



Anti-Racist ALLIES in Renfrewshire's Schools: Resource & Reading List for School Staff

A



ACKNOWLEDGE

- We live in a society that elevates white culture over others. Racism exists at a number of different levels, and as a white practitioner, I have and do benefit from white privilege.

L



LISTEN

- Listen to and actively engage with the experiences and views of individuals and communities who have been directly impacted by racism.

L



LEARN

- Learn the history of racism and Anti-Racism, particularly in the UK and how this continues to impact on modern society. Find the ways to challenge your white-centric perspective.

I



INTEROGATE

- Reflect critically on racism, its impact and your role in perpetuating it personally and professionally, individually and systemically.

E



EXPLORE

- Explore and confront your own biases and privilege.

S



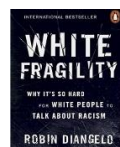
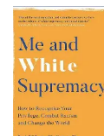
SPEAK UP

- Speak up by utilising your white privilege to share Anti-Racist information, resources and challenge racism.

The ALLIES acronym is created by the Scottish Division Of Educational Psychologists (SDEP) Anti-Racist network to support practitioners Anti-Racist learning

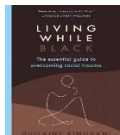
Acknowledge

...that we live in a society that elevates white culture over others. Racism exists at a number of different levels, and as a white practitioner, I have and do benefit from white privilege.

Books	
“<i>White Fragility: Why It's So Hard for White People to Talk About Racism</i>” by Robin DiAngelo	
“<i>Me & White Supremacy</i>” by Layla F Saad	
Articles & Resources	
How systemic racism affects young people in the UK Barnardo's White Privilege Test (The Anti-Racist Educator Edition)	
Social Media	
Follow on Instagram: Everydayracism_ (Naomi and Natalie (@everydayracism_))	
Podcasts & Video	
<i>The Anti-Racist Educator</i>. Various podcasts available on Spotify: The Anti-Racist Educator Podcast on Spotify or https://www.theantiracisteducator.com/podcast	

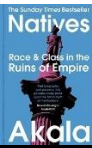
Listen

...to & actively engage with the experiences & views of individuals & communities who have been directly impacted by racism.

Books	
“<i>The Good Immigrant</i>” edited by Nikesh Shukla Audiobook also available on Spotify: The Good Immigrant Audiobook on Spotify	
“<i>It's not about the Burqa: Muslim women on Faith</i>” by Mariam Khan Audiobook also available on Spotify: It's Not About the Burqa: Muslim Women on Faith, Feminism, Sexuality and Race Audiobook on Spotify	
“<i>Living While Black: Using Joy, Beauty, and Connection to Heal Racial Trauma</i>” by Guilaine Kinouani Audiobook also available on Spotify: Living While Black: The Essential Guide to Overcoming Racial Trauma – A GUARDIAN BOOK OF THE YEAR Audiobook on Spotify	
“<i>Hidden Histories</i>” with Nova Reid (Audiobook): Hidden Histories with Nova Reid Audiobook Free with trial	
Articles	
“You’re reminded you don’t belong, even if you were born in Britain” (Guardian article): You’re reminded you don’t belong, even if you were born in Britain’: after the riots, reflections on racism Race The Guardian	
Executive summary of research into the perceptions and experiences of BAME YP in Scottish secondary schools: iys edi report v1.pdf	
“<i>Mental Health and Wellbeing of Ethnic Minority Teachers</i>” (Education Support): Mental Health and Wellbeing of Ethnic Minority Teachers	
Social Media	
Follow on Instagram: Nova Reid (https://www.instagram.com/novareidofficial/) Akala (https://www.instagram.com/akalamusic/)	
Podcasts & Video	
<i>Epistemic homelessness</i> (Guilaine Kinouani): Guilaine Kinouani: Epistemic homelessness TED Talk	
<i>The Anti-Racist Educator Podcast</i> (available on Spotify and online here) e.g: Racial Trauma, Black History and Black Joy: In Conversation with Ife Thompson from BLAM UK Podcasts In conversation with Ann: institutional racism in education, impact on family and hopes for the future. Podcasts	

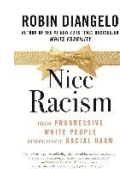
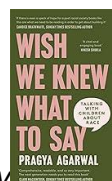
Learn

...the history of racism and Anti-Racism, particularly in the UK and how this continues to impact on modern society. Find the ways to challenge your white-centric perspective.

Books	
“No Problem Here: Understanding Racism in Scotland”	
“Natives: Race and Class in the Ruins of Empire” by Akala	
Articles & Resources	
Black care-experienced young people in the criminal justice system Barnardo's How systemic racism affects young people in the UK Barnardo's - Introduction to Anti-Racist curriculum development -Coalition for Racial Equality and Rights (CRER): Antiracist curriculum development — CRER - Anti racist educator glossary (of common terms): https://www.theantiracisteducator.com/glossary	
Social Media	
- Talking racism and mental health in schools: podcast series (The Anna Freud Centre) https://www.annafreud.org/schools-and-colleges/anti-racism-and-mental-health-in-schools/talking-racism-and-mental-health-in-schools-podcast-series/ - The Anti-Racist Educator (available on Spotify and online here): - What is race? Is it still relevant in Scotland? - Follow on Instagram: Justice 4 windrush https://www.instagram.com/j4windrush/	
Podcasts & Video	
- What is colonialism? The history of racism (University of Sheffield): https://youtu.be/XQV8qCkFV9E - Glasgow slavery history (Vice): https://youtu.be/y_YDMbLXtx0 - The effects of slavery today (Joy DeGruy, YouTube): https://youtu.be/Rorgjdvphck - The lie that invented racism (John Biewen): https://www.ted.com/talks/john_biewen_seeing_white - Education, Race and Class in Scottish history (Smina Akhtar): https://www.youtube.com/watch?v=2MpyiNgqyQM - Enslaved (4 part BBC series): Available on YouTube (No longer on iPlayer) - Subnormal: A British scandal (BBC documentary): BBC One - Subnormal: A British Scandal	

Interrogate

...Reflect critically on racism, it's impact and your role in perpetuating it personally and professionally, individually and systemically.

