

Renfrewshire's Nurturing Relationships Action Plan



Establishment	Core Principle: Nurture Principle 1 - Children's Learning is
Our Lady of Peace Primary	Understood Developmentally
	Underpinning action plan: All principles covered
Quality Indicator/s: 1.1, 1.3, 2.2, 2.4, 2.7, 3.1	Date: Jan 23- June 24

What are we trying to accomplish?

What results we would like to get? How we would like things to be different?

All staff at OLOP recognise that wellbeing is the foundation for lifelong learning and understand the uniqueness of each individual. As a result, we have created a nurturing and supportive learning environment where wellbeing is at the heart of everything we do. Relationships across our school community are very positive and supportive, founded on a climate of mutual respect within a strong sense of community, shared values and high expectations. We have embedded almost all of the Nurture Principles within our school. Our Core Group and wider staff team feel that we are at a point within our RNRA journey that our action plan should include our changes that permeate across all principles. Wellbeing continues to remain a key priority of our school improvement plan. Our values are now embedded and are used on a daily basis. These were developed through consultation with all stakeholders.

What would we like to accomplish?

• We would like to have a clearer picture of our children's views about their own wellbeing and work towards an overall improvement in this. We are looking to create processes that allow us to analyse our children's wellbeing and identify interventions we can put in at the earliest points to support them further. We currently use wellbeing wheels to measure children's wellbeing and seek their views. This is an area we need to develop further and create clear processes for to make sure intervention is put in place at the earliest opportunity. Results will be discussed at GIRFEC meetings and interventions and targets will be tracked, recorded and reviewed. Teachers will also identify any trends overall in their class and will plan whole-class interventions. *By May 2024, most children will have an improvement in their wellbeing score by at least 10%.*

- We need to embed a Health & Wellbeing Programme within the curriculum which supports our children with emotional understanding, selfregulation and self-esteem. We have looked at other schools that are similar to ours and have decided to embark upon the PATHs Programme. **By June 2024, almost all children** will be able to use the emotional language and self-regulation strategies contained within the programme.
- We have identified a target group of children with language & communication needs. From this group, 87% are on track with Listening & Talking, 36% are on track with Reading, 28% are on track with Writing and 31% are on track in Numeracy. We have observed that although all staff have created nurturing environments where there is a safe space for children to self-regulate and almost all of our children are within their classroom environment, we want to ensure all of our children with language and communication needs are **fully engaged** in learning and there is a consistency in language and communication friendly strategies being used to support them.
- Almost all staff, particularly those working with P4-P7 children, report that most of the occurrences when children are struggling with emotional regulation is after playtime and lunchtime. Techers reported that dealing with disagreements that happen during breaks can take up learning and teaching time. Our aim is to reduce the number of incidents in the playground and for our playground to be a happier and safer place to play that is inclusive for all children. **By June 2024, all staff and children** will agree that the number of playground incidents has decreased. **By June 2024,** the number of SLT referrals following playground incidents will have reduced. **By June 2024,** all children will feel that the playground is a happier and safer place to play.
- We have recently revised our Positive Relationships Policy and this has helped us develop a shared vision and consistent approach. Recent consultation with staff demonstrated that further development of appendices would be valuable for staff, parents and children. The appendices will support staff in using the agreed approaches and strategies. **By June 2024, all staff** will be confident in the using the agreed approaches contained and appendices within our Positive Behaviour & Relationship Policy. **By June 2024**, incidents involving low level behaviour will have reduced in class and this will support engagement in class.
- Positive relationships and nurturing approaches are at the heart of OLOP. We would like to upscale this further to support our wider community. We have an active community member of our Nurture Core Group, Deirdre McGowan. Deirdre provides us with a valuable link to the local community and acts as a voice for the local community within our Nurture Core Group. Deirdre is supporting our children to lead Friendship Club. Deirdre volunteers within our Primary5 & 6 base and has recently started to help them plan our latest change idea. By Mar 24, community links between OLOP and the local community will be strong and instrumental to our whole school nurturing approach. By June 24, our nurturing approach will have extended to the local community.

How will we know that a change is an improvement? How do we want things to be different when we have implemented our change?

What data do we need to collect to measure it?

