**Dairy Free Menu**

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| **Week 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | **Lentil Soup** | **Minestrone Soup** | **Leek & Potato Soup** | **Tomato Soup** |  |
| **Main Meal 1** | **Neapolitan Pasta with Crusty Bread** | **Sausage & Mash**  | **Salmon Bubble Crisp Fillet & New Potatoes** | **D/F Chicken Curry & Rice**  | **Fish Fingers & Chips** |
| **Main Meal 2** | **Jacket Potato with Beans**  | **Vegan Sausage & Mash** | **Veggie balls in Tomato Sauce & New Potato**  | **Sweet Chilli Oriental veg & Noodles** | **Jacket Potato with D/F Cheese** |
| **Main Meal 3** |  | **D/F Cheese Sandwich** | **Chicken Sandwich** | **Egg Mayo Sandwich** |  |
| **Sides** | **Broccoli /Salad** | **Mixed Veg/Salad** | **Sweetcorn /Salad** | **Green Beans/Salad** | **Peas /Salad** |
| **Dessert** | **D/F Yoghurt** | **D/F Yoghurt** | **Jelly** | **Jelly** | **D/F Yoghurt** |

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| **Week 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | **Lentil Soup** | **Minestrone Soup** | **Carrot & Coriander Soup** | **Tomato Soup** |  |
| **Main Meal 1** | **Jacket Potato D/F Cheese or Beans**  | **D/F Chicken Curry & Rice**  | **Mince & Mash (no Yorkshire pudding)** | **Tomato Pasta & Crusty Bread**  | **Fish & Chips** |
| **Main Meal 2** |  | **Sweet & Sour Veg & Noodles** | **Vegan Sausage Roll & Wedges** | **Quorn Chilli Tacos & Corn on the cob** | **Quorn Southern bite wrap & Savoury rice** |
| **Main Meal 3** |  | **D/F Cheese Sandwich** | **Jacket Potato with Tuna** | **Chicken Sandwich** | **Jacket Potato with Beans** |
| **Sides** | **Broccoli/Salad** | **Sweetcorn/Salad** | **Carrot/Beans/Salad** | **Green beans /Salad** | **Peas /Salad** |
| **Dessert** | **D/F Yoghurt** | **Jelly** | **Jelly** | **D/F Yoghurt** | **D/F Yoghurt** |

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| **Week 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | **Sweet potato & Lentil Soup** | **Carrot & Coriander Soup** | **Vegetable Soup** | **Leek & Potato Soup** |  |
| **Main Meal 1** | **Beans on Toast** | **Pasta Bolognese** | **Chicken Casserole with New potato’s**  | **Beef Burger & Wedges** | **Fish & Chip** |
| **Main Meal 2** | **Jacket Potato with D/F Cheese or Beans** | **D/F Cheese Sandwich** | **Tomato & Basil Pasta** | **Chicken Goujons & Wedges** | **Vegan Sausage & Chips** |
| **Main Meal 3** |  |  | **Tuna Sandwich** | **Jacket Potato with D/F Cheese** | **Chicken Sandwich** |
| **Sides** | **Broccoli /Salad** | **Sweetcorn /Salad** | **Carrots/Salad** | **Beans/Salad /Coleslaw** | **Peas/Salad** |
| **Dessert** | **D/F Yoghurt** | **D/F Yoghurt** | **Jelly** | **Jelly** | **D/F Yoghurt** |