

Inchinnan Primary School

Anti-Bullying Policy



January 2019

Small School, Big Aspirations

In line with Renfrewshire Council's 2018 Anti-Bullying Policy, our aim is to create an environment where bullying cannot thrive, we support their aim to promote a culture of positive behaviour and respectful relationships in our school.

Renfrewshire Council's Policy can be found here and should be read in conjunction with this policy -

http://www.renfrewshire.gov.uk/media/2043/Anti-Bullying-Policy/pdf/Anti_Bullying_Policy2.pdf?m=1535032176043

If parents or carers ask to see the school's anti-bullying policy, we should offer them both the Renfrewshire Council Policy and the Inchinnan Primary Policy.

What is bullying?

We recognise that bullying has a different kind of impact from other behaviour, it affects how children see themselves and the choices they can make. Children who are bullied feel unsafe and other people affect the things they feel they can do. At Inchinnan Primary School we define bullying as

Bullying is both behaviour and impact: the impact is on a person's ability to feel in control of themselves. It is unkind behaviour that make people feel hurt, threatened, frightened and left out.

Pupils at Inchinnan have explored this definition and agree that it is what we should use at Inchinnan Primary. Parents and carers were also consulted on this and agree with the definition.

Bullying can harm people physically or emotionally and, although the actual behaviour may not be repeated, the threat may be sustained over time, typically by actions, looks, messages, confrontations, physical interventions, or the fear of these. This behaviour happens face to face and online.

Prejudice-based bullying is when bullying behaviour is motivated by prejudice based on an individual's actual or perceived identity; it can be based on characteristics unique to a child or young person's identity or circumstance.

Prejudice-based language and behaviour will always be challenged at Inchinnan. More information on this can be found in Renfrewshire Council's Anti-Bullying Policy.

Children's Rights

Children have the right to be safe. Children's Rights sit within a document called the United Nations Convention on the Rights of the Child UNCRC. The UNCRC has 54 articles that cover all aspects of a child's life and sets out rights that all children everywhere are entitled to. This includes the right to be safe, the right to an education and to have your views taken into account.

Every child has rights, whatever their ethnicity, gender, religion, language, abilities or any other status. We will make sure that our anti-bullying work at Inchinnan is informed by the UNCRC and that our staff and pupils are aware of Children's Rights.

Creating an environment where bullying cannot thrive

We do this through our vision and aims for the school. These are shared with the school community and underpin all of the work we do at Inchinnan Primary.

Vision

Small School, Big Aspirations

At Inchinnan Primary School we aim to:

- Provide a relevant and challenging curriculum which ensures breadth and depth in line with Curriculum for Excellence.
- Celebrate achievement and attainment.
- Provide a variety of learning and teaching approaches to encourage personalisation and choice.
- Promote equality and respect by supporting all.
- Foster a welcoming, safe, happy and healthy learning environment.
- Encourage positive partnerships within school which extend to the wider community.

Our School Values

Honesty

By always telling the truth

Respect

By valuing everyone and being polite and fair to all

Teamwork

By working together and trusting others

Compassion

By caring for others and looking after our environment

Friendship

By being kind and helpful. By including people in activities and games

Positive anti-bullying strategies must include the development of an ethos whereby all members of the school community take responsibility for reporting and challenging bullying behaviour. Within the school a positive ethos will be set by:

- Giving explicit and consistent messages that bullying behaviour is unacceptable
- Seek agreement on what bullying is between teachers, parents, pupils and members of the community
- Reviewing school life to identify any factors which might allow or encourage bullying.

We will regularly raise awareness by:

- Ensuring a working and up to date anti-bullying policy
- Displaying various anti-bullying posters, including those designed by pupils
- Keeping parents informed of latest and most current anti-bullying information
- Highlighting the issues at assemblies and specific raising awareness events and focus weeks
- Encouraging involvement of community police through input to particular year groups/stages as appropriate.
- Including as an integral part of the whole school Health & Wellbeing curriculum.

Responding to Bullying

If a pupil is concerned about bullying, they can

- Approach their teacher and share this.
- If they are not confident to talk to their teacher, they can approach any teacher or member of staff they feel comfortable talking to.
- They could also tell a parent, grandparent or carer who can share this with the school.

The Pupil Council also offer an opportunity for pupils to add any worries / concerns they may have to the 'What's Up' box or 'Tweet' board which they will regularly check and feedback on.

Pupils should also be signposted to Childline (0800 1111) as they may value the chance to chat to someone who does not know them as a way of coping.

The Head Teacher will have overall responsibility for preventing and responding to bullying behaviour by creating a culture of positive behaviour and respectful relationships as well as ensuring that all staff have a clear understanding of the anti-bullying policy and their roles and responsibility in relation to this.

We know that bullying is made up of both behaviour and impact, when investigating and responding to concerns about bullying, we will always look at both behaviour and impact.

Staff at Inchinnan Primary School will always ask –

What was the behaviour?

What impact did it have?

What do I need to do about it?

