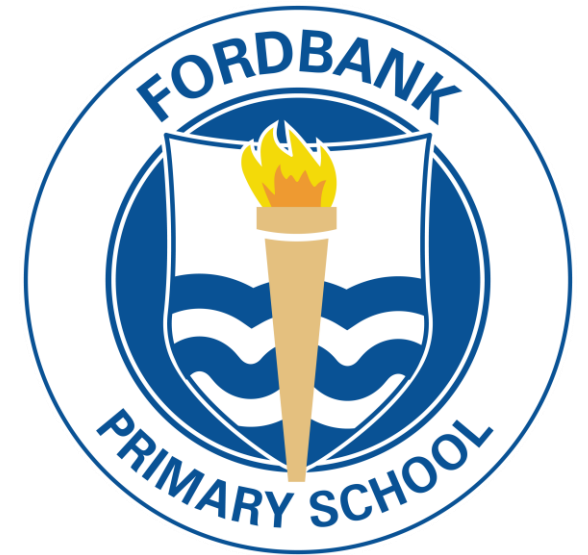


Fordbank Primary and Flexible Learning Resource

School Sports Award
2025-26



I am Ralph the Fordbank Rights Raccoon. **Article 31** of the UNCRC says that children and young people have the right to have fun in the way they want to, whether by playing sports, watching films, or doing something else entirely. They have the right to rest, too.



School Sport



Sports board developed by Sports Committee



Bikeability 1 and 2



Staff team for Staff vs. Pupil Dodgeball tournament

- Our teachers volunteer to run clubs such as Basketball club and Tuesday club run by our Head Teacher
- Support staff run the Fizzy club each morning for gross motor skills
- There is clear progression across the school in teacher's planning aligned with Renfrewshire Council planning
- To increase participation, we run lunchtime and after school clubs
- All year groups/stages have access to clubs across the year
 - All clubs are free.

Physical Education

SHANARRI Active Award
winner



PE Kit Expectations

We do ask for your help in providing a suitable kit for PE which allows for easy, safe movement.

Pupils are required to wear the following:

- sandshoes/trainers
- polo shirt/t-shirt
- shorts/leggings
- no jewellery
- long hair tied back

All pupils across the school enjoyed the Taekwondo 🥋 taster sessions today. Great fun while breaking a sweat too. #Giveitago #trysomethingnew



Tae Kwon Do taster sessions

- Our teachers use P.E planners in line with Renfrewshire Council
- We have SHANARRI Champions, one of which represents 'Active', which celebrates sporting success
 - CLPL shared with staff via email regularly
- Work with specialists to increase engagement of sport and staff confidence
- Daily nurture sessions run by support staff includes active sports/games
- P.E Kit expectations established to reinforce importance of P.E - supported by free access to bank of clothing and footwear
- 1-hour sessions twice a week with additional outdoor learning sessions in some classes.







For Children Born 2024

THORN TOTS

Fridays @ 9.30am
Thorn Athletic Sports Academy
Greenend Avenue, Johnstone
Thorn Athletic Community Trust - For the community, by the community.

mch
MY CLUB HUB

- FUN, PLAY-BASED SESSIONS
- DEVELOP BALANCE, CO-ORDINATION & MOTOR SKILLS
- PARENT INVOLVEMENT REQUIRED

Six Weeks ONLY £25




FOOTBALL PLAYERS WANTED

WEEKLY AUTISM AND NEURODIVERSE FOOTBALL SESSIONS

JOIN US EVERY WEDNESDAY, 5-6PM AT ON-X LINWOOD

BOYS & GIRLS AGED 10 - 16 YRS

IN PARTNERSHIP WITH THORN ATHLETIC AND TEAM UNITED SCOTLAND


For more details please email ross@teamunited.org.uk

THORN ATHLETIC SPORTS ACADEMY
THURSDAYS 5-6PM (FREE)
GIRLS 8-12 YRS

WEST

SOCCER CENTRE

scottishfa.co.uk/soccercentres



KDM



BOOK NOW!
£15 PER DAY
OR £40 FOR 3 DAYS

MID-TERM COMMUNITY FOOTBALL CAMP

FUN DRILLS, SMALL-SIDED GAMES AND MAKING FRIENDS!

