**Health Promotion Class in a bag delivery**

**Request Form for delivery w/c 27/01/20 and w/c 03/02/20**

**Contact details**

|  |  |
| --- | --- |
| School name |  |
| Address and postcode  |  |
| Named contact/ Title  |  |
| Telephone  |  |
| Email  |  |
| Year Group, e.g., P1, P2…/Class size |  |

**Preferred topics** (**please identify 1st and 2nd choice**, **ONLY ONE TOPIC WILL BE DELIVERED**)

|  |  |
| --- | --- |
| **Food’s Journey through the Body Class in a bag** (appropriate for nursey-P7 and secondary school children (\***30 MIN**) |  |
| **Personal Hygiene: Hand washing Class in a bag** (appropriate for nursey-P7) (\***30 MIN**) |  |
| **Healthy Eating/ Nutrition Class in a bag** (appropriate for nursey-P7 and secondary school children) (\***30 MIN**) |  |
| **Benefits of not smoking Class in a bag**(appropriate for P4-P7 and secondary school children) (\***30 MIN**) |  |
| **My body Class in a bag**(appropriate for nursey-P7) (\***30 MIN**) |  |
| **First Aid Class in a bag**(appropriate for P4-S6) **(\*30 MIN)** |  |
| **‘Resilience’ Class in a bag**(appropriate P6-S6**) (\*40 MIN)** |  |
| **Dementia: through the eyes of a child Class in a bag** (appropriate for P4 upwards – involves interactive awareness session and workshops) **25 PUPILS ONLY PER SESSION (THIS IS A LENGTHY SESSION THEREFORE NOT SUITABLE FOR MORE THAN ONE CLASS APPROACH** ) **(\*2 HRS)**  |  |

**Please tick preferred day and add the date you would prefer.**

|  |  |
| --- | --- |
| Monday  |  |
| Wednesday  |  |
| Thursday  |  |
| Monday  |  |
| Wednesday  |  |
| Thursday  |  |

All requests will be forwarded to myself on a first come first served basis and contact will then be made directly with schools to confirm details after the summer break. **Unfortunately we cannot guarantee to meet all requests, but will accommodate as many as we can.** Looking forward to working with you again.

 C. O’Kane (Lecturer, Adult Nursing, UWS)