Renfrewshire Council
Primary School Meal Allergen List
January 2017

MEALS/ MENU WEEK	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
WEEK 1														
Quorn Tikka with Rice				✓			✓							
Cod and Salmon Fishcake		✓			✓									
Carrot and Coriander Soup	✓						✓							
Fruit Mousse				✓			✓							
Tomato and Basil Pasta		✓					✓							
Scotch Broth	✓	✓												
Iced Ginger Bread Sponge		✓		✓			✓							✓
Beefburger with Cheese and Ketchup		✓					✓					✓	✓	
Lentil Soup	✓													
Fruit Jelly														✓
Margharita Pizza		✓					✓						✓	
Breaded Chicken Goujons		✓												
Potato Soup	✓													
Apple and Bramble Crumble		✓					✓							
Spanish Chicken and Rice	✓						✓							
Tomato and Basil Soup	✓	✓					✓							
Flapjacks		✓												
Baked Potato and Assorted Fillings	✓	✓		✓			✓		✓	✓	✓		✓	✓
Sandwich Selection		✓			✓		✓					✓	✓	
Deli pots		✓			✓									✓
Potato Slices														
Diced Potato														
Potato Wedges														
Fruit Selection														

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WEEK 2														
Margharita Pizza		✓					✓						✓	
Plain Omelette				✓			✓							
Tomato and Basil Soup	✓													
Rice Pudding		✓					✓							
Tuna Pasta		✓			✓		✓							
Carrot and Coriander Soup	✓						✓							
Ice-Cream							✓							
Hot Dog Roll		✓										✓	✓	
Potato Soup	✓													
Chocolate Muffins		✓		✓			✓							
Battered Cod Fillet		✓			✓									
Sweet and Sour Chicken		✓												
Lentil Soup	✓													
Eve's Pudding				✓			✓							
Chicken Poppers		✓		✓										
Scotch Broth	✓	✓												
Plain Sponge Cake		✓		✓			✓							
Baked Potato with Assorted Fillings	✓	✓		✓			✓		✓	✓	✓		✓	✓
Sandwich Selection		✓			✓		✓					✓	✓	
Deli pots		✓			✓									✓
Garlic Bread		✓					✓					✓	✓	
Diced Potatoes														
Potato Wedges														
Potato Chips														
Potato Slices														
Fruit Selection														

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WEEK 3														
Sliced Roast Turkey with Gravy	✓													
Vegetarian Sausage Bake		✓					✓							
Leek and Potato Soup	✓													
Peach Yoghurt							✓							
Quorn Meatballs with Tomato Pasta	✓	✓		✓										
Lentil Soup	✓													
Oaty Fruit Crumble		✓					✓							
Chicken Curry with Brown Rice		✓							✓					
Carrot and Coriander Soup	✓													
Mango and Orange Fruit Smoothie														
Margharita Pizza		✓					✓						✓	
Salmon Fish Finger		✓			✓									
Scotch Broth	✓	✓												
Orange Cookies		✓		✓			✓						✓	
Macaroni Cheese		✓					✓							
Carrot Cake		✓		✓									✓	
Garlic Bread		✓					✓					✓	✓	
Baked Potato and Assorted Fillings	✓	✓		✓			✓		✓	✓	✓		✓	✓
Sandwich Selection		✓			✓		✓					✓	✓	
Tomato and Basil Soup	✓	✓												
Sweet Potato														
Diced Potato														
Fruit Selection														

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WEEK 4														
Margharita Pizza		✓					✓						✓	
Quorn Bolognaise Pasta	✓	✓		✓										
Potato Soup	✓													
Rhubarb Crumble		✓					✓							
Sausage and Mash with Gravy	✓	✓												
Lentil Soup	✓													
Strawberry Yoghurt							✓							
Chicken Fajitas		✓												
Scotch Broth	✓	✓												
Chocolate Orange Sponge		✓		✓									✓	
Steak and Sausage Pie	✓	✓					✓							✓
Creamy Cheesy Pasta Served with Mixed Veg		✓					✓							
Carrot and Coriander Soup	✓						✓							
Stewed Apple and Custard							✓							
Fish Fillet Finger in a Bun, with mayonnaise		✓		✓	✓							✓	✓	
Tomato and Basil soup	✓													
Fairy Cakes		✓		✓			✓							
Baked Potato and Assorted Fillings	✓	✓		✓			✓		✓	✓	✓		✓	✓
Sandwich Selection		✓			✓		✓					✓	✓	
Deli Pots		✓			✓									✓
Diced Potato														
Mashed Potato														
Potato Slices														
Fruit Selection														

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