Primary School Menu 2020/2021

Dairy Free Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup		Lentil Soup	Lentil Soup	Lentil Soup	
Choice 1	Chicken	Mince &	Baked Potato	Chicken	Salmon &
	Curry with	Mash with	with Tuna	Burger with	Sweet
	Rice &	Green Beans	Mayonnaise &	Diced Potato	Potato Fish
	Sweetcorn		Salad	& Salad	Cake, Chips,
					Peas &
					Sweetcorn
Choice 2		Veggie	Tomato Herb	Veggie	Macaroni
		Nuggets	& Basil Pasta	Sausage with	Cheese with
		with, Mash &	with Salad &	Beans &	Pitta Bread
		Green Beans	Pitta Bread	Diced Potato	Strips, Peas
					&
					Sweetcorn
Dessert	Iced				Jelly
	Smoothie				

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup			Lentil Soup	Lentil Soup
Choice 1	Tandoori	Fish &	Pasta Bolognese	Chicken Pie,	Beef Burger
	Chicken bites	Chips with	with Salad &	Chips & Baby	with Diced
	with Salad &	Sweetcorn	Pitta Bread	Carrots	Potato &
	Potato	& Peas			Salad
	Wedges				
Choice 2	Quorn Chilli	Quorn Hot	Pizza Sub with	Cheese Roll	Veggie Bites
	with Pitta	Dog with	Potato Wedges,	with Coleslaw	with Diced
	Bread & Rice	Sweetcorn	Salad &	& Cherry	Potato &
		& Salad	Sweetcorn	Tomato	Salad
Dessert		Iced	Jelly		
		Smoothie			

Gluten Free Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup		Lentil Soup	Lentil Soup	Lentil Soup	
Choice 1	Chicken	Mince &	Baked Potato	Chicken	Salmon Fish
	Curry with	Mash with	with Tuna	Burger with	Fingers,
	Rice &	Green Beans	Mayonnaise &	Diced Potato	Chips, Peas
	Sweetcorn		Salad	& Salad	&
					Sweetcorn
Choice 2		Veggie Bites	Tomato Herb	Veggie	Macaroni
		Mash &	& Basil Pasta	Sausage with	Cheese
		Green Beans	with Salad &	Beans, Diced	Crusty
			Crusty Bread	Potato	Bread, Peas
					&
					Sweetcorn
Dessert	Vanilla Ice				Jelly
	Cream				

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup			Lentil Soup	Lentil Soup
Choice 1	Chicken	Fish &	Pasta Bolognese	Chicken	Beef Burger
	Goujons	Chips with	with Crusty	Casserole,	with Salad &
	Salad &	Peas &	Bread & Salad	Chips Potato	Diced
	Potato	Sweetcorn		& Baby	Potato
	Wedges			Carrots	
Choice 2	Vegetable	Quorn Hot	Pizza Sub with	Cheese Roll	Veggie Bites
	Chilli with	Dog with	Potato Wedges,	with Coleslaw	with Diced
	Rice	Sweetcorn	Salad &	& Cherry	Potato &
		& Salad	Sweetcorn	Tomato	Salad
Dessert		Vanilla Ice	Jelly		
		Cream			

Egg Free Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup		Lentil Soup	Lentil Soup	Lentil Soup	
Choice 1	Chicken	Mince &		Chicken	Salmon &
	Curry with	Mash with		Burger with	Sweet
	Rice &	Green Beans		Diced Potato	Potato Fish
	Sweetcorn			& Salad	Cake, Chips,
					Peas &
					Sweetcorn
Choice 2		Veggie	Tomato Herb	Veggie	Macaroni
		Nuggets	& Basil Pasta	Sausage with	Cheese with
		with, Mash &	with Salad &	Beans, Diced	Pitta Bread
		Green Beans	Garlic Bread	Potato &	Strips, Peas
				Salad	&
					Sweetcorn
Dessert	Vanilla Ice				Jelly
	Cream				

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup			Lentil Soup	Lentil Soup
Choice 1	Tandoori	Fish &	Pasta Bolognese	Chicken Pie,	Beef Burger
	Chicken Bites	Chips with	With Salad &	Chips & Baby	with Salad &
	with Salad &	Peas &	Garlic Bread	Carrots	Diced
	Potato	Sweetcorn			Potato
	Wedges				
Choice 2	Vegetable		Pizzini With	Cheese Roll	Veggie Bites
	Chilli with		Potato Wedges,	With D/F	with Diced
	Pitta Bread &		Salad &	Coleslaw &	Potato &
	Rice		Sweetcorn	Cherry	Salad
				Tomato	
Dessert		Vanilla Ice	Jelly		
		Cream			