We know that sometimes hurtful behaviour or words can have no impact. At Inchinnan Primary, unkind behaviour, harmful or prejudiced-based language will always be challenged no matter what impact it has.

Our pupils also told us that sometimes a person can feel bullied, but they have not been, sometimes children can over react to low level behaviour. We will always deal with how a child feels regardless of the behaviour. **Bullying happens when hurtful language and behaviour impacts on a person's ability to feel safe and in control of themselves.**

Our approach at Inchinnan is to explore behaviour and impact, and to respond appropriately to both.

Pupils value choice when responding to bullying. It is our role as adults to explore their options and choices and to find a route that works for them. Some children will prefer to talk about how they feel, some may draw or explore it in other ways, some cope through art, drama and sports.

Some will cope better than others with behaviour and may be able to use verbal skills more than others. It is through exploring what they feel works for them that we find solutions and help children regain a sense of control and influence over how they feel.

We recognise that children who are bullied need to regain a sense of control over situations and they will always be encouraged to discuss steps they can take and how the adults can help them do this.

In line with the clear message from parents and carers and from pupils, children who bully will be supported to change their behaviour and to understand the impact it has had on others. There will be consequences for bullying, and these will relate to each situation and the age and stage of the pupils involved.

What can Pupils expect at Inchinnan Primary School?

Pupils can expect -

- To be treated fairly
- To be safe and to be themselves
- To be listened to and involved and asked about what is happening to them
- To be supported and helped when bullied, we will always address the impact of bullying and support children and their families to feel safe and that children who are bullied are helped to feel like themselves again. We will monitor this in an ongoing basis and recognise the impact of bullying can continue after incidents have been resolved.

Children who have bullied others can expect -

- That there are consequences for bullying. These will vary in severity depending on each situation and how well they have responded to initial guidance and support from adults.
- If behaviour does not improve there may be further steps taken.
- Clear expectations about behaviour as well as providing a range of ways to help to change behaviour. This can include taking steps to repair a relationship, and where appropriate, supporting to make amends.
- Prejudice-based language and behaviour will always be challenged regardless of impact. Children will have the opportunity to learn and to change behaviour.
- We will not label children wherever possible – we shall instead focus on addressing the behaviour.
- Reduced time in the playground and supervision in the playground in line with local authority regulations.

The feedback from parents and carers told us very clearly that they feel those who are bullying should get support from both parents and the school and they agreed it is a joint responsibility to teach children about behaviour and relationships.

Parents want bullying addressed quickly and fairly and value ongoing communication with the school.

Pupils Voice

Many of our pupils have taken part in workshops and group discussions as part of this policy development. This was to build their own knowledge about bullying and to ensure the policy reflected their voice. All pupils reflected an understanding that bullying is unkind and should stop but some don't see certain behaviour as bullying. Many feel bullying is only physical and happens when people argue, but this changes as they get older where they feel verbal bullying is more frequent. They also feel that boys are mostly physical, and girls use words more.

We will as a school, not seek to reinforce the belief that boys behave one way and girls another as these beliefs impact on what boys and girls see as bullying.

What can our Parents and Carers expect?

Parents will be informed when there are concerns about bullying. The school will investigate these first and make a judgment on the severity of the behaviour and the impact before contacting parents or carers.

Parents and carers told us that communicating with their children was vital and that their role includes talking to their children about bullying and about how they behave towards others.

The school will support parents and carers to do this, this policy details the approach we take as a school and will support parents and carers to do as much as possible.

We asked our pupils about what advice and guidance we should give to parents and carers on responding to bullying. They stated consistently across the school that they would like parents and not to over react and to listen before they act. Pupils described occasions where they were reluctant to tell a parent or carer because they thought that they would be upset and angry or that they would contact the school without discussing this with them first.

As a result of this clear feedback form pupils, we ask all adults - school staff and parents and carers, to be mindful of how their response can help a child feel listened to, included and safe. We ask all adults to ask children what they would like to happen next and that this be taken seriously.

Monitoring and Recording Bullying

In line with Renfrewshire Council guidelines, all incidents assessed as bullying will be recorded on SEEMIS, our electronic management of information system, within the Bullying & Equalities module. Renfrewshire Council advises that staff should use their professional judgement when deciding what to record on SEEMIS.

Not all disagreements between children are necessarily bullying and it is recommended that staff should consider behaviour and impact before deciding if it is bullying and whether it should be recorded.

The purpose for recording is for schools to learn about what kind of bullying is happening in their establishment and to identify if there are trends or issues which require addressing. To this end, recording is an improvement tool.

When recording bullying incidents, the following information must be included:

- The children and young people involved as well as other adults
- The type of bullying experienced – name calling, threats or rumours etc.
- Any underlying prejudice including details of any protected characteristics
- The impact of the bullying incident, including consideration of personal or additional support needs and wellbeing concerns
- Actions taken including resolution at an individual or organisational level.

Training

All staff at Inchinnan have had training on this approach to anti-bullying.

Review

This policy will be reviewed in three years in line with Renfrewshire Council's Policy.