



# 2023/2024 Primary

## Week 1 Menu\*



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b> SO2301	<b>Soup</b> SO2302	<b>Soup</b> SO2301	<b>Soup</b> SO2303	<b>Soup</b> SO2301
Vegetable Soup (ve)	Tangy Tomato Soup (ve)	Vegetable Soup (ve)	Leek & Potato Soup (ve)	Vegetable Soup (ve)
<b>Main</b> MA2301	<b>Main</b> MA2303	<b>Main</b> MA2304	<b>Main</b> MA2306	<b>Main</b> MA2309
Bangers 'N' Mash (Broccoli, Carrot)	Chicken Nuggets With Potato Wedges (Rainbow Salad, Coleslaw) (serve with condiment)	Margherita Pizza (v) (Broccoli, Mexican-Style Corn Salad)	Sloppy Joe's Tacos (Rainbow Salad, Coleslaw)	<b>Fish Fingers with Chips (Sweetcorn, Peas)</b> <b>Mediterranean Fish-Wrap</b> (Sweetcorn, Spinach Salad)
<b>Main</b> MA2302	<b>Main</b> MA2328, 2329, 2330	<b>Main</b> MA2305	<b>Main</b> MA2307, 2308	<b>Main</b> MA2310
Creamy Pesto Bow-Tie Pasta With Garlic Bread (v) (Broccoli, Carrot)	Selection of Sandwich (Cheese (v), Tuna Mayo, Turkey) (Rainbow Salad, Coleslaw)	Oriental Chow Mein (ve) (Broccoli, Mexican-Style Corn Salad)	Selection of Jacket Potato (Cheese (v), or Beans (v)) (Rainbow Salad, Coleslaw)	<b>Steak Pie with Chips (Sweetcorn, Peas)</b> <b>Fragrant Thai-Green Curry With-Rice(ve)</b> (Sweetcorn, Spinach Salad)
<b>Dessert</b> DE2302	<b>Dessert</b> DE2301	<b>Dessert</b> DE2304	<b>Dessert</b> DE2303	<b>Dessert</b> DE2305
Fruity Yoghurt (v)	Orange Jelly (ve)	Oaty Flapjack (v)	Fruit Salad (ve)	Vanilla Ice Cream (v)



- Menu also includes daily portions of : Carton milk (250ml), Fruit x1 (Apple, Banana, Mandarin, etc.)
- This menu is free from Nut and Peanut



# 2023/2024 Primary Plant-Based (Vegan)

## Week 1 Menu\*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b> SO2301 Vegetable Soup (ve)	<b>Soup</b> SO2302 Tangy Tomato Soup (ve)	<b>Soup</b> SO2301 Vegetable Soup (ve)	<b>Soup</b> SO2303 Leek & Potato Soup (ve)	<b>Soup</b> SO2301 Vegetable Soup (ve)
<b>Main</b> MA2301VE Meat-Free Bangers 'N' Mash (ve) (Broccoli, Carrot)	<b>Main</b> MA2303VE Veg Nuggets With Potato Wedges (ve) (Rainbow Salad, VE Coleslaw) (serve with condiment)	<b>Main</b> MA2304VE VE Margherita Pizza (ve) (Broccoli, Mexican-Style Corn Salad)	<b>Main</b> MA2307VE VE Cheese Jacket Potato (ve) (Rainbow Salad, VE Coleslaw)	<b>Main</b> MA2309VE Quorn Fingers (ve) with Chips (Sweetcorn, Peas)
<b>Main</b> MA2302A Allergy-Friendly Creamy Pesto Pasta with VE Garlic Bread (ve) (Broccoli, Carrot)	<b>Main</b> MA2328VE VE Cheese Sandwich (ve) (Rainbow Salad, VE Coleslaw)	<b>Main</b> MA2305 Oriental Chow Mein (ve) (Broccoli, Mexican-Style Corn Salad)	<b>Main</b> MA2308VE Beans Jacket Potato (ve) (Rainbow Salad, VE Coleslaw)	<b>Main</b> MA2310VE Vegan Pie (ve) with Chips (Sweetcorn, Peas) Vegetable Curry With Rice (ve) (Sweetcorn, Spinach Salad)
<b>Dessert</b> DE2302VE Vanilla Dessert (ve)	<b>Dessert</b> DE2301 Orange Jelly (ve)	<b>Dessert</b> DE2304 Oaty Flapjack (v)	<b>Dessert</b> DE2303 Fruit Salad (ve)	<b>Dessert</b> DE2305VE Fruity Iced Smoothie (ve)

\* Menu also includes daily portions of : Soya milk (250ml), Fruit x1 (Apple, Banana, Mandarin, etc.)



