

EPEC Being a Parent - Autism

Station Seven, 7 quarry street, Johnstone

Fridays 10am-12pm from 16th January

Would you like practical support for the day to day challenges of being a parent of child with autism?

Would you like ideas on how to support your children?

Would you like to become a more confident parent?

Our Being a parent group is led by fully trained local parents and will run for 2hours a week over 10 weeks. You'll be able to share ideas with other parents and learn different strategies to help you as a parent of a child with autism (formal diagnosis not required). A FREE CRECHE is provided.

For more information and to register contact
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