**LEVEL 5 ASSESSMENT – INFLUENCES IN MENTAL HEALTH AND WELLBEING**

**Note:**

1. You may consult your classwork and notes when completing this assessment

2. This assessment must be your own work

3. Read each question carefully and give as much detail as possible

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| **PUPIL NAME** |  | | | | | |
| **CLASS** |  | | | | | |
| **CLASS TEACHER** |  | | | | | |
| **VERIFIED BY** | **To be completed by teacher** | | | | | |
|  | | | | | | |
| **OUTCOME** | **ASSESSMENT JUDGEMENT CLASS TEACHER** | **DATE** | | **PEER / SELF ASSESSMENT**  **(✓or 🗶)** | **ASSESSMENT JUDGEMENT VERIFIER** | **DATE** |
| **ASSESSMENT ONE** | | | | | | |
| **Q1 - Assessment 1a.** |  |  | |  |  |  |
| **Q2 - Assessment 1b.** |  |  | |  |  |  |
| **Q3 - Assessment 1c.** |  |  | |  |  |  |
| **Q4 - Assessment 1d.** |  |  | |  |  |  |
| **Q5 - Assessment 1e.** |  |  | |  |  |  |
| **ASSESSMENT TWO** | | | | | | |
| **Q1 - Assessment 2a.** |  |  | |  |  |  |
| **Q1 - Assessment 2b.** |  |  | |  |  |  |
| **Q2 - Assessment 2c.** |  |  | |  |  |  |
| **Q3 - Assessment 2e.** |  |  | |  |  |  |
| **Q4 - Assessment 2d.** |  |  | |  |  |  |
| **Assessment 2e.** |  |  | |  |  |  |
| **ASSESSMENT THREE** | | | | | | |
| **Q1 - Assessment 3a.** |  |  | |  |  |  |
| **Q2 - Assessment 3c.** |  |  | |  |  |  |
| **Q3 - Assessment 3b.** |  |  | |  |  |  |
| **Q4 - Assessment 3d.** |  |  | |  |  |  |
| **Q5 - Assessment 3e.** |  |  | |  |  |  |
| **\** | | | | | | |
| **TEACHER FEEDBACK:** | | | **PUPIL FEEDBACK:** | | | |

**ASSESSMENT ONE**

In your own words describe factors that may influence mental health and wellbeing.

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| **Q1. SOCIAL FACTORS** | **HOW DOES IT AFFECT MENTAL HEALTH AND WELLBEING?** |
| **1.** |  |
| **2.** |  |

**(Assessment Standard 1a)**

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| **Q2. ENVIRONMENTAL FACTORS** | **HOW DOES IT AFFECT MENTAL HEALTH AND WELLBEING?** |
| **1. TYPE OF HOME** |  |
| **2. LIVING ARRANGEMENTS** |  |

**(Assessment Standard 1b)**

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| **Q3. PERSONAL FACTORS** | **HOW DOES IT AFFECT MENTAL HEALTH AND WELLBEING?** |
| **1. GENDER** |  |
| **2. MENTAL HEALTH AWARENESS** |  |

**(Assessment Standard 1c)**

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| **Q4. CULTURAL FACTORS** | **HOW DOES IT AFFECT MENTAL HEALTH AND WELLBEING?** |
| **1. PEER PRESSURE** |  |
| **2. ROLE EXPECTATIONS** |  |

**(Assessment Standard 1d)**

1. Some groups in society are more vulnerable to developing mental health and wellbeing issues than others.

Referring to at least one group you have studied describe **two ways** they are more vulnerable to developing mental health and wellbeing issues.

**NAME OF VULNERABLE GROUP:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**SOURCE:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**(Assessment Standard 1e)**