



The West Partnership 22/23 Programme Brochure

The West Partnership team are delighted to be able to offer easy access to all of our PSE programmes for session 22/23. This brochure includes access to all of our up and coming PSE sessions for the year. We look forward to working with you this session.

We have included logos in each of our posters, these are illustrated below. Our 'back by popular demand' logo means that we have previously run this programme. Our 'new' logo means that this is the first year this programme or session is taking place. We encourage anyone, who meets eligibility criteria, to get involved.



Back by popular demand



NEW!



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NEW!

PSE Session

Substance Awareness - Secondary

Thursday 8th September - 4pm -5.30pm

Renfrewshire Council are delighted to launch their new Alcohol and Drug Education Resource Pack! The council have worked in partnership with Iamme Scotland, Renfrewshire's Health and Social Care Partnership, Police Scotland and children, young people and the wider community to produce a digital and interactive 'lift and go' resource. The resource is free to use and is based on the NHS GGC Alcohol and Drug Misuse Toolkit. The West Partnership are delighted to showcase this resource with all of our secondary practitioners.

NEED TO KNOWS

The session will take place on Teams on Monday 12th September.

This is for anyone who works with children and young people in secondary settings.

Sign-ups will be open until 3pm on Monday 12th September.

[SIGN UP HERE](#) →



What will I take away from this?

This session will give you an overview of resource content.

Knowledge on where to find and access the resource.

Improved confidence around delivering alcohol and drug education.



NEW!

PSE Session

Substance Awareness - Early Years/ Primary

Monday 12th September - 4pm -5.30pm

Renfrewshire Council are delighted to launch their new Alcohol and Drug Education Resource Pack! The council have worked in partnership with Iamme Scotland, Renfrewshire's Health and Social Care Partnership, Police Scotland and children, young people and the wider community to produce a digital and interactive 'lift and go' resource. The resource is free to use and is based on the NHS GGC Alcohol and Drug Misuse Toolkit. The West Partnership are delighted to showcase this resource with all of our early years and primary practitioners.

NEED TO KNOWS

The session will take place on Teams on Monday 12th September.

This is for anyone who works with children and young people in early years or primary settings.

Sign-ups will be open until 3pm on Monday 12th September.

SIGN UP HERE →



What will I take away from this?

This session will give you an overview of resource content.

Knowledge on where to find and access the resource.

Improved confidence around delivering alcohol and drug education.



PSE Session

RSHP- Consent and the Law

Tuesday 27th September 4pm-5.30pm

The West Partnership are delighted to offer an online session for Secondary staff based on Sexual Consent and the Law. This session focuses on an integral area within Relationships, Sexual Health and Parenthood Education. It is particularly important given recent research and reports that highlight the level of sexual harassment and abuse experienced by girls in UK schools.

NEED TO KNOWS

The session will take place in Teams on Tuesday 27th September between 4pm and 5.30pm.

This is for you if you are a Secondary Pupil Support Coordinator or PSE Teacher

Sign-ups will be open until 3pm on Tuesday 27th September.

SIGN UP HERE →



Learning Outcomes

Understand what Scots Law says about consent.

Consider the social context for children and young people.

Build confidence in knowing where to access lessons on consent from the national resource for RSHPE.

Previous participants views

'I have a better understanding of the law now and feel confident facilitating sessions on this. Videos and iplayer podcast are great resources also.'

'The videos were great & I will be using the regularly in my practice.'

'Excellent session and much needed knowledge.'

PSE Session

Promoting Respect and Responding to Bullying Behaviour

Tuesday 25th October - 4-5.30pm

The West Partnership are delighted to offer an online session based on bullying, led by Lisa Armstrong from RespectMe. This session will explore why addressing bullying is important. It will help us to define bullying and look into the Scottish Approach to Bullying Behaviour as contained within National Guidance "Respect for All. The session will show us how to try and prevent bullying by creating a positive ethos and culture.

NEED TO KNOWS

The session will take place in Teams on Tuesday 25th October between 4pm and 5.30pm.

This session is suitable for staff members in both Primary and Secondary.

Sign-ups will be open until 3pm on Tuesday 25th October.

SIGN UP HERE →



What will I take away from this?

- Resources to support anti-bullying policy and practice.
- Information on how to respond to children who display bullying behaviour.
- Information to support resilience and exploring options with young people to cope with bullying.

Previous participants views

'Will make me more aware of how I deal with bullying issues on both sides of the situation.'

'Much greater awareness now of accreditation and online modules for staff.'

Very informative session with lots to take away and be able to use in future situations in my practice.



NEW!

PSE Session MVP in PSE

Thursday 10th November - 4pm -5.30pm

The West Partnership are delighted to offer another PSE session which focuses on Mentors in Violence Prevention (MVP) in PSE.

Are you running MVP in your school? This session will be led by Education Scotland's Development Officer Team and will focus on how we can be making the most of MVP in our PSE classes.

