

Mrs. McLaren's Monday's challenge
Can you recycle plastic to make a bird feeder?

Good morning everyone. I hope you have had a lovely weekend. If you would like to help feed some feathered friends in your garden, have a look at the ideas below!

Using a plastic bottle to make a bird feeder is a cheap craft idea that helps to reuse and recycle rubbish. They can make lovely decorations in your garden whilst helping to feed our wildlife.

*Please make sure you rinse plastic bottles thoroughly and let them dry completely. It is very important to dry empty plastic bottles or the bird food will stick to the moisture.



These are just a few ideas. Perhaps you can research and design your own feeder?

Please ask a grown up to help you with scissors if you are a younger Glencoats pupil!

What to put in your bird feeder:

Feeding garden birds does not have to be expensive – many of the things you throw away provide suitable food for birds:

Bacon and fats: You can put out fat from unsalted cuts of meat in large pieces for birds.

Bread: All types of bread can be digested by birds (although large amounts should not be given as its nutritional value is low).

Cheese: Mild grated cheese is a favourite with some birds.

Potatoes: Birds love potatoes, especially ones with added real fats. Birds rarely eat chips!

Fruit: Dried fruits such as raisins, sultanas and currants are loved by some birds (please note some dogs and cats react badly to these fruits so please do not put them out in areas where these animals might get to them). Apples, pears and other fruit, including bruised and part rotten ones, cut up, are very popular with all thrushes, tits and starlings.

Pastry: Cooked or uncooked pastry is excellent!

Dog and cat food: Tinned dog and cat food are loved by many birds but be careful not to attract any unwanted animals to your garden!

Rice and cereals: Cooked rice benefits all sorts of birds.

They enjoy dry cereal and uncooked porridge oats – but good to keep a supply of drinking water nearby for them!

Salt: Garden birds find it extremely difficult to digest salt. It is toxic to them in high quantities. Please do not feed birds with salted food.

😊As always, please send us a picture of your bird feeder! 😊