Books	
<i>Nice Racism: How Progressive White People Perpetuate Racial Harm</i> by Robin DiAngelo	
<i>“Wish we knew what to say: Talking with children about race”</i> by Dr Pragya Agarwal	
Articles & Resources	
<i>Cultural Competence in Practice: A Reflective Tool for Education Professionals</i> by Rachel Beattie, Ashley Cairns & Jemma Coysh (Educational Psychologists in Training). Available in interactive ThingLink version or downloadable version: https://www.thinglink.com/scene/2030670313838090084	
<i>A toolkit from Forth valley/ West Lothian Regional Improvement Collaborative to support your anti-racism journey (ThingLink):</i> https://www.thinglink.com/card/1713398786262303588	
Recent research on teachers managing and responding to racism in schools: Frontiers Teacher responses to racially motivated bullying in Scotland (frontiersin.org)	
<i>The Anti-Racist Educator</i> article on pupils call for a decolonized curriculum: Pupils in Scotland Call for Change: It's Time for an Anti-Racist, Decolonised Curriculum	
Understanding the adultification of children and young people BPS	
<i>Addressing race and trauma in the classroom: A resource for educators</i> National Child Traumatic Stress Network: https://www.nctsn.org/sites/default/files/resources/addressing_race_and_trauma_in_the_classroom_educators.pdf	
<i>Introduction to antiracist curriculum development -Coalition for Racial Equality and Rights (CRER):</i> Antiracist curriculum development — CRER	
<i>Windows & Mirrors: Diversity in the curriculum</i> (Education Scotland). The concept of Mirrors and Windows as a useful practical approach to embed diversity and equalities in the curriculum: iwe-mirrors-and-windows-information-note-informed-level.pdf	
Social Media	
Follow on Instagram: https://www.instagram.com/anti_racist_educators/?igsh=bDRpdHJ2aGhhdzA3#	
Podcasts & Video	
<i>“Not all superheroes wear capes” (microaggressions)</i> Nova Reid: https://www.ted.com/talks/nova_reid_not_all_superheroes_wear_capes_you_have_the_power_to_change_the_world	

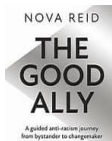
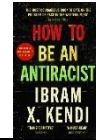
Explore

...and confront your own biases and privilege.

Books	
• “<i>Me and White Supremacy</i>” by Layla F. Saad ‘Me And White Supremacy’ Helps You Do The Work Of Dismantling Racism (summary of above book): https://www.npr.org/2020/07/06/887646740/me-and-white-supremacy-helps-you-do-the-work-of-dismantling-racism	
• “<i>The Good Ally</i>” by Nova Reid	
Articles & resources	
• “<i>Why I no Longer Talk to White People About Race</i>” by Rennie Edio Lodge (article, audio version available, The Guardian) https://www.theguardian.com/world/2017/may/30/why-im-no-longer-talking-to-white-people-about-race	
• White Privilege Test (The Anti-Racist Educator Edition)	
Podcasts & Video	
• <i>Not-racist v antiracist: what’s the difference?</i> (video, BBC Bitesize): https://www.bbc.co.uk/bitesize/articles/zs9n2v4	

Speak Up

...by utilising your white privilege to share Anti-Racist information, resources and challenge racism

Books	
• “No offence but...” by Gina Martin	
• “The Good Ally” by Nova Reid	
• “How to be an antiracist” by Ibram X. Kendi	
Article's & resources	
• Anti-racist educator school resources: https://www.theantiracisteducator.com/school-resources	
• Resources, tools, workshops and ideas to support educators in Scotland to build an anti-racist curriculum: antiracist.scot	
• <i>Promoting Anti-Racist Education in Scotland</i> (Education Scotland) website: Promoting Anti-Racist Education in Scotland	
• <i>Schools - addressing racism and racist incidents: Scottish government guidance</i>: https://www.gov.scot/publications/addressing-racism-racist-incidents-schools/	
• <i>SCOTDEC anti racist toolkit for teachers</i>: Anti-racist toolkit for teachers – Scotdec	
• Children's books to support empathy & understanding for refugees and displaced people: ○ Saving the Butterfly ○ The Journey ○ My name is not Refugee ○ Lubna and Pebble ○ Adnan ○ The endless Sea	
• Guidance for supporting pupils in the context of community violence and tension in cities across the UK. This guidance is organised around 5 evidence-based principles: Supporting pupils following community tension and violence - edpsy.org.uk	
• Responding to racist incidents practical resources: ○ <i>Toolkit (Nairn Academy)</i>: Question Car Park - May 2026 webinars on Responding to Racist Incidents ○ <i>Calling in/ calling out guide</i>: Question Car Park - May 2026 webinars on Responding to Racist Incidents	

Social Media	
Follow on Instagram: Refuweegee (@refuweegee) https://www.instagram.com/standuptoracismuk/ https://www.instagram.com/antiracismeveryday/	
Podcasts & Video clips	
<i>Not-racist v antiracist: what's the difference?</i> (video, BBC Bitesize): https://www.bbc.co.uk/bitesize/articles/zs9n2v4	

Anti-Racist ALLIES: Resource &
reading list for school staff
Feedback form



To provide feedback on this resource or to suggest any additions, please scan the QR code or click here:
<https://forms.office.com/e/n5WMvPeqfA>