NEED TO KNOWS

The session will take place on Teams on Thursday 10th November.

This is for anyone who works with children and young people.

Sign-ups will be open until 3pm on Thursday 10th November.

SIGN UP HERE →



What will I take away from this?

- This session will show you how MVP can enhance your PSE programme.
- Further understanding about issues which affect our young people.
- Knowledge on the 'lift and go' lessons on the MVP blog.



NEW!

PSE Session Headstrong

Monday 28th November - 4pm -5.30pm

The West Partnership are delighted to introduce one of our new PSE sessions - Headstrong. Brian Costello from HeadStrong will take us through their resource on the e-Sgoil website and guide us through what we need to know around mental health and wellbeing when teaching the resource.

NEED TO KNOWS

The session will take place on Teams on Monday 28th November.

This is for anyone who works with children and young people.

Sign-ups will be open until 3pm on Monday 28th November.

SIGN UP HERE →



What will I take away from this?

- Knowledge to implement an S1-6 framework of lessons in your PSE course,
- Improve your skills and knowledge teaching mental, emotional, social and physical wellbeing
- Confidence to deliver the Headstrong resources.



NEW!

PSE Session

Who is telling the message?

Tuesday 7th February - 4pm -5.30pm

Linda Thompson (National Coordinator of Scotland's Encompass network and Development Officer for Glasgow Women's Support Project) will be sharing with us the influences our children and young people are facing as they navigate their way through relationships. If you haven't heard Linda speak before, this is a session not to be missed!

NEED TO KNOWS

The session will take place on Teams on Tuesday 7th February.

This is for anyone who works with children and young people.

Sign-ups will be open until 3pm on Tuesday 7th February.

SIGN UP HERE →



What will I take away from this?

- Improved knowledge around relationships and sexual health.
- Increased awareness of the challenges children and young people face on and offline.
- Further understanding about issues which affect our young people.



NEW!

PSE Session

CEOP - Safer Internet Day

Wednesday 8th February - 4pm -5.30pm

The West Partnership are delighted to offer another PSE session which focuses on CEOP and how this can be built effectively into PSE. This session will cover how to help keep children and young people safe on the internet.

NEED TO KNOWS

The session will take place on Teams on Wednesday 8th February.

This is for anyone who works with children and young people.

Sign-ups will be open until 3pm on Wednesday 8th November.

SIGN UP HERE →



What will I take away from this?

- This session will show you how CEOP can enhance your PSE programme.
- Knowledge on how to protect children and young people online.
- Further understanding about issues which affect our young people.

PSE Session

What's the Harm? Self Harm Awareness

Wednesday 1st March 4pm-5pm

The West Partnership is delighted to offer this interactive online PSE session for the second year in a row. This session is based on self injury awareness and aims to introduce and further develop your understanding on the topic. This session will take part during 'Self-Injury Awareness Day.'

NEED TO KNOWS

The session will take place in Teams on Wednesday 1st March between 4pm and 5pm.

This is for anyone who works with children and young people.

Sign-ups will be open until 3pm on Wednesday 1st March

[SIGN UP HERE](#) →



This session will:

- introduce and develop your understanding of self injury
- help you access resources to support those using self injury as a coping strategy
- signpost you to training to support future face to face self injury awareness and skills development and;
- improve your confidence around conversations about self-injury which may come up as a result of teaching "On Edge" in PSE.

Previous participants views

'Increased knowledge of how to have open conversations with students.'

'I now have a better understanding of why people self-harm and that it is something that cannot be 'fixed' overnight. I have gained a basic insight into self-harm and I would like to further develop this knowledge with more CLPL and online training.'

'Improved confidence in listening.'



PSE Session

Fast Forward- Scottish Gambling

Tuesday 7th March - 4pm- 5.30pm

The West Partnership is delighted to offer the first in a series of online PSE interactive sessions. This session will be led by Warren Hughes, Programme Manager at Fast Forward and will provide an introduction to gambling and the associated risks and harms, including the increasingly blurred lines between this and gaming.

NEED TO KNOWS

The session will take place on Teams on Tuesday 7th March between 4pm- 5.30pm

This is for you if you are a secondary Pupil Support Staff member or a PSE Teacher

Sign-ups will be open until 12pm on Tuesday 7th March

SIGN UP HERE →



What will I take away from this?

- 1- Gain knowledge of these issues which relate to children and young people.
- 2- Increased awareness and understanding on the subject matter.
- 3- Develop an understanding about gambling-like features within video games and other links.
- 4- Be more prepared to lead conversations and facilitate activities or discussion with children, young people and families.
- 5- Be able to identify and recognise the signs, and know how and where to signpost for additional help.

Previous participants views

'Helpful to understand the gaming aspect of gambling and to have up to date resources to share with our young people'

'The interactive element of this was really good - made it much more enjoyable!'

'I now know some signs to look out for when it comes to this matter.'