# 2023/2024 Primary Veg & Fish, Vegetarian, Halal

## Week 1 Menu\*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b> SO2301	<b>Soup</b> SO2302	<b>Soup</b> SO2301	<b>Soup</b> SO2303	<b>Soup</b> SO2301
Vegetable Soup (ve)	Tangy Tomato Soup (ve)	Vegetable Soup (ve)	Leek & Potato Soup (ve)	Vegetable Soup (ve)
<b>Main</b> MA2301VE	<b>Main</b> MA2303VE	<b>Main</b> MA2304	<b>Main</b> MA2307	<b>Main</b> MA2309, 2309VE
Meat-Free Bangers 'N' Mash (ve) (Broccoli, Carrot)	Veg Nuggets With Potato Wedges (ve) (Rainbow Salad, VE Coleslaw) (serve with condiment)	Margherita Pizza (v) (Broccoli, Mexican-Style Corn Salad)	Cheese Jacket Potato (v) (Rainbow Salad, Coleslaw)	<b>Fish Fingers / Quorn Finger (ve) with Chips</b> (Sweetcorn, Peas) <b>Mediterranean Fish Wrap</b> (Sweetcorn, Spinach Salad)
<b>Main</b> MA2302	<b>Main</b> MA2328, 2329	<b>Main</b> MA2305	<b>Main</b> MA2307, 2308	<b>Main</b> MA2310VE
Creamy Pesto Bow-Tie Pasta With Garlic Bread (v) (Broccoli, Carrot)	Selection of Sandwich (Cheese (v), Tuna Mayo) (Rainbow Salad, Coleslaw)	Oriental Chow Mein (ve) (Broccoli, Mexican-Style Corn Salad)	Beans Jacket Potato (ve) (Rainbow Salad, Coleslaw)	<b>Vegan Pie (ve) with Chips</b> (Sweetcorn, Peas) <b>Vegetable Curry With Rice (ve)</b> (Sweetcorn, Spinach Salad)
<b>Dessert</b> DE2302	<b>Dessert</b> DE2301	<b>Dessert</b> DE2304	<b>Dessert</b> DE2303	<b>Dessert</b> DE2305
Fruity Yoghurt (v)	Orange Jelly (ve)	Oaty Flapjack (v)	Fruit Salad (ve)	Vanilla Ice Cream (v)

\* Menu also includes daily portions of : Carton milk (250ml), Fruit x1 (Apple, Banana, Mandarin, etc.)



# 2023/2024 Primary Allergy-Friendly

## Week 1 Allergy-Friendly Alternatives\*

(All options are free from Gluten, Dairy, Egg, Sesame)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b> SO2301	<b>Soup</b> SO2302	<b>Soup</b> SO2301	<b>Soup</b> SO2303	<b>Soup</b> SO2301
Vegetable Soup (ve)	Tangy Tomato Soup (ve)	Vegetable Soup (ve)	Leek & Potato Soup (ve)	Vegetable Soup (ve)
<b>Main</b> MA2301VE	<b>Main</b> MA2303A	<b>Main</b> MA2304VE	<b>Main</b> MA2306A	<b>Main</b> MA2309A
Meat-Free Bangers 'N' Mash (ve) (Broccoli, Carrot)	Allergy-Friendly Chicken Goujons With Potato Wedges (Rainbow Salad, VE Coleslaw) (serve with condiment)	VE Margherita Pizza (ve) (Broccoli, Mexican-Style Corn Salad)	Allergy-Friendly Sloppy Joe's Jacket Potato (Rainbow Salad, VE Coleslaw)	<b>Allergy Friendly Fish Fingers with Chips</b> (Sweetcorn, Peas) <b>Allergy-Friendly Fish-Wrap</b> (Sweetcorn, Spinach Salad)
<b>Main</b> MA2302A	<b>Main</b> MA2328A, 2329A, 2330A	<b>Main</b>	<b>Main</b> MA2307VE, 2308VE	<b>Main</b> MA2310
Allergy-Friendly Creamy Pesto Pasta With VE Garlic Bread (ve) (Broccoli, Carrot)	Allergy-Friendly Sandwich (VE Cheese (ve), Tuna Mayo, Turkey) (Rainbow Salad, VE Coleslaw)		Selection of Jacket Potato (VE Cheese (ve), or Beans (ve)) (Rainbow Salad, VE Coleslaw)	<b>Allergy Friendly Steak Stew with Chips</b> (Sweetcorn, Peas) <b>Vegetable Curry With Rice-(ve)</b> (Sweetcorn, Spinach Salad)
<b>Dessert</b> DE2302VE	<b>Dessert</b> DE2301	<b>Dessert</b> DE2304	<b>Dessert</b> DE2303	<b>Dessert</b> DE2305VE
Vanilla Dessert (ve)	Orange Jelly (ve)	Caty Flapjack (v)	Fruit Salad (ve)	Fruity Iced Smoothie (ve)



\* Pupils with gluten, dairy, egg or sesame allergies, will be able to choose from the allergy-friendly options the standard menu options which meet their dietary requirements  
Menu also includes daily portions of : Soya milk (250ml), Fruit x1 (Apple, Banana, Mandarin, etc.)





