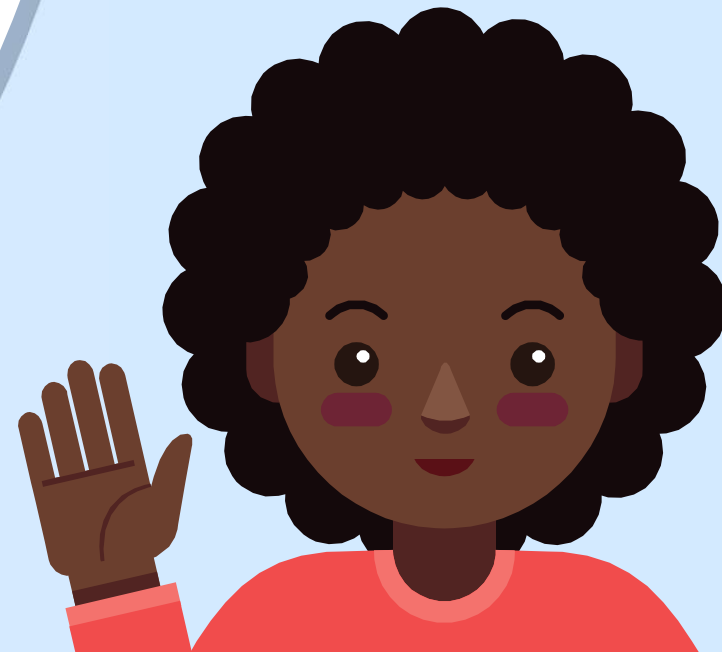


**2024/2025**

# **Primary Menu**

**Week 1, 2, 3**





# 2024/2025 Primary Week 1 Menu\*

v: Suitable for Vegetarian Diet  
ve: Suitable for Vegan Diet

- This menu is free from Nuts and Peanuts
- We use UK seasonal produce when available, and where possible, use Scottish produce

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
<b>Starter</b>	RSO004 <b>Seasonal Veg &amp; Rice Soup (ve)</b> (Optional: with Bread)	RSO002 <b>Leek &amp; Potato Soup (ve)</b> (Optional: with Bread)	RSO005 <b>Seasonal Harvest Soup (ve)</b> (Optional: with Bread)	RSO003 <b>Tangy Tomato Soup (ve)</b> (Optional: with Bread)	RSO001 <b>Carrot &amp; Coriander Soup (ve)</b> (Optional: with Bread)
<b>Main Opton 1</b>	MA2401 <b>Classic Mac 'N' Cheese (v)</b> with Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2404 <b>OMS The J-Dog Roll</b> (served with condiments) with Seasoned Diced Potato (ve) & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2407 <b>Chilli Non-Carne (v)</b> With Rice (ve) & Seasonal Salad (ve)	MA2410 <b>Margherita Pizza Sub (v)</b> with Seasoned Diced Potato (ve) & Carrot & Cucumber Sticks (ve)	MA2413 <b>QMS Shepherd's Pie</b> & Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 2</b>	MA2402 <b>Red Tractor Chicken Burger</b> (served with condiments) with Seasoned Wedges (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2405 <b>Neatballs in Onion Gravy (ve)</b> with Mashed Potato (ve) & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2408 <b>Sau'sage Roll (ve)</b> with Seasoned Wedges (ve) & Seasonal Salad (ve), Baked Beans (ve)	MA2411 <b>Red Tractor Chicken Kebob</b> With Warmed Chapati (ve) & Carrot & Cucumber Sticks (ve)	MA2414 <b>MSC Fish Fillet</b> (served with condiments) With Seasoned Chips/Smiles/Crinkle Fries (ve) & Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 3</b>	MA2403 <b>Tuna Mayo Finger Roll</b> with Seasoned Wedges (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2406 <b>Baked Potato with Beans (ve)</b> & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2409 <b>Baked Potato with Chilli (v)</b> & Seasonal Salad (ve), Baked Beans (ve)	MA2412 <b>Baked Potato with Cheese (v)</b> & Carrot & Cucumber Sticks (ve)	MA2415 <b>Cheese Sandwich (v)</b> & Seasonal Salad (ve), Garden Peas (ve)
<b>Dessert</b>	RDE001 <b>Fruity Yoghurt (v)</b> & Fresh Fruit Selection (ve)	RDE002 <b>Jelly (ve)</b> & Fresh Fruit Selection (ve)	RDE005-017 <b>Cook's Choice of Home Baking (v)</b> & Fresh Fruit Selection (ve)	RDE003 <b>Vanilla Ice Cream (v)</b> & Fresh Fruit Selection (ve)	RDE004 <b>Fruit Salad (ve)</b> & Fresh Fruit Selection (ve)





# 2024/2025 Primary Week 2 Menu\*

v: Suitable for Vegetarian Diet  
ve: Suitable for Vegan Diet

- This menu is free from Nuts and Peanuts
- We use UK seasonal produce when available, and where possible, use Scottish produce

