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| **LESSON SIX – VULNERABLE GROUPS AND MENTAL HEALTH AND WELLBEING** |
| **STARTER TASK:** What groups of people might be more vulnerable to mental health and wellbeing issues than others |
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| **TASK ONE:** Flipchart Case Study 1 |
| **Which vulnerable group do they belong to?** |
| **Personal Details:** |
| **Factors affecting their mental health:** |
| **How their mental health has affected their life:** |
| **TASK ONE:** Flipchart Case Study 2 |
| **Which vulnerable group do they belong to?** |
| **Personal Details:** |
| **Factors affecting their mental health:** |
| **How their mental health has affected their life:** |