

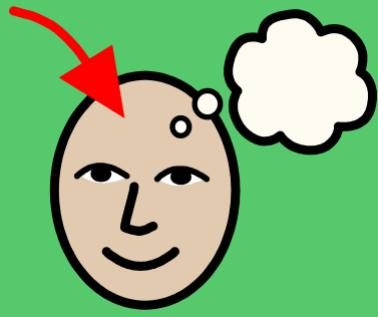
Strategies 5PS 1 - Cut out/Place around posters



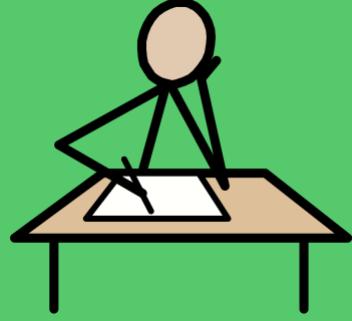
writing



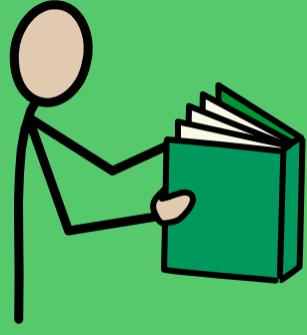
listening



learning



working

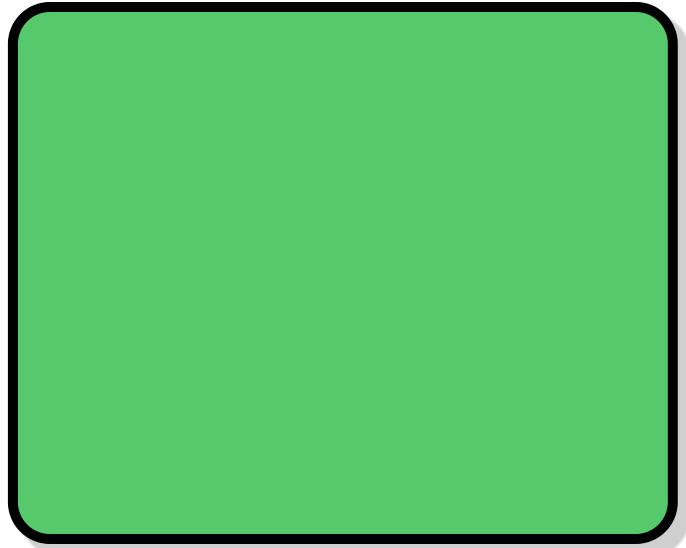


reading



playing

Strategies 5PS 1 - blank for own ideas



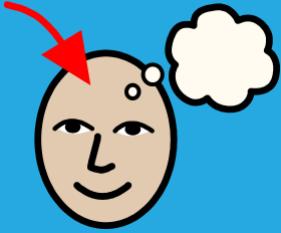
Strategies 5PS 2 - Cut out/Place around posters



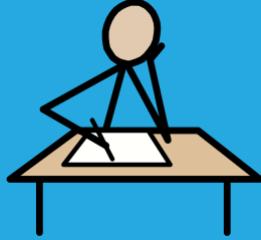
writing with support



listening with support



learning with support



working with support



reading with support

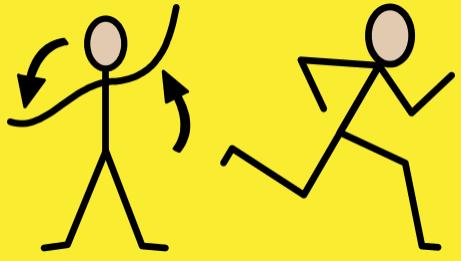


playing with support

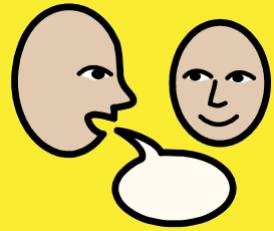
Strategies 5PS 2 - blank for own ideas



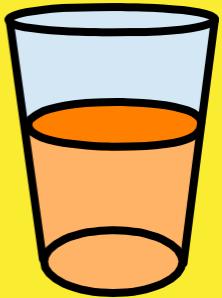
Strategies 5PS 3 - Cut out/Place around posters