February 16th, 17th & 18th - 9am - 2pm

Johnstone Community Sports Hub
Beith Road, Johnstone, PA5 0JA

2015, 2016, 2017, 2018 & 2019

01505 335171 | www.thornathletic.com | enquiries@thornathletic.com

Thorn Athletic Community Trust | SC043358 | BY the community, FOR the community

Clubs and Communities

- Local clubs promoted regularly via school app Seesaw
- Local clubs provide taster sessions in the school to create pathways outside of school



Clubs

TERM

Term 3 - April - May 2026

Mon 27th Apr 2026 - Fri 29th May 2026

Day	Time	Venue	Class
Mon	12:30pm - 1:00pm	Fordbank Primary School	Netball P4-7 (0 - 0yrs)
	3:00pm - 4:00pm	Fordbank Primary School	Girls Football P4-7 (0 - 0yrs)
Tue	12:30pm - 1:00pm	Fordbank Primary School	Mini Ballers P1-3 (0 - 0yrs)
	3:00pm - 4:00pm	Fordbank Primary School	Dance & Movement (P4-7) (0 - 0yrs)
Wed	3:00pm - 4:00pm	Fordbank Primary School	Football (P4-7) (0 - 0yrs)
	3:00pm - 4:00pm	Fordbank Primary School	Basketball P4-7 (0 - 0yrs)
Thu	12:30pm - 1:00pm	Fordbank Primary School	Multi Sports (P1-4) (0 - 0yrs)

**RENFREWSHIRE & EAST RENFREWSHIRE
LITTLE TIGER CUBS**

United Kingdom Taekwon-Do Council presents Little Tiger Cubs
Our Taekwon-Do classes are safe, practical and enjoyable.
All our instructors are fully qualified and vetted by CRB/Disclosure Scotland.

Barnhead Foundry	Tuesday	4.15-5pm
Barnhead Foundry	Friday	4.15-5pm
Bridge of Weir, Cargill Hall	Tuesday	5.30-6.15pm
Johnstone Town Hall	Monday	4.30-5.15pm
Kilmaconnil St. Fidan's Scottish Episcopal Church	Saturday	2.15-3pm
Linwood O.N. Leisure Centre	Monday	6-6.45pm
Linwood O.N. Leisure Centre	Wednesday	6-6.45pm
Linwood O.N. Leisure Centre	Saturday	6-6.45pm
Paisley Legion Leisure Centre	Monday	6.30-7.15pm
Paisley Legion Leisure Centre	Saturday	5.15-10.45
Renfrew Leisure Centre	Thursday	6-6.45pm
Renfrew Leisure Centre	Saturday	11.45-12.30pm

Learn Through Play

- Have Fun
- Flexibility
- Improve Balance & Co-ordination
- Increase Self Confidence
- Learn Basic Self Defence
- Develop
- Learn Respect

The fun martial arts training system for children 3-5 years old.

To book your free trial lesson visit: www.uktc.org or call: **01259 210**

www.instagram.com/stmuktc/
Find us on Facebook [facebook.com/stmuktc](https://www.facebook.com/stmuktc)



Our Spring Activity Camps are back!
7 - 17 April 2026

Join the Active Schools Renfrewshire team for action-packed days filled with multi-sports, outdoor adventures and exciting new challenges.

It's the perfect way for kids to stay active, build confidence, try something new and make friends this Spring holiday.

Find out more and book now at oneren.org/spring



- Lunchtime and afterschool clubs open to all
 - Staff and One Ren run clubs
 - All stages and year groups covered including P1-3
 - All free
 - Some school clubs have links to community clubs such as football and dance.

Competitive Opportunities

Beat the Streets winners 2025-26



Congratulations!

