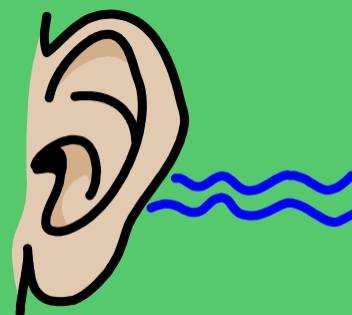


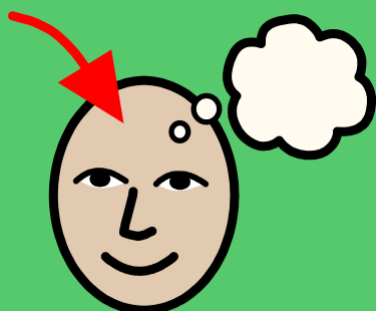
Strategies 5PS 1 - Cut out/Place around posters



writing



listening



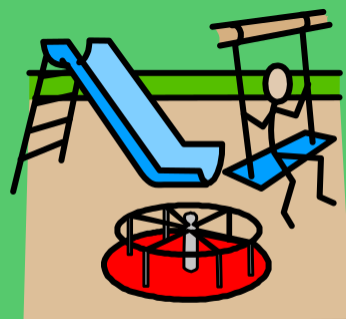
learning



working



reading



playing

Strategies 5PS 1 - blank for own ideas



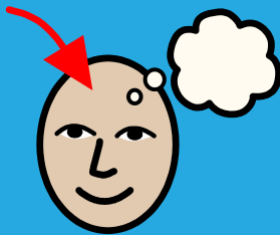
Strategies 5PS 2 - Cut out/Place around posters



writing with
support



listening with
support



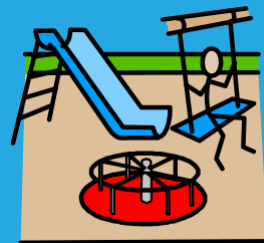
learning with
support



working with
support



reading with
support

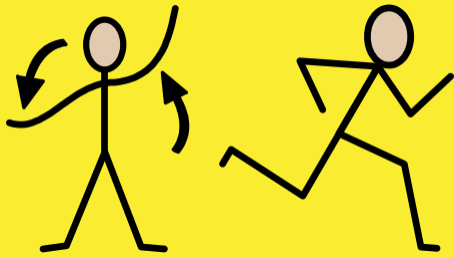


playing with
support

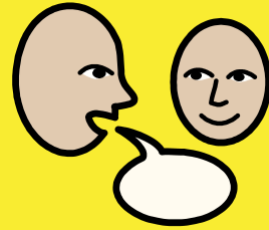
Strategies 5PS 2 - blank for own ideas



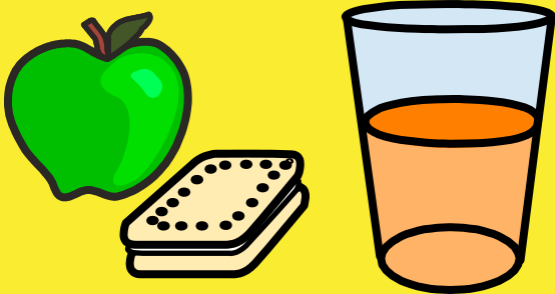
Strategies 5PS 3 - Cut out/Place around posters