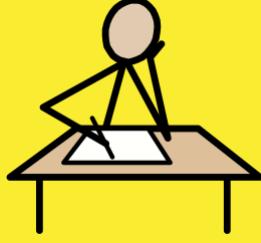
movement
break



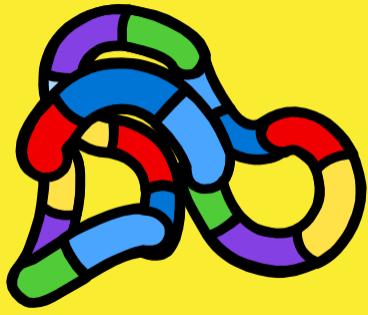
talk with an
adult



snack



a short pause
from working

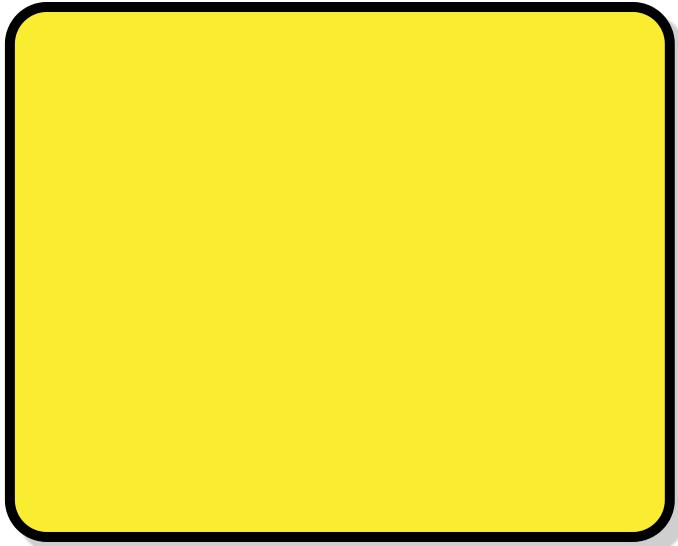
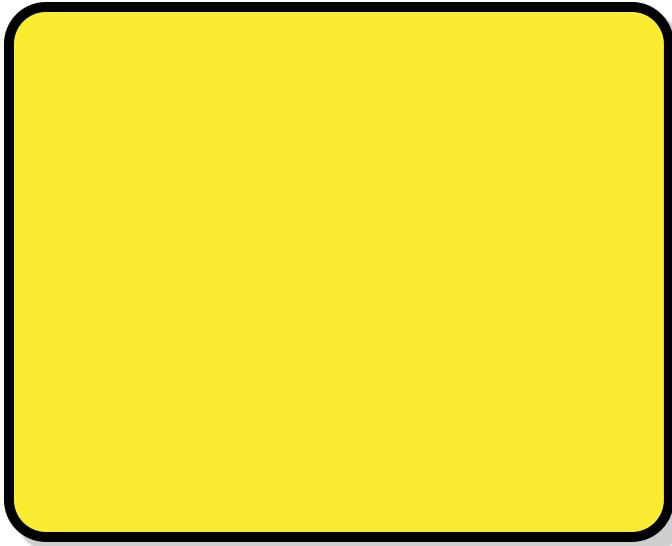


fidget toy

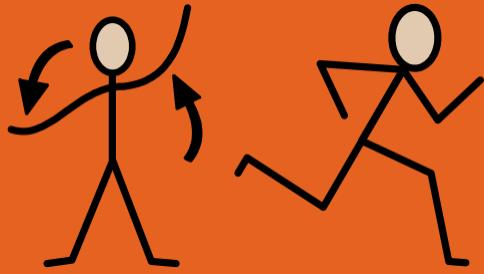


mindfulness
activities

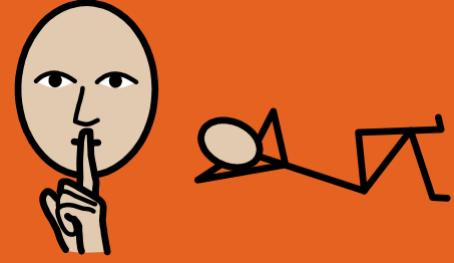
Strategies 5PS 3 - blank for own ideas



Strategies 5PS 4 - Cut out/Place around posters



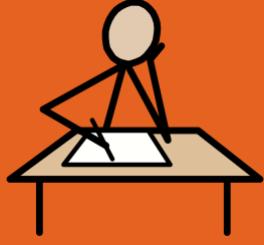
extended movement break



quiet time in calm space



talk about the issue with a friend or adult



time away from working



engage in an alternative task

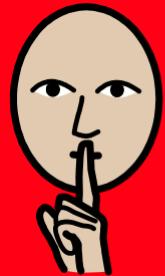


mindfulness activities

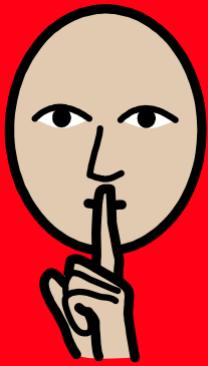
Strategies 5PS 4 - blank for own ideas



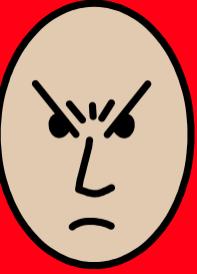
Strategies 5PS 5 - Cut out/Place around posters



Straight to my
calm space



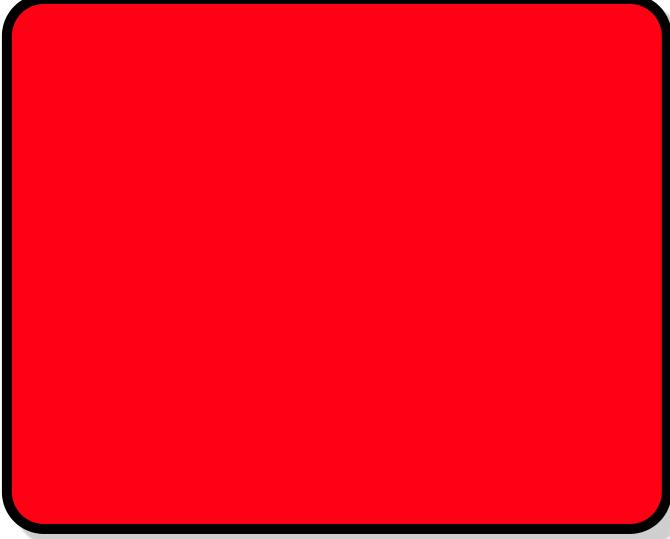
quiet time



let out my
frustrations



adult help once
feeling a 4



Strategies 5PS 5 - blank for own ideas

