

emotionworks PROGRESSION - A level by level Guide for Teachers

TEACHING FOCUS: Vocabulary & Language development		
At Early Level... Make sure learners have a usable bank of foundation words and phrases for talking about first cog concepts in the first instance. Thereafter you will be working towards developing an Emotion Word vocabulary of up to 50 words, as well as expanding vocabulary and language relating to each of the other starter cogs.	At First Level... Work towards developing an Emotion Word vocabulary of between 50-100 words, and continue to build vocabulary and language for discussing cog concepts, including 'Emotion Intensity'.	At Second Level... Work towards developing an Emotion Word vocabulary of between 100-150 words, and further building vocabulary and language for discussing all cog concepts, including 'Influences'.
TEACHING FOCUS: Developing Cog Knowledge		
At Early Level... Introduce the 'Starter Cogs' - Orange - Emotion Words - Red - Body Sensations - Yellow - Emotion Triggers - Green - Emotion Behaviours - Blue - Regulation Strategies	At First Level... Create opportunities to expand knowledge and deepen understanding of the Orange, Red, Yellow, Green and Blue cogs. Introduce the Grey 'Emotion Intensity' cog.	At Second Level... Create opportunities to expand knowledge and deepen understanding of the Orange, Red, Yellow, Green, Blue and Grey cogs. Introduce the Purple 'Influences' cog.
TEACHING FOCUS: Making links between the cogs explicit		
At Early Level... Demonstrate 2-part, 3-part and 4-part links between the starter cogs and explore how the cog concepts relate to each other.	At First Level... Continue to explore links and relationships between the first 5 cogs, and introduce how the Intensity cog links up and relates to each of the cogs individually and alongside the 5-part model.	At Second Level... Continue to explore links and relationships between the first 6 cogs, and now introduce how the Influences cog links up and relates to each of the cogs individually and alongside the 6-part model.
TEACHING FOCUS: Working with the Component Models		
At Early Level... Support learners towards being familiar and comfortable using the 5-cog model as a framework for emotional learning and discussion.	At First Level... Support learners towards being familiar and comfortable with using the 6-cog model as a framework for emotional learning and discussion.	At Second Level... Support learners towards being familiar and comfortable with using the 7-cog model as a framework for emotional learning and discussion.