movement
break



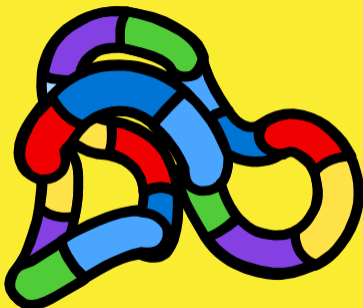
talk with an
adult



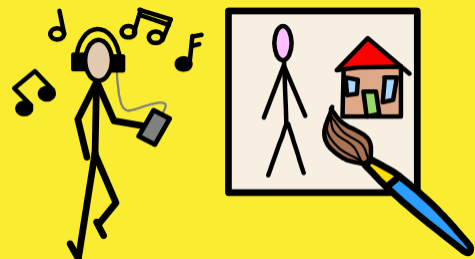
snack



a short pause
from working

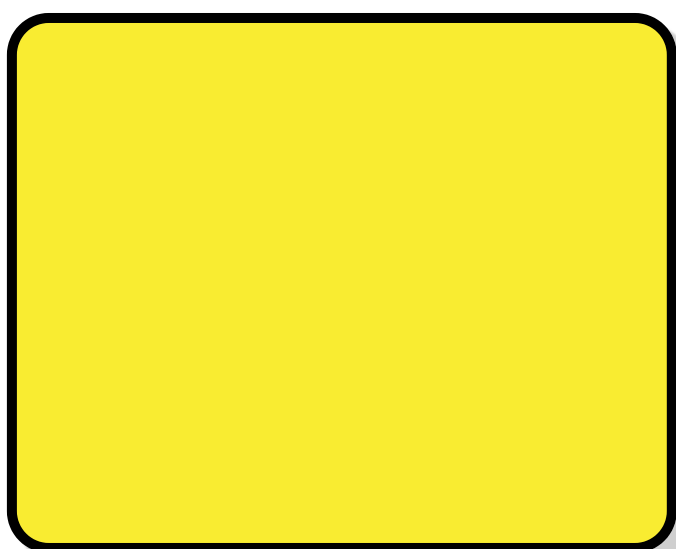
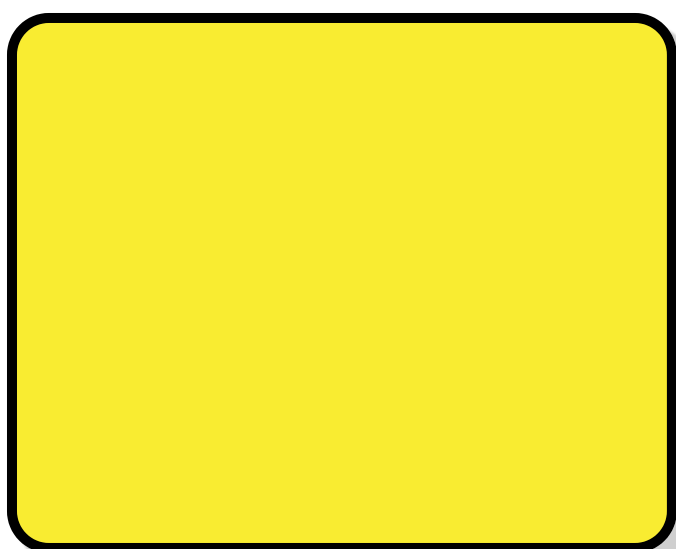
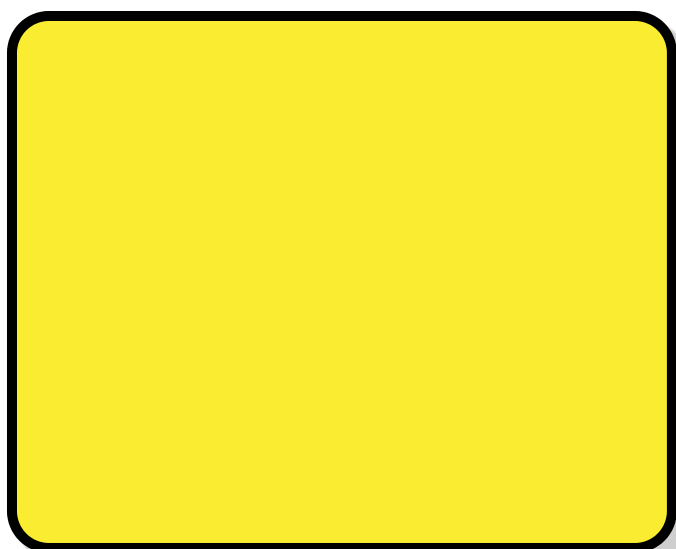
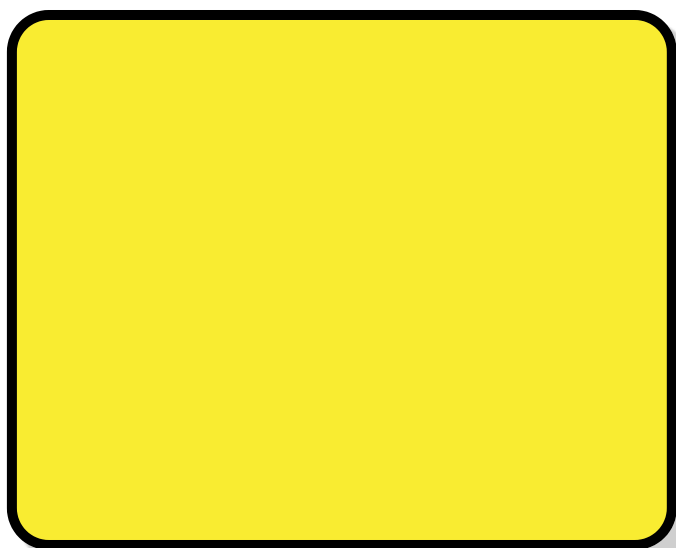
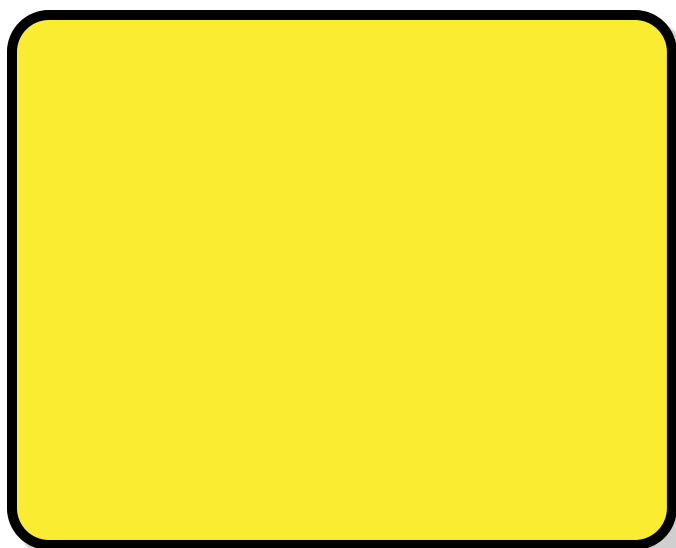


