



Support for bereaved families In Scotland

Child Bereavement UK helps families to rebuild their lives when a child grieves or when a child dies.



We support:

- Children and young people (up to age 25) when someone important to them has died or is not expected to live.
- Parents and wider family members when a baby or child of any age dies or is dying.



We can provide face-to-face support in the following areas:

- Glasgow
- Edinburgh
- Falkirk
- Coatbridge
- Biggar
- East Kilbride

We can also provide support by telephone or online, depending on what works best for the family.

Support is free-of-charge and we can offer up to eight monthly support sessions.

**To access support, or for more information,
call our Helpline: 0800 02 888 40**



Consultancy service for professionals

Child Bereavement UK offers a consultancy service for professionals anywhere in Scotland who need advice or guidance on anything connected to bereavement.

- We can provide consultancy support when a child or young person is grieving the death of a parent, family member, friend, or someone else important to them.
- We are available to respond urgently and can offer debrief and guidance.
- We can assist with non-urgent issues such as supporting organisations with the development of bereavement policies or supporting staff wellbeing.
- Support is available via phone call, video call or face-to-face meeting.

This service is funded by the Scottish Government and is free to access.

To find out more, or for your initial consultation, email:
scotlandsupport@childbereavementuk.org



Training for professionals

Child Bereavement UK offers bereavement support training for professionals anywhere in Scotland. Training is usually around 80 minutes long and can be delivered online or in person. The aim of the training is to build confidence and help you feel prepared to offer supportive conversations around bereavement and grief, whether that be a planned session or an unexpected brief interaction with a service user (of any age), family member or colleague.

Key themes include:

- An overview of grief/bereavement
- Aspects that can affect how we grieve
- How theory helps us to understand bereavement
- Understanding bereavement in relation to child development
- Practical hints and tips to help support those who are grieving
- Resources and other areas of support.

Available online or in person, groups of various sizes can be accommodated from small groups to large teams or organisations.

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To find out more and to book your training session, email:
scotlandsupport@childbereavementuk.org