<p>Schools - Total Points</p> <p>1st - Fordbank Primary School 2nd - Houston Primary School 3rd - Bridge Of Weir Primary School 4th - Auchlenlodment Primary School</p> <p>Community & Workplace Teams - Total Points</p> <p>1st - Active Communities 2nd - Auchlenlodment ELCC 3rd - Abbey Nursery - Houston 4th - Houston ELCC</p> <p>Small Teams - Total Points</p> <p>1st - Clyde Muirshiel Staff</p> <p>Individual Leaderboard</p> <p>1st - Meg's</p>	<p>Schools - Average Points</p> <p>1st - Howwood Primary School 2nd - Fordbank Primary School 3rd - St David's Primary School 4th - Thorn Primary School</p> <p>Community & Workplace Teams - Average Points</p> <p>1st - Active Communities 2nd - Auchlenlodment ELCC 3rd - Wallace ELCC 4th - Houston ELCC</p> <p>Charity</p> <p>St Mirren FC Charitable Foundation</p> <p>Empowered School</p> <p>1st - Riverbrae School</p>
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- We are well represented at a host of different competitions and events each year (Basketball league, Cross country Football, Netball to name a few.
- We are keen and up for a challenge - this resulted in us winning first place for 'Beat the Streets' competition.
- We came 2nd place in the Police Scotland Renfrewshire Schools Competition.
- Often staff will provide lifts for pupils who can't travel easily.

Police Scotland Football Tournament



Renfrewshire Schools NBA League



One Ren Girls' Football Festival



Competitive Opportunities

Our #antisectarian football tournament was a resounding success, great fun and highlighted a very important cause! @LPSandELCC @howwood @StMargaretsJoh1 @StDavidsPS @StAnthonysSAPS @ThornPriSch @Cochrane_Castle @APS_ELCC @KilbarchanPS ⚽ @RenCouncil @RenEdHWB

- To tackle anti-sectarianism, we organised our own tournament held at Fordbank. We invited local schools from all denominations to take part and focus on what is really important - having fun doing sport!



Cross country event



Anti-sectarian Football Tournament hosted by Fordbank



Developing our Pupils

- Our Sports Committee is made up of pupils from P1 -7
 - It meets once a month
- Worked together to plan events and organise activities such as Fordbank Olympics
- Worked together to complete the School Sport Award self-assessment and review targets and set actions.
- P6 Play Leaders have been leading clubs in the playground and lunchtime clubs for P1-3



P6 Play Leaders



Sports Committee

Developing our Pupils- Health Week



Archery sessions



Healthy eating

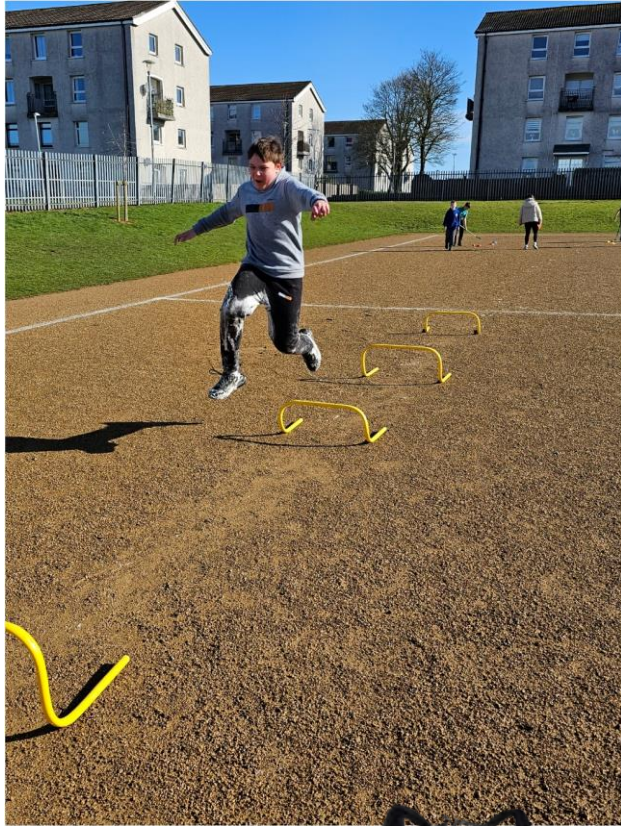


Traditional Races



Team building games
and activities

Tough Mudder memorial event



- In memory of Steven Dock, we host an annual outdoor Tough Mudder event. The fun, active and dirty event is rounded off with a slip and slide and a trip to the ice cream van in memory of a very special P7 pupil.

