

3rd Sector Support

Johnstone Teeny tots – Venue- Thorn Athletic Football Club – Greenend Ave, Johnstone, PA5 8PQ

- Contact kirstytoogood@outlook.com 07507529313 or Amy Sunderland Children between 11-16
- Support Neurodivergent children.
- Families' children 0-8 requiring parenting support.
- Capacity seventeen families
- Contact kirstytoogood@outlook.com 07507529313 or Amy Sunderland 07855614608 to find out times.
- Free activities and a safe place to come along and have a cuppa.

Brick lane Music Academy CIC Ltd 7-9 Weir Street Paisley, PA3 4DW

- Contact Alan McEwan/Diane Mitchell diane@bricklanemusicacademy.co.uk andalan@bricklanemusicacademy.co.uk
- Out of school holiday respite for families in Renfrewshire with disabilities#
- Support for families 0-3
- 60% of their footfall is children with ASN, ADHD, NEORODIVERGENT
- Deliver a range of activities in Brick Lane and St Anthony's Johnstone
- ASN activities for children of primary age
- Band workshop for young people between 11-17 years.
- ASN Family music session 4-8 years Saturday 1.30pm 2pm and 2pm 2.30pm
- Term time music activities
- ASN family music session 8-15 years, Saturdays 3pm -3.30pm and 3.30-4pm
- October respite ½ days, lunch provided – 16th 17th and 18th October 10am 2pm

Early Years Scotland Tannahill Centre, 76 Blackstone Road, Paisley PA3 1NT

- Contact Gary Lindsay, Fiona Carmichael, gary.lindsay@earlyyearsscotland.org
- Free access for parent/children 0-5 in Ferguslie, Foxbar, Gallowhill and surrounding areas, within local community centres
- Capacity 12-15 families for
- Range of activities, 24 programmes, call Nicola Flinn for info on all programmes on 07538582139 or email Gary

Johnstone Castle Learning Centre Holiday Fun Club Pine Crescent JohnstonePA5 0BX

- Contact Jean Gallagher director.jclc@gmail.com
- Families of children who are neurodivergent who require support either pre or post diagnosis.
- Families of children 11-16 displaying distressed and/ or risk-taking behaviour.
- Families of children with disabilities who require support either pre or post diagnosis.
- Program Name: SwimAndGlow Community Program. Participants: Neurodivergent children and their families, including those with autism, ADHD, and other developmental differences. Also, families of children with disabilities and those requiring parenting support or coping with distressed behaviours.
- Duration: 5 blocks of 6 weeks, 8 Participants per Block, Session: 2 hours per week

**PACHEDU and SCHOOL OF AFRICAN CULTURES NKWADO- SUPPORT 76 Blackstone Street
Paisley PA3 1NT**

- Contact; Chinedu Achunine, Anita Nalumansi chinedu.achunine@pachedu.org
anita.nalumansi@pachedu.org
- This pilot project addresses a critical gap in support services for minority ethnic families with children diagnosed with neurodiversity and challenging behaviour.
- 6 Family support workshops with the support of professionals (including our volunteers)
- 6 session per family - one on one counselling- led by qualified therapist from diverse Ethnic communities.
- Monthly drop-in Peer support groups
- 3 Cultural awareness Events
- Resource packages
- 4 Social and recreative activities and outings

Renfrewshire Out of School Care Network ROSCN Flexi-care Studio 3006 Mile End Mill

Abbeymill Business Centre 12 Seedhill Road Paisley PA1 1JS

- Contact; Lesley Compston lesleycompston@klascare.com
- Families of children who are neurodivergent who require support either pre or post diagnosis.
- Families of children 0-8 requiring parenting support and or support for distressed behaviours
- Families of children with disabilities who require support either pre or post diagnosis.
- Saturday club - 16 children per 2-hour session x 3 = 48 children per day, OOSC 16 children per day x 5 days = 80 per week.
- Spring/Summer playscheme at Mary Russell School, Paisley for children/young people who have ASN, who have fewer complex needs.
- Holiday clubs and after school clubs

**Stronger Communities Glenburn Holiday Fun Club Stronger Communities Glenburn
Glenburn PA3 8EA**

- Contact; Kellie Brown Scglenburn@outlook.com
- Location; Gleniffer
- By offering cooking classes, we not only teach valuable skills but also promote healthy eating habits and teamwork.
- Families of children who are neurodivergent who require support either pre or post diagnosis.
- Families of children 11-16 displaying distressed and/ or risk-taking behaviour.
- Families of children 0-8 requiring parenting support and or support for distressed behaviours
- Families of children with disabilities who require support either pre or post diagnosis.

YMCA Thrive Together 3 Canal Lane Renfrew PA4 8QS.

