**Preparing for Transitions Websites**

**How parents can prepare children of their next transition**

<https://education.gov.scot/parentzone/my-child/transitions/what-are-transitions/>

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| **Resource** | **Level** | **Comments** |
| [www.familyeducation.com/school-learning/transitions](http://www.familyeducation.com/school-learning/transitions) | ALL | This website has lots of advice for parents of children all ages on lots of areas including managing induction anxiety |
| <https://barclayslifeskills.com/parents/navigating-the-transition-from-primary-to-secondary> | P7 – S1 | This website has information and discussion ideas which parents can use with their children to prepare them for transition (Induction) |
| [https://www.ecms.org.au/supporting-your-child’s-transition-school](https://www.ecms.org.au/supporting-your-child's-transition-school) | EY | This website has some good basic information on how parents can support their children to prepare for transition to school |
| <https://www.kidspot.com.au/school/primary/starting-school/15-ways-to-prepare-your-child-for-school> | EY | Good ideas for how parents can prepare children for starting school |
| <https://www.bbc.co.uk/cbeebies/grownups/how-to-prepare-your-child-for-primary-school> | EY | Good site for parents to prepare children for transition to school, including managing anxiety |
| <https://www.firsttutors.com/uk/blog/2016/09/5-tips-on-preparing-your-child-for-secondary-school/> | P7 –S1 | This website has some practical tips for parents to help their children prepare for transition to secondary |
| <https://www.oxfordowl.co.uk/preparing-for-secondary-school/> | P7 – S1 | Practical tips for parents (though try to ignore suggested books) |
| <https://youngminds.org.uk/resources/school-resources/find-your-feet-transitioning-to-secondary-school/> | P7 – S1 | This website has a free film which parents can show children to help them prepare for transition to secondary |
| <https://www.mentalhealth.org.uk/learning-disabilities/our-work/employment-education/moving-on-to-secondary-school> | P7 – S1 | This website has easy read downloadable documents for pupils, parents and staff |
| <https://www.myworldofwork.co.uk/helping-your-child-prepare-leave-school> | Senior phase | This website has lots of information and activities for families to do to support young people for moving on from school |
| <https://www.npfs.org.uk/wp-content/uploads/edd/2020/02/learner_journey_2002_E.pdf> | Senior phase | This website has tips and information for parents on the learner journey |
| <https://www.skillsdevelopmentscotland.co.uk/careers/parents> | Senior phase | Information and tips for parents supporting young people making choices and leaving school |
| [www.ucas.com](http://www.ucas.com) | Senior phase | Lots of information for young people wanting to move to higher education and their parents |
| <https://enquire.org.uk/parents/leaving-school/> | Senior phase | Good website with practical facts for parents with children making plans to leave school |