Measurement of Wellbeing Score

• **By May 2024, most** children will have an improvement in their wellbeing score by at least 10%.

Measurement Tools:

- GL Pass Assessment (P4-7)
- Wellbeing Profiling Tool (P1-7)

Health & Wellbeing Programme - PATHs:

- **By June 2024, all staff** will have been trained in the PATHS Programme and be confident in delivering the messages consistently and regularly.
- By June 2024, almost all children will be able to use the emotional language and self-regulation strategies contained within the programme.
- By June 2024, all families will have had the opportunity to attend a PATHS Information Session which will enable them to use PATHS Strategies at home.

Measurement Tools:

- Pre and Post PATHS Questionnaires for staff, children and families will indicate impact of the programme.
- Child observations during PATHS lessons will show level of development.
- Annual staff and parental questionnaires will indicate confidence levels in the use of PATHS Strategies in class and at home.

Language & Communication Friendly Environment/Engagement:

- By December 2023, all classrooms/ playroom will be physical environments that enhance and promote inclusive opportunities for communication for all children. We will measure this using CIRCLE Inclusive Classroom Scale (CICS) all classrooms will have a score of between 15-20.
- **By June 2024, all staff** will recognise and use the agreed communication (verbal and non-verbal) that promotes interaction and responds to individual needs.
- By June 2024, all staff will use supportive learning strategies to develop language and communication skills and promote participation from all learners.

o By June 2024, almost all of our children with ASN and language & communication needs will make one year's progress across all areas.

Measurement Tools:

- CIRCLE Inclusive Classroom Scale all classrooms will have a score of between 15-20.
- SLT Classroom Observations/walk rounds.
- CIRCLE Participation Scale improvement for score of targeted pupil in each class.
- Tracking Information Teacher judgement and GL Assessment information.

PATHs – Promoting Alternative Thinking Styles

- **By June 2024, all staff** will have been trained in the PATHS Programme and be confident in delivering the messages consistently and regularly.
- By June 2024, all children will be observed to use the emotional language and self-control strategies contained within the programme.
- By June 2024, all families will have had the opportunity to attend a PATHS Information Session which will enable them to use PATHS Strategies at home.

Measurement Tools:

- Pre and Post PATHS Questionnaires for staff, children and families will indicate effectiveness of the programme.
- o Child observations during PATHS lessons will show level of development
- o Annual staff and parental questionnaires will indicate confidence levels in the use of PATHS Strategies in class and at home

Positive Playground Initiative/Friendship Makers/Positive Relationships Policy

- By June 2024, all staff will be confident in the using the agreed approaches consistently and appendices within our Positive Relationship Policy.
- o By June 2024, there will be a reduction of low-level behaviour incidents in class which will lead to increased engagement.
- By June 2024, the number of SLT referrals will have reduced further.
- o By June 2024, all staff and children will agree that the number of playground incidents has decreased.
- **By June 2024,** all children will feel that the playground is a happier and safer place to play.

Measurement Tools:

- All staff will report that they are confident in using the agreed approaches.
- o Staff will record number of incidents, Talk Time & SLT Referrals will reduce.
- o Low level behaviour monitoring survey will demonstrate that number of low-level incidents affecting learning and teaching has reduced,
- Child and parental questionnaires will show that all children feel safe in school.

OLOP Peace Pantry

- By Sept 2024, we will have established ourselves as an operating food pantry within the local community which will provide a less stigmatised and more dignified alternative to addressing food insecurity within our school and wider community.
- By Sept 2024, children and families within our community will feel safe, supported and nurtured within our school community as we promote through our GIRFEC approach.

Measurement Tools:

- Number of families accessing the OLOP Pantry
- o Feedback from families using the Pantry
- o Annual parental questionnaire results
- $\circ \quad \text{Feedback from Visitor Survey} \\$

What changes can we make that will result in the improvements that we seek?

What evidence do we have from elsewhere about what is most likely to work? What does the team think is a good idea? What have other people done that we could try? Would this work in our school context?