- The anti-sectarian football event also has a shield in Steven's name for the winning school.



Celebrating Sport

- WHOOSH awards celebrated each week at assembly.
- WHOOSH award wall display in the main corridor
- Sporting events and successes highlighted in newsletter and communicated to whole community via Seesaw.
- All pupils given sticker of participation in Sports Day from our Parent Council.



FORDBANK PRIMARY AND FLEXIBLE LEARNING RESOURCE
2025-26



MARCH NEWSLETTER

'Where HEARTS lead, we succeed!'



Book Week Scotland Author Visit Lyndsay Littleton



DIARY DATES

- P6 Glasgow Trip – 3rd
- Parent Council Family event (Bingo) – 12th
- Dental Team – 17th
- P6 and P7 Football festival – 18th
- World of Work week – 23rd – 27th
- Book Fair visit – 25th
- P6 swimming – 26th
- Pupil reports issued – 27th
- Parents' and Carers' evening – 31st
- Parents' and Carers' evening – 1st April
- Tough Mudder event – 2nd April
- School closed – Friday 3rd April
- School returns – Monday 20th April

PATHS (Promoting Alternative Thinking Strategies)

All school staff have had a recent refresher training at the February inservice day. Ms Wadsworth will run a parent and carer information session next term. We are hoping to become a PATHS model school later this year.



Girls' Football Team

As Spring approaches we are able to start taking advantage of the sunshine and being outside more in the better weather.

I am looking forward to seeing you all at Parents and carers' night in the coming weeks. Best wishes,
Cara Wadsworth, Head Teacher

Change of Clothing

Can we please ask if any clothes belonging to the school are sent home, that these are washed and returned. Can we also ask that a spare pair of trousers and socks/pants are kept in their bags. T1 grass areas can become mucky especially in the winter months. We currently have no spares of the items in the school. Thank you.

Natter and Chatter

Thank you to those that attended our latest get together. We intend to change the time to 2pm that you can drop in at pick up time.



Mud Kitchen donation from Turnberry Homes and built by Davies Wo

School Clubs

It's important that all pupils are catered for after school clubs within the school. If you are unable to attend please contact the school via SeeSaw (not class teacher) or via phone call. Attendance will be taken and a phone call will be made if no contact is made.

Parent and Carer Night Ap

Please keep an eye out for parent notices which will go live on Parent Portal or you any issues signing up please contact the office.

Phone: 0300 300 0153
email: fordbankenquiries@renfrewsl
Website: <https://blogs.glowscotland.org.uk/renfrewsl/>

WHOOSH (We Highlight Out of School Heroes) awards are celebrated weekly at assembly. Please show them off and bring them into school to share them with us. #widerachievement #success
Remember achievements don't need to have a medal or trophy.