Week 2	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
<b>Starter</b>	RSO004 <b>Seasonal Veg &amp; Rice Soup (ve)</b> (Optional: with Bread)	RSO002 <b>Leek &amp; Potato Soup (ve)</b> (Optional: with Bread)	RSO005 <b>Seasonal Harvest Soup (ve)</b> (Optional: with Bread)	RSO003 <b>Tangy Tomato Soup (ve)</b> (Optional: with Bread)	RSO001 <b>Carrot &amp; Coriander Soup (ve)</b> (Optional: with Bread)
<b>Main Option 1</b>	MA2416 <b>Creamy Cauli Mac 'N' Cheese (ve)</b> with Seasoned Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	MA2419 <b>Red Tractor Meatball Sub Melt</b> & Seasonal Salad (ve), Baby Corn (ve)	MA2422 <b>Herby Tomato Pasta (ve)</b> with Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2425 <b>Bangers in Onion Gravy (ve)</b> with Mashed Potato (ve) & Carrot and Cucumber Sticks (ve)	MA2428 <b>MSC Salmon Fingers</b> (served with condiments) with Chips/Smiles/Crinkle Fries (ve) & Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 2</b>	MA2417 <b>Red Tractor Chicken Goujons</b> (served with condiments) with Seasoned Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	MA2420 <b>Chinese-Style Quorn Curry (ve)</b> with Rice (ve) & Seasonal Salad (ve), Baby Corn (ve)	MA2423 <b>Rainbow Puff Pastry (v)</b> with Seasoned Wedges (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2426 <b>Red Tractor Tex-Mex Chicken Enchiladas</b> with Seasoned Diced Potato (ve) & Carrot and Cucumber Sticks (ve)	MA2429 <b>QMS Spaghetti Bolognese</b> & Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 3</b>	MA2418 <b>Baked Potato with Tuna Mayo</b> & Seasonal Salad (ve), Green Beans (ve)	MA2421 <b>Baked Potato with Cheese (v)</b> & Seasonal Salad (ve), Baby Corn (ve)	MA2424 <b>Baked Potato with Beans (ve)</b> & Broccoli, Cauliflower & Carrot Medley (ve)	MA2427 <b>Red Tractor Ham Sandwich</b> & Carrot and Cucumber Sticks (ve)	MA2415 <b>Cheese Sandwich (v)</b> & Seasonal Salad (ve), Garden Peas (ve)
<b>Dessert</b>	RDE001 <b>Fruity Yoghurt (v)</b>  & Fresh Fruit Selection (ve)	RDE002 <b>Jelly (ve)</b>  & Fresh Fruit Selection (ve)	RDE005-017 <b>Cook's Choice of Home Baking (v)</b>  & Fresh Fruit Selection (ve)	RDE003 <b>Vanilla Ice Cream (v)</b>  & Fresh Fruit Selection (ve)	RDE004 <b>Fruit Salad (ve)</b>  & Fresh Fruit Selection (ve)





# 2024/2025 Primary Week 3 Menu\*

v: Suitable for Vegetarian Diet  
ve: Suitable for Vegan Diet

- This menu is free from Nuts and Peanuts
- We use UK seasonal produce when available, and where possible, use Scottish produce

Week 3	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
<b>Starter</b>	RSO004 <b>Seasonal Veg &amp; Rice Soup (ve)</b> (Optional: with Bread)	RSO002 <b>Leek &amp; Potato Soup (ve)</b> (Optional: with Bread)	RSO005 <b>Seasonal Harvest Soup (ve)</b> (Optional: with Bread)	RSO003 <b>Tangy Tomato Soup (ve)</b> (Optional: with Bread)	RSO001 <b>Carrot &amp; Coriander Soup (ve)</b> (Optional: with Bread)
<b>Main Option 1</b>	MA2430 <b>Filled Yorkies (v)</b> with Mashed Potato (ve) & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2433 <b>Red Tractor Homemade Steak Pie</b> with Baby Potatoes (ve) & Seasonal Salad (ve), Green Beans (ve)	MA2436 <b>Creamy Pesto Pasta (v)</b> with Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2438 <b>Sticky BBQ Quorn Dippers (v)</b> (served with condiments) with Seasoned Wedges (ve) & Carrot and Cucumber Sticks (ve)	MA2440 <b>QMS Traditional Mince in Gravy</b> With Mashed Potato (ve) & Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 2</b>	MA2431 <b>Red Tractor Popper Rice Bowl</b> & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2434 <b>Free Range Omelette (v)</b> with Seasoned Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	MA2437 <b>Pepperoni Pizza Sub (v)</b> with Seasoned Diced Potato (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2439 <b>Red Tractor Saucy Chicken Tacos</b> & Carrot and Cucumber Sticks (ve)	MA2441 <b>MSC Golden Fish Burger</b> (served with condiments) With Seasoned Diced Potato (ve) & Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 3</b>	MA2432 <b>Baked Potato with Cheese (v)</b> & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2435 <b>Tuna Mayo Finger Roll</b> with Seasoned Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	MA2424 <b>Baked Potato with Beans (ve)</b> & Broccoli, Cauliflower & Carrot Medley (ve)	MA2427 <b>Red Tractor Ham Sandwich</b> & Carrot and Cucumber Sticks (ve)	MA2415 <b>Cheese Sandwich (v)</b> & Seasonal Salad (ve), Garden Peas (ve)
<b>Dessert</b>	RDE003 <b>Vanilla Ice Cream (v)</b> & Fresh Fruit Selection (ve)	RDE001 <b>Fruity Yoghurt (v)</b> & Fresh Fruit Selection (ve)	RDE005-017 <b>Cook's Choice of Home Baking (v)</b> & Fresh Fruit Selection (ve)	RDE003 <b>Vanilla Ice Cream (v)</b> & Fresh Fruit Selection (ve)	RDE004 <b>Fruit Salad (ve)</b> & Fresh Fruit Selection (ve)