- **PATHs Programme**: We have visited other schools and consulted with staff, parents and pupils. We will be introducing PATHs and starting to embed consistently across the ELCC and school.
- OLOP's Peace Pantry is a new idea that we are planning to try within the OLOP school community. Our Primary 5 & 6 class are doing research on local food banks and setting up their own food pantry for the wider community within our school. OLOP is familiar to the wider community and families trust us. A food pantry within in our school provides an easy less stigmatised alternative to addressing food security and inequality. It will be universal and available to all.
- Friendship Makers: Our nurturing relationships pupil group have rebranded themselves as the Friendship Makers. They have consulted with other children and identified that some children can find it hard to find friends and can feel lonely in the playground. Children reported that they feel upset when they fall out with their friends and can ended up playing alone. Our Friendship Makers are being trained on Peer Mediation and have been in contact with local community groups and supermarkets to help them to set up their new change idea Friendship Club.
- OLOP Positive Playtimes Initiative: Our nurturing relationships pupil group (Friendship Makers) are working with the Pupil Council to purchase outdoor play equipment for our Play Boxes. In Aug 23- Oct 23, we will have a whole school focus for PE based on playing games cooperatively and using the outdoor playboxes with a particular focus on good sportsmanship. Develop a plan and timetable to allow classes to have access to the various zones of the playground.

- Wellbeing Tool to effectively track pupils' wellbeing levels. We plan on ensuring the tool is implemented long-term and teachers take responsibility for setting individual and class targets, planning interventions and then measuring the impact of these. PT will take responsibility for setting whole-school targets.
- Update **Positive Relationships Policy** to include appendices to support staff to use consistently across the school.

What is your change idea? (Tasks)	How will you measure this? (Plan-Measure)	Who is leading/ involved? (Do)	Start/ Review date (Do)	What was your actual outcome? (Study)	What was the impact? What difference did this make? (Study)	What now? Adopt or abandon? (Act)
Nurturing Relationships Pupil Group and peer mediators have come together to become the Friendship Makers. Many of our children were struggling in the playground to regulate emotions and entering conflict with others. Friendship Makers are	Attendance at Friendship Club. Children voice and feedback will be recorded. Feedback from Nurture Community Champion	Friendship Makers – Nurturing Relationshi ps Pupil Group Mrs Turner (Class Teacher) Deirdre	Start May 2023 Review - November 2024 Further review – June 2024	Friendship Makers were established by combining our Nurture Relationships Pupil Group and Peer Mediators. (May 2023) Our Friendship Makers (FM) were all trained on peer mediation by Mrs Turner and gathered views from children in the playground. (June-Sept) Many children reported that they	Many children approached FM group at bench and during their shifts in the playground. FM were resolving conflicts within the playground and Classroom Assistants reported this was reducing number of 'fights' within the playground.	Adapt – continue work on peer mediation but upscale further as high demand. 'Buddy Bench' is very busy and demand is outweighing capacity. Enlist
working together with local community to create Friendship Club.	PDSA Records Friendship Makers Action Tracker	McGowan (Communit y Nurture Champion) Emma McSporran –		were lonely and had no friends. Friendship Makers set up buddy bench and patrolled playground with their 'Friendship Kit' helping others. (Sept-Dec) Friendship Makers enlisted help from community lead Deirdre McGowan and started to gather donations and raising money for Friendship Club.	Here are some of the children's favourite things about being a Friendship Maker. <u>https://youtu.be/4AI33bkK</u> <u>f4w?feature=shared</u> Numbers of children Accessing Friendship Group has continued to	support from community and explore possibility of 'Friendship Club' (Nov 2023) Adopt – develop further.

(Classroom		increase throughout the	
Assistant)	Friendship Makers raised £148	months. All	During our
///////////////////////////////////////	and purchased resources. Club	children attending have	February Nurture
	was started one day per week.	reported that they feel safe	Core Group, the
	(Jan 24)	at friendship club and it	Friendship
	(Jan 24)	helps them to make	Makers
	Many children are accessing	friends.	expressed that
	Friendship Club (FC). FC is	menus.	they would like
		All support staff in the	to help others in
	sponsored by Tesco and fruit is	All support staff in the	the wider
	provided. DMcG (Community NG	playground have reported	
	Member) attends FC and	that on the days that FC is	community by
	supports FM and Mrs Turner. FC	running incidents in the	starting
	is now operating 3 out of 5 days	playground reduced	'Friendship Club
	and is staffed by staff	significantly.	on Tour'.
	volunteering.		Famala a sult is
		Children have reported	Farrah and Lucy
		that Friendship Club 'helps	have contacted
		them to make friends' and	local care home
		it 'teaches me to be kind to	and toddler
		others'.	group. They are
			going to adapt
			some of the
			activities they do
			within Friendship
			Club at have
			monthly sessions
			at Toddler Club
			and Care Home
			during April- June
			as a test of
			change. Deirdre
			(Community NG
			Member) is going
			to support this.

