Monday	Tuesday	Wednesday	Thursday	Friday				
Leek&	Vegetable	Carrot &	Veg & Rice	Vegetable				
Potato Soup	Soup	Coriander	Soup	Soup				
		Soup						
G/F Beef	G/F Crispy	G/F Mac &	Cottage Pie	G/F Chicken				
Burger with	Fish Fillet	Cheese	With Baby	Fillet with				
Seasoned	with Chunky	With G/F	Carrots	Seasoned				
Wedges and	Chips and	Garlic Bread &		wedges				
Salad	peas	Broccoli		Sweetcorn				
Plain	Veg Tikka	Baked Potato	Tuna Mayo or	G/F Pizza Sub				
Omelette	Masala with	With Veg Chilli	Cheese	with Seasoned				
with	Rice &	or Baked	Sandwich	Wedges,				
Seasoned	Crunchy	Beans	With Crunchy	Sweet corn &				
Wedges &	Salad	& Crunchy	Salad &	Coleslaw				
Salad		Salad	Coleslaw					
Yoghurt	Chocolate	Jelly	Ice Cream	Custard				
	Mousse							
	Leek& Potato Soup G/F Beef Burger with Seasoned Wedges and Salad Plain Omelette with Seasoned Wedges & Salad	Leek& Potato SoupVegetable SoupG/F Beef Burger with Seasoned SaladG/F Crispy Fish Fillet with Chunky Chips and peasPlain Omelette with Seasoned SaladVeg Tikka Masala with Rice & Salad Salad Salad Crunchy Salad Salad Salad Crunchy Salad Salad Crunchy Salad Salad Salad Crunchy Salad Salad Salad	Leek&VegetableCarrot &Potato SoupSoupCorianderSoupSoupG/F Mac &G/F BeefG/F CrispyG/F Mac &Burger withFish FilletCheeseSeasonedwith ChunkyWith G/FWedges andChips andBaroccoliSaladpeasBroccoliPlainVeg TikkaBaked PotatoOmeletteMasala withWith Veg ChilliwithRice &SaladSeasonedCrunchyBeansSeasonedCrunchySaladSaladSaladJelly	Leek&Vegetable SoupCarrot & Coriander SoupVeg & Rice SoupPotato SoupSoupCarrot & Coriander SoupVeg & Rice SoupG/F Beef Burger with Seasoned Wedges and SaladG/F Crispy Fish Fillet With Chunky Chips and peasG/F Mac & Cheese With G/F Garlic Bread & BroccoliCottage Pie With Baby CarrotsPlain Omelette with Kice & Seasoned With Seasoned Omelette SaladVeg Tikka Rice & SaladBaked Potato With Veg Chilli or Baked Beans & Crunchy Salad & Crunchy Salad SaladTuna Mayo or Cheese Sandwich With Crunchy Salad & CrunchyYoghurtChocolateJellyIce Cream				

Meal Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Vegetable Soup	Leek & Potato Soup	Yellow Split Pea Soup	Vegetable Soup	Vegetable Soup
Choice 1	G/F Mild Chicken /Veg Curry with Rice & Mixed Peppers	G/F Chicken Burger with Seasoned Wedges & Crunchy Salad	G/F Veg Sausage Beans and Potato Wedges	Turkey Meatball in Gravy with Creamy Mashed Potato & Carrots	
Choice 2	Salmon Fish Finger with Chunky Chips & Peas	G/F Tomato & Veg Pasta with Garlic Bread & Broccoli	G/F Veg Fajitas with Potato Wedges & Mixed Peppers	Cheese/tuna mayo Sandwich with Crunchy Salad and Coleslaw	Baked Potato with Baked Beans or Cheese & Crunchy Salad
Dessert	Ice Cream	Yoghurt	Jelly	Fruit Salad with Cream	Yoghurt

## **Gluten Free Menu**