# 2023/2024 Primary

## Week 2 Menu\*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b> SO2301 Vegetable Soup (ve)	<b>Soup</b> SO2303 Leek & Potato Soup (ve)	<b>Soup</b> SO2301 Vegetable Soup (ve)	<b>Soup</b> SO2302 Tangy Tomato Soup (ve)	<b>Soup</b> SO2301 Vegetable Soup (ve)
<b>Main</b> MA2311 Stack Your Beef Burger Oven Chips (Broccoli) (serve with condiment)	<b>Main</b> MA2313 Creamy Chicken Potato- Topped Pie (Rainbow Salad, Coleslaw)	<b>Main</b> MA2314 <b>Pasta &amp; Tomato Bake (v)</b> <b>Gnoeehi &amp; Tomato Bake</b> <b>with Garlic Bread (v)</b> (Spinach Salad)	<b>Main</b> MA2316 Crispy Salmon Bites with Baked Sweet Potato Fries (Peas, Rainbow Salad) (serve with condiment)	<b>Main</b> MA2318 Jumbo Hot Dog (Carrot, Mexican-Style Corn Salad) (serve with condiment)
<b>Main</b> MA2312, MA2312V Tuna Mayo Pasta / Herby Tomato Pasta (v) With Garlic Bread (Broccoli)	<b>Main</b> MA2328, 2329, 2330 Selection of Sandwich (Cheese (v), Tuna Mayo, Turkey) (Rainbow Salad, Coleslaw)	<b>Main</b> MA2315 <b>British Brunch Wrap (ve)</b> <b>Zingy Chipotle Burrito (ve)</b> (Spinach Salad)	<b>Main</b> MA2317, MA2317V Chicken Katsu Curry / Quorn Katsu Curry (ve) with Rice (Peas, Rainbow Salad)	<b>Main</b> MA2319 <b>Egg Fried Rice (v)</b> <b>Egg Stir-Fried Rice Noodles (v)</b> (Carrot, Mexican-Style Corn Salad)
<b>Dessert</b> DE2302 Fruity Yoghurt (v)	<b>Dessert</b> DE2301 Orange Jelly (ve)	<b>Dessert</b> DE2304 Oaty Flapjack (v)	<b>Dessert</b> DE2303 <b>Fruit Salad (ve)</b> <b>Fruit Salad with Honey Lemon</b> <b>Dressing (ve)</b>	<b>Dessert</b> DE2305 Vanilla Ice Cream (v)

- Menu also includes daily portions of : Carton milk (250ml), Fruit x1 (Apple, Banana, Mandarin, etc.)
- This menu is free from Nut and Peanut





# 2023/2024 Primary

## Week 3 Menu\*



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b> SO2301 Vegetable Soup (ve)	<b>Soup</b> SO2304 Vegetable & Rice Soup (ve)	<b>Soup</b> SO2301 Vegetable Soup (ve)	<b>Soup</b> SO2302 Tangy Tomato Soup	<b>Soup</b> SO2301 Vegetable Soup (ve)
<b>Main</b> MA2326 <b>Simply Perfect Spaghetti Bolognese</b> (Carrot, Mexican-Style Corn Salad)	<b>Main</b> MA2322 <b>Meatball Sub Melt</b> (Rainbow Salad, Coleslaw)	<b>Main</b> MA2324 <b>BBQ Pepper &amp; Beans Fajita (ve)</b> (Baked Beans, Spinach Salad)	<b>Main</b> MA2325 <b>Bubble Fish &amp; Chips</b> (Rainbow Salad, Coleslaw) (serve with condiment)	<b>Main</b> MA2320 <b>Chicken Biryani</b> (Broccoli, Mexican-Style Corn Salad)
<b>Main</b> MA2321 <b>Mini Spring Rolls with Sweet Chili Dipping Sauce (ve) with Potato Wedges</b> <b>Vegetable Samosas with Chutney Dip (ve)</b> (Carrot, Mexican-Style Corn Salad)	<b>Main</b> MA2328, 2329, 2330 <b>Selection of Sandwich (Cheese (v), Tuna Mayo, Turkey)</b> (Rainbow Salad, Coleslaw)	<b>Main</b> MA2323 <b>Sausage Roll with Potato Wedges (ve)</b> (Baked Beans, Spinach Salad) (serve with condiment)	<b>Main</b> MA2307, 2308 <b>Selection of Jacket Potato (Cheese (v), or Beans (v))</b> (Rainbow Salad, Coleslaw)	<b>Main</b> MA2327, 2304 <b>Hawaiian Pizza / Margherita Pizza (v)</b> (Broccoli, Mexican-Style Corn Salad)
<b>Dessert</b> DE2305 Vanilla Ice Cream (v)	<b>Dessert</b> DE2304 Oaty Flapjack (v)	<b>Dessert</b> DE2302 Fruity Yoghurt (v)	<b>Dessert</b> DE2303 <b>Fruit Salad (ve)</b> <b>Fruit Salad with Honey Lemon Dressing (ve)</b>	<b>Dessert</b> DE2301 Orange Jelly (ve)

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