Following CIRCLE	CIRCLE	Claire	Aug 23	All teaching staff took part in	
Training for all	Classroom	McLaren	Ū	CIRCLE Training delivered by	
staff. We are	Participation	(DHT)		CMcL and AMcK following CIRCLE	
working towards	Scale – all			Training for Trainers.	
ensuring all	classrooms will	Ainslie			
classrooms/	have a score of	MacKinnon	Review May	Following training all teaching	
playroom are	between 15-	(CT)	24	staff completed Circle Inclusive	
communication	20.	、		Classroom Scale (CICS). All staff	
friendly				agreed on an area of focus for	
environments that	Results from Staff			their environment and created	
enhance inclusive	Annual			targets. In May 24, a post CICS	
opportunities for	Questionnaire			will be completed to determine	
communication for				improvement in score.	
all children.	Classroom				
	Observations			Teaching staff were encouraged	
As a core group,				to select a targeted child within	
we have agreed on	CIRCLE			their class and complete the CPS.	
a list of supportive	Participation			In May 24, a post CPS will be	
learning strategies	Scale			completed to measure impact.	
that all	improvement				
teacher/practition	for score of			Nurture Core Group discussed	
ers should be using. We	targeted pupil			and developed a list of supportive	
will share this with staff	in each class.			learning strategies that should be	
and provide training/				used in all classes to support	
drop in sessions.	Tracking			creation of inclusive learning	
	Information –			environment. This was shared	
By June 2024, all	Teacher			with teaching staff during CLPL in	
staff will use	judgement and			November 2023. CLPL also	
supportive learning	GL Assessment			focused on accessibility tools and	
strategies to	information.			sharing of best practice.	
develop language					
and communication					
skills and promote					
participation from all					
learners.					
This change idea is					

working towards our aspiration that all of our targeted children language & communication needs will make one year's progress across all areas.						
Positive Playtime Initiative - Our Friendship Makers are working with the Pupil Council to purchase outdoor play equipment for our Play Boxes. In Aug 23- Oct 23, we will have a whole school focus for PE based on playing games cooperatively and using the outdoor playboxes with a particular focus on good sportsmanship. Develop a plan and timetable to allow classes to have access to the various zones of the playground. PATHs: we are starting to implement PATHs as our Social and Emotional Learning	Support staff will record number of incidents, Talk Time & SLT Referrals that are made during playtimes/lunch. Children focus group findings Parent questionnaires Pre and Post PATHS Questionnaires for staff, children	John McGoldrick (PT) Pupil Council Friendship Makers John McGoldrick (PT)	May 2023 Review Dec 24 and May 24	In May-Aug 23, Pupil Council consulted with children on equipment they would like to have within Playground Boxes. Equipment was purchased and boxes were launched in August 23 at our Welcome Back Assembly. During Aug – Oct 23, we had a whole school focus for PE based on playing games cooperatively and using the outdoor playboxes with a particular focus on good sportsmanship. Mr McGoldrick developed a plan and timetable to allow classes to have access to the various zones of the playground and activities were planned and staff trained to support. All staff were trained on PATHs and we have launched this with parents and children.	Almost all staff have reported a reduction in time spent dealing with incidents following playtime and lunchtime between May 2023 and Feb 2024. The number of SLT referrals during playtime/lunchtimes have reduced from an average of 11 per week in May 23 to 5 per week in Feb 24. Almost all children within the focus group reported that they feel safe in the playground and enjoy playtimes/lunchtimes.	Adopt From the positive impact and feedback received, we will continue to use the Positive Playtime Initiative Playground Plan and Playboxes.
curriculum. We have visited other schools	and families.					

