

PRIMARY SCHOOL MENU

WEEKLY PLANNER

Our school meals are healthy, balanced and nutritious. We take great care in what we have in our menus. Not just to meet legal requirements, but because we want our school meals to be healthy nutritious and enjoyable.

If your child has a food allergy or special dietary requirements, we will work with NHS practitioners to ensure we meet their needs. For more information or advice please email: soft-fm@renfrewshire.gov.uk tel: 0300 300 0380

Water, milk, bread and fruit available every day

Week 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Soup				
Lentil soup	Vegetable soup		Tomato soup	
Choice 1				
Fish goujon wrap with diced potatoes & veg	Chicken stir fry with rice	Steak pie with carrot, turnip & chips	Chicken burger with salad & potato wedges	Pasta Bolognese with garlic bread & salad
Choice 2				
Mac & cheese with veg & diced potatoes	Veggie nuggets with potato wedges & broccoli	Cheesy omelette with chips & salad	Baked potatoes with cheese & beans	Cheese sandwich with cherry tomatoes & coleslaw
Dessert				
		Strawberry yoghurt		Ice cream

Week 2				
Monday	Tuesday	Wednesday	Thursday	Friday
Soup				
	Lentil soup		Tomato soup	Vegetable soup
Choice 1				
Chicken goujons with salad & potato wedges	Tomato pasta with meatballs & garlic bread	Mince, mash & green beans	Fish fingers with peas & herby diced potatoes	Hot dog with salad & corn on the cob
Choice 2				
Veggie curry with rice & naan bread	Quorn chilli with rice & pitta bread	Cheese panini with salad & coleslaw	Tomato & mozzarella pasta with salad & herby diced potatoes	Baked potatoes with cheese & beans
Dessert				
Frozen yoghurt with mandarins		Jelly with pineapple chunks		

Week 3				
Monday	Tuesday	Wednesday	Thursday	Friday
Soup				
Lentil soup		Vegetable soup	Tomato soup	
Choice 1				
Chicken curry with rice & naan	Bangers & mash with beans	Fish, chips & peas	Roast turkey dinner	Chicken tikka & tomato sala pitta pocket with sweet potato wedges
Choice 2				
Tomato & basil pasta with salad & crusty bread	Egg mayo roll with salad & coleslaw	Baked potatoes with cheese & beans	Quorn burger with salad, coleslaw & roast potatoes	Margharita pizza with sweet potato wedges & corn
Dessert				
	Ice cream with fruit			Greek yoghurt with strawberries

The planner below shows the week that each of the menus will be served.

Week 1	12/08/2019	02/09/2019	23/09/2019	School Holiday	04/11/2019	25/11/2019	16/12/2019	06/01/2020	27/01/2020	17/02/2020	09/03/2020	30/03/2020	20/04/2020	11/05/2020	01/06/2020	22/06/2020
Week 2	19/08/2019	09/09/2019	30/09/2019	21/10/2019	11/11/2019	02/12/2019	School Holiday	13/01/2020	03/02/2020	24/02/2020	16/03/2020	School Holiday	27/04/2020	18/05/2020	08/06/2020	School Holiday
Week 3	26/08/2019	16/09/2019	07/10/2019	28/10/2019	18/11/2019	09/12/2019	School Holiday	20/01/2020	10/02/2020	02/03/2020	23/03/2020	School Holiday	04/05/2020	25/05/2020	15/06/2020	School Holiday