- Contact; Cairinne McDonald cairinne@renfrewymca.com
- Focused support group for young people with additional support needs (ASN) (pre & post diagnosis. Skills to support them with their social and emotional development. This project will run once a week after school for 2 hours during term time and will run through the day with extended sessions during the school holidays.
- A project designed specifically for young people with disabilities and complex needs to attend our multisensory building.
- We have eye gaze technology for assisted communication and taking part in activities, wheelchair users welcome, along with a variety of sensory toys as well as having an accessible and multisensory centre.
- This project will run once a week **after school** for 2 hours during term time and will run through the day with **extended sessions** during the school holidays.

Youth Interventions The YI Children YP and Family Wellbeing Centre Mossedge Village

145 Brediland Road Linwood PA3 3RX

- Contact; Louise Dempsey louise@youthinterventions.org.uk
- Operating on a Tuesday, Thursday YI will provide a Family Wellbeing Project working collaboratively with RCSP, Renfrewshire Autism Services and partners bringing additionality to existing services for:
- Families of and children/young people 9+ with a neurodevelopmental disorder e.g., ASD, ADHD, ODD both pre or post diagnosis
- Families of and children 11-16 displaying distressed and/or risk-taking behaviour
- Respite: Children/Youth activity groups after school and Saturday group with youth workers to engage in activities such as art, craft, dance, music
- Family Support Group: weekly group where families/carers of can get together, share their experiences, and enjoy various activities, experience positive parenting/behavioural change techniques.
- Specialist & Practical Supportive One to One Support for Children, Young People and Families with practitioners who have a robust understanding of context, age, and stage, Neurodivergence (our Lead is neurodivergent as well as professionally trained) and the impact this can have on lives as well as the complex social.

Home-Start Renfrewshire and Inverclyde St James House 25 St James Street, Paisley

PA3 2HQ

- **Contact; Lisa Carberry- Director and Ashley Greenwood- Lead Coordinator**
lisa@hsri.org.uk 0141 889 5272 07921 679506
- **Befriending Support,**
- **Neurodivergent Family Group -Details from Ashley Greenwood**
- **Skills for Life Development Courses- childcare included by trained childcare professionals from KLAS Care.**
- **Mellow Bumps–8week, antenatal programme supporting parents-to-be. Decreases stress of expectant parents, helping them to build a relationship with their baby pre-birth.**
- **Blank Canvas-for women with mild-to-moderate perinatal-mental ill health–8 week-course to encourage reflection and mindfulness, reducing anxiety and low mood.**
- **Being a Parent to Autistic Children-in partnership with KLAS Care. 10-week group supporting parenting, family resilience and coping.**
- **Baby& Child First Aid-3hour-session. Delivered in a relaxed style, giving parents confidence to know what actions to take if faced with a medical emergency.**

Impact Arts (Projects) Limited Art Wise Renfrewshire Parenting Through Creative Connections The Boardwalk 105 Brunswick Street Glasgow G1 1TF

- Contact Fiona Clark development@impactarts.co.uk 0141 575 3001, 07425642715
- We will run two 6-month programmes working with ten to twelve parents or kinship carers in each programme, to support them to: better understand their child(ren)'s behaviour; develop tools to connect, communicate and support their child(ren) including approach (e.g. activities being led by the child; being curious), language and play activities; identify their own needs and develop coping strategies for themselves; connect with other parents, access peer support, and develop their local support networks by linking in with other local organisations which can support other aspects of family life e.g. benefits, welfare, food security, relationship support, nutrition etc.
- Ten weekly 2.5-hour sessions for groups of parents/carers in a community setting, supported by an Art Therapist and a Wellbeing Worker. These groups will include individual as well as group peer-support. Sessions will be sociable and relaxed and will tackle a range of familiar challenges as well as providing opportunities for parents/carers to talk about their specific needs.
- Monthly drop-in sessions for parents/carers so they can continue and maintain their connections and support.
- Monthly supported play-based sessions for parents/carers and children. These 2 monthly groups, offering ongoing fortnightly support for a further 16 weeks.