Range of success shared to our school community

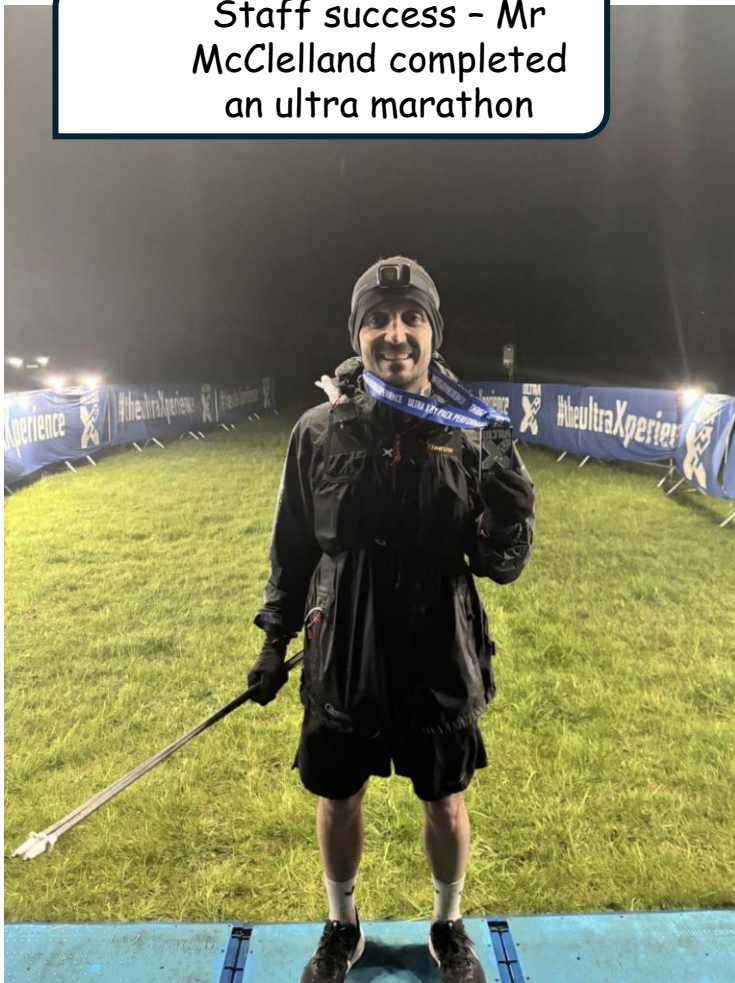
WHOOSH Awards

- ▶ We Highlight Out Of School Heroes!
- ▶ Please bring in and let us know.
- ▶ Playtime and lunchtime for photos



Celebrating Sport

Staff success - Mr McClelland completed an ultra marathon



Celebration and fun days and events



Tennis
Football
Marble
Beach ball
Basketball
Sponge ball
Juggling ball
Ping pong ball
Ball pit ball
Fly away ball
Rugby ball
Please no bowling balls!!
🤔

'Bring an old ball'
Friday 27th March

The Expressive Arts Committee are trying to make the playground more fun for the children of Fordbank. We are looking for all children to bring in an old ball which they not longer use. We ask for all types & sizes!



PIC-COLLAG

This term's Club star winners. Thanks to @onerensport 🌟🏆
#FordbankSportsSchool @sportscotland @RenEdHWB

