



Internet Safety Parent Guide

WHAT CAN PARENTS AND CARERS DO?

TALK

TALK to your child about online sexual abuse. Start the conversation – and listen to their concerns.

AGREE

AGREE ground rules about the way you use technology as a family.

LEARN

LEARN about the platforms and apps your child loves. Take an interest in their online life.

KNOW

KNOW how to use tools, apps and settings that can help to keep your child safe online.

Games and apps age rating guide



No bad language. Suitable for all ages.



Contains some frightening scenes or sounds.



Mild bad language. A little bit of violence.



Violence similar to real life, Crime and extreme bad language.



Adults only.

Some useful websites.

www.getsafeonline.org

<https://www.ceop.police.uk>

