

Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Roast pork with mashed potato	Chicken Stir Fry and Rice	Spaghetti Bolognese and Garlic Bread	Pollock Fish Fillet and Oven Chips	Hot Dog Sausage in a Finger Roll with Potato Wedges
Option 2	Tomato Pasta Bake	Fish fingers with diced potatoes	Chicken goujons with potato wedges	Beef casserole	Chilli and rice
Selection of seasonal fruit	Fresh Seasonal Fruit Selection	Fresh Seasonal Fruit Selection	Fresh Seasonal Fruit Selection	Fresh Seasonal Fruit Selection	Fresh Seasonal Fruit Selection
Vegetables	Peas	Baby Corn	Diced Mixed Vegetables	Broccoli	Corn on the Cob
	Sweetcorn	Carrots	Green Beans	Baby Carrots	Baked Beans
	Mixed salad	Deli pots	Deli pots	Mixed salad	Mixed Salad
Starter or Dessert	Carrot & Coriander Soup	Tomato & Basil Soup	Potato Soup	Lentil Soup	Scotch Broth
	Plain Sponge	Fruit Yoghurt	Caramel flan and custard	Iced Sponge cake	Fruit Jelly