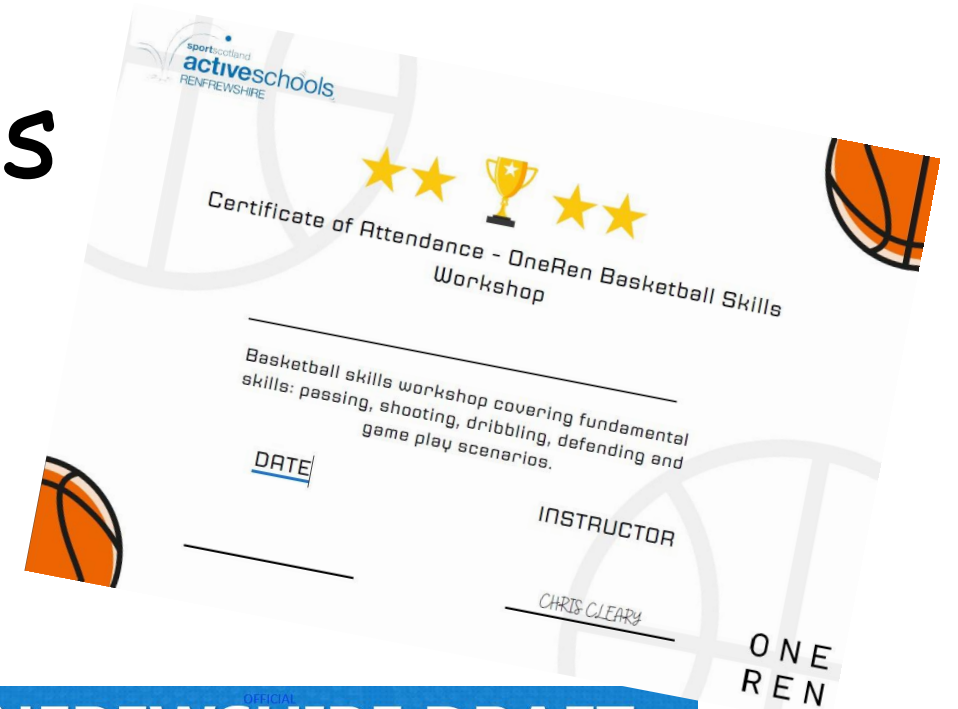
Recognising our people

- Strawberry Tea for volunteers - tea and a Strawberry tart as a thank you for giving up their time.
- One Ren staff thanked at Graduation ceremony in front of school community.
 - At the end of the year, we have started sending thank you cards to our coaches from our Sport Committee
- Previously used #SportsHour when we used Twitter (X)



Developing our deliverers

- One Ren share learning opportunities (calendar) regularly.
- Staff made aware of CLPL opportunities in Renfrewshire Council and further afield
- Staff given opportunity to run their own club of choice/interest
 - P6 and P5/6 organise joint P.E sessions
- Staff took part in Golf Foundation's Unleash Your Drive programme resulting in free kit.
- Staff participated in Basketball skills training



RENFREWSHIRE DRAFT

SCHOOL	TEAM
Bridge of Weir	Brooklyn Nets
Fordbank	Toronto Raptors
Glencoats	Washington Wizards
Houston	Utah Jazz
Kilbarchan	New Orleans Pelicans
Lochfield	Los Angeles Lakers
Newmains	Los Angeles Clippers
St. Anthony's	Cleveland Cavaliers
St. Catherine's	Orlando Magic
St. Fillans	Chicago Bulls
Todholm	Sacramento Kings
Wallace	Dallas Mavericks



Our Journey (in photos)

Our latest school visit saw us visit [@FordbankPS](#) earlier this week.

Thank you to everyone at Fordbank for their welcome. We look forward to seeing some of you at tomorrow's match!

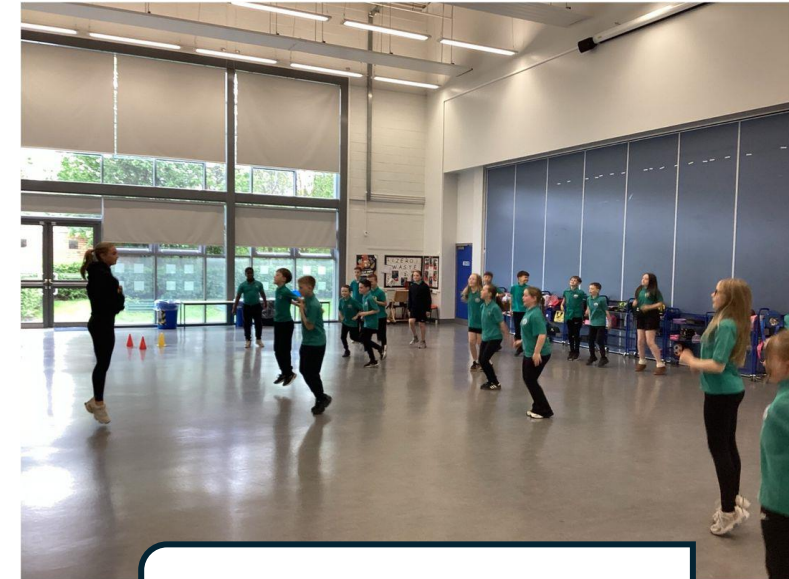
[@SMFCStreetStuff](#)



St. Mirren player visit
and Q and A



Trying new golfing
equipment



Zumba sessions

Our Journey (in photos)



GB Athlete Kimberley Rennicks assembly



CPR Workshops



Commonwealth Baton visit

Our Journey (in photos)



Trying sailing as new sport



Working with Johnstone High and One Ren coaches



Fordbank Primary Sport Scotland Gold School

