**Life Skills Online Resources**

**The following websites can be used by families to support learning at home – life skills:**

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| **Resource** | **Level** | **Notes** |
| [www.barclayslifeskills.com](http://www.barclayslifeskills.com)  | ALL | This website has a range of hints, tips and activities that you can do at home to help children and young people with lots of different life skills |
| [www.kidsinthegarden.co.uk-for-kids/growing](http://www.kidsinthegarden.co.uk-for-kids/growing)  | ALL | The easiest fruit and veg to grow and how to |
| [www.flowerpotman.com/childrens-play-garden](http://www.flowerpotman.com/childrens-play-garden)  | ALL | Sections for different ages and stages on wat and how to grow |
| [www.bbc.co.uk/cbeebies/grwonups/how-does-your-garden-grow](http://www.bbc.co.uk/cbeebies/grwonups/how-does-your-garden-grow)  | Early/ First | How and what to grow in your garden |
| [www.countryfile.com/how-to/how-to-encourage-kids-to-grow-their-own-vegetables](http://www.countryfile.com/how-to/how-to-encourage-kids-to-grow-their-own-vegetables)  | ALL | More on growing your own |
| [www.familyeducation.com/life/](http://www.familyeducation.com/life/)  | ALL | Great website to support parents with lots of tips and ideas for learning at home |
| <https://www.bbcgoodfood.com/howto/guide/top-10-tips-cookingkids><https://www.bbcgoodfood.com/howto/guide/rainy-day-cooking-projects-kids> <https://www.bbcgoodfood.com/howto/guide/guide-cookery-skills-age> | ALL | This website is a guide to cooking at home – guiding parents showing cookery skill by age |
| [www.jamieoliver.com/family](http://www.jamieoliver.com/family)  | ALL | This website supports families to cook at home on a budget  |
| [www.verywellfamily.com/fun-learning-activities](http://www.verywellfamily.com/fun-learning-activities) | Early and First Level | This website has some fun activities for families to do together which support learning. E.g:Making paperPlant a gardenSimple science experiments |
| <https://activategood.org> | ALL | This website gives ideas about how families can help others in their community remotely during coronavirus |