and feel this will fit	Child	Kristy	Review – May	All classes have engaged with		
perfectly under our	observations	Fotheringham	24	Pupil of the Day and are		
overarching RNRA approach.	during PATHS lessons.	(PATHs)		implementing the programme.		
		Kerry		All classes have a clear visual		
	Annual staff	McDowall		PATHs display/		
	and parental	(ELCC)				
	questionnaires.					
Wellbeing Tool/GL	Wellbeing	Claire McLaren	Start August	Emma and Isobel have now		Adopt with small
PASS Assessment	Profiling Tool	(DHT)	2023	implemented the Wellbeing Tool	Jan 24 - So far, the impact	Adaptation
implemented and	used to survey	, , , , , , , , , , , , , , , , , , ,		in P1-3 and GL PASS in P4-7. All	of implementing this tool	
processes updated to	children (P1-3)	Class Teachers	Reviewed	pupils have completed the survey	across the has been that it	This is a much
track pupils' wellbeing	every term (3 per		January 2024	and from the information	has improved dialogue	more efficient
and ensure	session in total)	Emma		gathered and in discussion with	within GIRFEC meetings	way for us to
interventions are		McSporran	Review again	DHT, teachers have set a clear	and empowered teachers	track pupils'
meaningful and	Profiling	(CA)	June 2024	target for their class and we have	to track and monitor	wellbeing levels
monitored.	Wellbeing Tool			allocated specific interventions to	pupils' wellbeing.	long term.
	which will			targeted children.	It has created a clear	
Profiling Wellbeing Tool	calculate pupil	Isobel			process for identifying	For Term 3, we
(P1-3) will calculate	scores of agency,	McGregor (CA)		Following Term 1, children who	needs and planning	are trialling
scores. We will continue	autonomy and			had low scores for were	interventions to boost	having the whole
with GL PASS	affiliation.			identified and provided	pupils' sense of agency,	school
Assessments for P4-7.				appropriate interventions which	affiliation or autonomy.	completing the
	GL PASS			included key adult time, support	Children's voices have been	Profiling
DHT and Class Teacher	Assessment used			from our Social/Emotional	captured in this process	Wellbeing Tool as
will discuss findings for	to survey children			Wellbeing Teacher (Linda Turner)	and we have been able to	it has been hard
all children as	(P4-7) termly.			or Classroom Assistant (Emma	prioritise support for	to track
individuals during				McSporran), support from our	children who may have been /missed previously.	improvement across the school
GIRFEC meetings. Interventions will be	GIRFEC Meeting			Friendship Makers, exchange counselling, TAC meetings with	been /misseu previousiy.	and have data
discussed and	minutes			parents, leadership opportunities.	It has helped support all	that informs us at
monitored. Class	minutes				teachers in making sound	a whole school
Teacher will plan whole				PT collated whole-school	judgements about the	level.
class interventions in				snapshot of data and planned	wellbeing of their pupils. It	We plan to
response to similar				whole-school interventions to	has supported a shared	implement this
				tackle any low areas.		alongside the GL

themes within the					language with which to	PASS Assessment
results					discuss feelings, emotions.	for P4-7 as
						teachers felt the
					For Term 3, we are trialling	results provided
					having the shole school	in the PASS
					completing the Profiling	assessment were
					Wellbeing Tool as it has	valuable and
					been hard to track	opened
					improvement across the	important
					whole school and have	discussion
					data that informs us at a	opportunities for
					whole school level. We	staff and
					plan to implement this	children.
					alongside the GL PASS	
					Assessment for P4-7 as	
					teachers felt the results	
					provided in the PASS	
					assessment were valuable	
					and opened important	
					discussion opportunities	
					for staff and children.	
OLOP's Peace Pantry		Jamie Rankine		Following discussions with		
is a new idea that we	Number of	Junie Runkine	January 24	Deirdre McGowan the children of		
are planning to try	families	(Class	Sundary 21	Primary 5 & 6 wanted to support		
within the OLOP	accessing the	Teacher)		families within the local		
school community.	OLOP Pantry	reachery		community.		
Our Primary 5 & 6	,	Deirdre		Members of the class visited our		
class are doing	Feedback from	McGowan		local foodbank and researched		
research on local food	families using the	(Community	Review – Sept	impact of a Food Pantry on the		
banks and setting up	Pantry	Link)	24	local community.		
their own food pantry						
for the wider	Annual parental	Jemma Reid		Primary 5 & 6 created a business		
community within our	questionnaire	(Class		plan and shared this with the		
school.	results	Teacher)		Nurture Core Group. Discussed		
				within this was the importance of		

