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| Focus | Date/Week/Month | Website Address | Notes |
| Alcohol Awareness Month | 16-22 November | [www.alcoholchange.org.uk](http://www.alcoholchange.org.uk) | This years’ theme is ‘change’.  Fact sheets available. Targeted at all ages.  Quiz - <https://alcoholchange.org.uk/alcohol-facts/interactive-tools/alcohol-quiz> |
| National Drug and Alcohol Facts Week | 30 March 2020 | [www.teens.drugabuse.gov.national-drug-alcohol-facts-week](http://www.teens.drugabuse.gov.national-drug-alcohol-facts-week) | Run by the National Institute on Drug Abuse for Teens  Site includes stats and trends in teen drug use and a Kahoot! Quiz to test your knowledge on how drugs and alcohol affect young people’s brains and bodies.  Kahoot quiz link - <https://create.kahoot.it/pages/test/dea33ab0-584e-4ed0-9464-5a1ec01b22aa?_=1584372908> |
| World No Tobacco Day | 31 May (every year) | [www.who.int](http://www.who.int) | Run by World Health Organisation |