 7-9, 14-16, 21-23, 28-30 July 2026

Time: Various

Age: Whole Family

The Johnstone and Linwood Active Schools Team are bringing sport directly into our local communities to provide a Summer of fun and opportunity. Come along and try new sports and some fun potted activities, ball sports and outdoor activities! We would like to welcome families to come along and enjoy a day of fun.

[Book Now](#)



Summer Sport

Location: Gleniffer High School

Price: FREE

Dates: 22-24th July 2026

Time: 10am – 1pm

Age: 5 – 12

Join us this summer as school pupils from across the Paisley area will be able to sign up and take part in a range of sporting activities delivered by qualified OneRen coaching staff.

[Book Now](#)



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