Just Dive In

- Contact Laura 07401220526 info@just-dive.co.uk
- PADI Scuba Diving Training
- free scuba diving training, free mermaid training and we are also trying to offer free adult swimming lessons - and courses,
- To refer to ourselves, they should, in the first instance, email this email - with WFW in the subject page ideally, then we can engage with them on their eligibility, ie, single parent families, benefits, etc and go from there. Comprehensive PADI Open Water courses. - from beginner to professional level.
- Adapted training for individuals with Autism, ADHD, and various physical or mental health conditions.
- Mermaid Experiences Unique mermaid swimming sessions for all ages and abilities, Kids from Age 5 - Adults. Include Hen parties and Private Events.
- Water Safety and Confidence Programs: Courses designed to enhance confidence and safety in the water, suitable for beginners and those overcoming water-related fears.
- Therapeutic Aquatic Sessions in our Floatation Haven
- Description: Our Therapeutic Aquatic Sessions provide a serene and sensory-rich experience in a warm, private pool located within a tranquil, dimly lit space. These sessions are carefully designed to offer a profound sense of relaxation and well-being, making them suitable for individuals seeking therapeutic benefits.
- Key Features: Warm Private Pool: Our pool is maintained at a comfortable temperature, ensuring a soothing and cosy environment. It allows participants to effortlessly float, relieving stress and tension.
- Visual Stimulation. Participants are surrounded by a captivating display of LED clouds above the pool. These clouds change colour, creating a visually stimulating and mesmerizing atmosphere. It adds an element of wonder and relaxation to the session.
- Floating Lotus Flowers To enhance the experience, we provide floating light-up lotus flowers on the water's surface. Participants can gently float among these radiant blooms, creating a calming and enchanting sensation.
- Sensory-Friendly Environment Our space is designed to minimize sensory distractions. The dim lighting and absence of noise create a peaceful ambiance, perfect for individuals with sensory sensitivities.
- Private Facilities We offer private showers and changing facilities with soft, tactile materials. This ensures that participants can comfortably prepare for and conclude their sessions, with a focus on sensory comfort.
- Benefits: Stress Reduction The combination of warm water, gentle floating, and soothing visuals helps alleviate stress and promote relaxation.
- Sensory Engagement Our sensory-rich environment is especially beneficial for individuals with sensory processing challenges, providing a calming and enjoyable experience.

**Active Communities + KLAS Care and Renfrewshire Council Empowering Parents,
Empowering Communities**

- Contact Cheryl Thomas cheryl@activecommunities.co.uk 01505 801 501.
- Station Seven, 7 Quarry Street, Johnstone, PA5 8DY AND
- East Fulton Primary School, KLAS Care C.I.C. The Old Janitors Cottage, Gilmartin Road, Linwood, PA3 3SG
- Extend the ethos of EPEC (Empowering Parents Empowering Communities) within Renfrewshire council and 3rd sector organisations.
- KLAS care proved creche facilities.
- Families of children from birth to adolescence.
- Families of children with additional needs, such as ADHD and autism.
- Families of children who are neurodivergent, requiring support either pre- or post-diagnosis.
- Families experiencing co-parent conflict.
- Families facing parental mental health challenges.
- Families of children with disabilities, requiring support either pre- or post-diagnosis.
- Families of children aged 11-16 displaying distressed and/or risk-taking behaviour.
- Families of children aged 0-8 requiring parenting support and/or support for distressed behaviours.

**KLAS Care All Inclusive Family Play and Learning East Fulton Primary School KLAS Care C.I.C
The Old Janitors Cottage Gilmartin Road Linwood PA3 3SG.**

- Contact Lesley Compton lesleycompston@klascare.com 01505 331931
07584061742
- Whole family support programme
- Trained childcare practitioners and support to children and families with Neurodivergent young people and crisis intervention.
- Before school and after school care in various venues within Renfrewshire
- Holiday respite for Neurodivergent and ASN young people
- Saturday club pending – for ASN and Neurodivergent young people.
- Support for parents/carers in EPEC.

STAR Project Supporting Families – A Neu Narrative 12 Wallace St Paisley PA3 2BU.

- Contact Heather Kay heather@start-project.org.uk 0141 889 5850.
- Fortnightly groups to support, signpost, campaign and empower families of children/young people with a neurodevelopmental need.
- Monthly family forum offering peer support for families of children/young people with a neurodevelopmental need.
- A set of 10 workshops for the families to come together monthly with their children to bond and make memories, utilising creativity and play to encourage self-expression.
- These creative and therapeutic sessions will use mixed methods and materials and ensure the whole family unit can contribute their 'voice.' Topics for the creative workshop sessions may include themes such as identity, challenges, and bonding. 10 workshops for families to come together monthly to bond.
- 6-week training sessions to support statutory services to understand better the challenges experienced by families with a neurodivergent child, communicate more effectively with individuals impacted by the system and improve work practice based on the Family Forum's outcomes and the creative workshops' learning

One Ren – Active Schools Community Clubs

- Contact Chris Cleary Active Schools Community Club Development Officer
oneren.org: 07985751815.
- <https://www.oneren.org/sport/disability-sport/>
- <https://www.oneren.org/media/knplqzbp/oneren-disability-sport.pdf>
- Follow the links to see what is on within Renfrewshire for families of ASN children and young people.