OLOP is	Feedback from	Primary 5 &		Maslow's triangle and ensuring		
familiar to the wider	Visitor Survey	Primary 6		physiological needs, safety needs,		
community and	violeon our vey			love/belonging needs were met		
families trust us. A				before expecting attainment and		
food pantry within in				children to be ready to learn. See		
our school provides				link for business plan and video		
an easy less				from children to raise funds.		
stigmatised				https://tinyurl.com/2bu976ex		
alternative to						
addressing food				Feb 24 – Primary 5& 6 have		
security and				transformed a space in the		
inequality. It will be				Rainbow Room and have set up		
universal and				processes required. See video		
available to all.				links.		
				https://youtu.be/SoL8NvxFvQw?f		
				eature=shared		
				<u></u>		
				Positive Relationships Group	Early indications of self	Adopt
Review of appendices –	Annual staff	Claire McLaren	Jan 2023	were formed and discussed the	evaluation are	Αάορι
Positive Relationships	questionnaires to	(DHT)	Jan 2025	problems we were still facing.	demonstrating	
Policy	determine		Review Sept	The group consulted with staff	that as a result, almost all	We will continue
roncy	confidence levels	Lesley-Anne	2023	and children. A few staff were	children learn within their	to involve and
A small group of staff	in staff in using	Dick (HT)	2025	not using Positive Relationships	classroom environment	seek feedback
will develop	the agreed		Reviewed	Policy consistently and did not	and engage in meaningful	from children,
appendices to support	approaches	Jemma Reid	again	have a shared understanding of	learning experiences.	staff and parents
our new Positive	app. cacinee	(CT)	May 2024	processes and procedures. Some		in regularly
Relationships Policy.	Staff Records on	()	,	staff felt low level behaviour was		reviewing and
We need to ensure	number of	Matthew		impacting on other children and	Staff have reported a	updating our
staff have a shared	incidents, Talk	Clyne (CT)		engagement levels. A few staff	Steady decrease in low	Relationships
understanding and are	Time & Think	, , , , ,		felt that a clear escalation	level behaviour within	Policy to ensure
confident in the using	Break Slips will			process was required so all	their classroom and the	it stays relevant
the agreed approaches	reduce			interventions were consistent.	playground. (SURVEY)	and effective.
consistently.				There was a lot of good practice		
				within the school and was	Furthermore, incidents of	

Staff have reported	Low level	important to identify this,	children displaying
that there has been a	behaviour	upscale and use consistently.	distressed
clear reduction in	monitoring	Children identified low level	behaviour/requiring
distressing incidents.	survey results	behaviours that they find	support with regulation
Staff are still		concerning and stops them being	are supported effectively
experiencing a high	Child and	able to engage fully in learning.	without impacting on
number of low level	parental		the wider school.
behaviour incidents	questionnaires	Group agreed on appendices	
and this is impacting	will show that all	required and these were	
engagement levels in	children feel safe	developed and trialled within a	
class.	in school.	class base.	
Class.			
		Agreed appendices are detailed	
		below. Appendices were	
		launched in Aug 24.	
		1. Positive Relationships &	
		Behaviour – the OLOP Way	
		Poster	
		2. OLOP's Toolbox of	
		Approaches	
		3. Positive Relationships &	
		Behaviour Personalised Plan	
		4. OLOP Escalation Process	
		5. OLOP's Helpful Tips & Advice	
		6. Good Day Diary	
		7. OLOP 30 Second Scripts	
		8. The 5 Restorative Questions	
		9. Example of Class Charter	
		10. OLOP Expectations	
		11. Playtime Incident Record	
		Sheet	
		12. Talk Time Slips	