fidget toy



mindfulness
activities

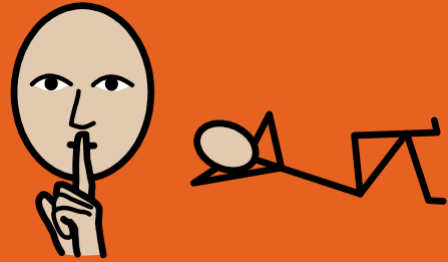
Strategies 5PS 3 - blank for own ideas



Strategies 5PS 4 - Cut out/Place around posters



extended
movement break



quiet time in
calm space



talk about the
issue with a
friend or adult



time away from
working



engage in an
alternative task

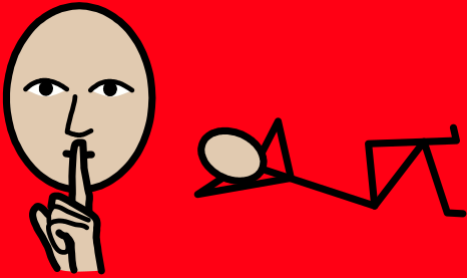


mindfulness
activities

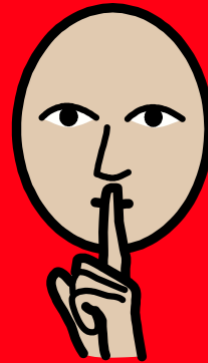
Strategies 5PS 4 - blank for own ideas



Strategies 5PS 5 - Cut out/Place around posters



Straight to my
calm space



quiet time



let out my
frustrations



adult help once
feeling a 4

Strategies 5PS 5 - blank for own ideas

