

# 2025/2026 East Fulton Primary Menu

## Week 1

v: Suitable for Vegetarian  
ve: Suitable for Vegan

### Soup

### Main Option 1

### Main Option 2

### Main Option 3

### Dessert

## Monday

**Leek & Potato Soup (ve)**  
Optional: with Bread (v)



**Mac 'N' Cheese (v)**  
with Garlic Bread (ve)



**Red Tractor Southern-Style Chicken Wrap**  
with Potato Wedges (ve)



**Baked Potato with Beans (ve)**

**Fruit Salad (ve) & Fresh Fruit Selection (ve)**

## Tuesday

**Tangy Tomato Soup (ve)**  
Optional: with Bread (v)



**Red Tractor Mild Chicken Curry**  
with Rice (ve)



**Quality Meat Scotland Beef Burger in a Bun**  
with Savoury Rice (ve)



**Cheddar Cheese Panini (v)**  
with Savoury Rice (ve)

**Fruity Yoghurt (v) & Fresh Fruit Selection (ve)**

## Planet-Friendly Wednesday

**Seasonal Harvest Soup (ve)**  
Optional: with Bread (v)



**Sau'sage Roll (ve)**  
With Potato Salad (v)



**Homemade Quorn Sausage Casserole (ve)**  
with Mashed Potato(ve)



**Neatballs in Onion Gravy**  
with Mashed Potato(ve)

**Cook's Choice of Home Baking (v) & Fresh Fruit Selection (ve)**

## Thursday

**Seasonal Veg & Rice Soup (ve)**  
Optional: with Bread (v)



**Quality Meat Scotland Homemade Steak Pie**  
with Roast Potatoes (ve)



**Plant-Power Hot Dog (v)**  
With Roast Potatoes (ve)



**Red Tractor Ham Sandwich**

**Jelly (ve) & Fresh Fruit Selection (ve)**

## Friday

**Carrot & Coriander Soup (ve)**  
Optional: with Bread (v)



**Herby Tomato Pasta (ve)**  
with Garlic Bread (ve)



**MSC Salmon Fingers**  
With Chips/Smiles/Fries/Puffs (ve)



**Baked Potato with Cheese (v)**

**Vanilla Ice Cream (v) & Fresh Fruit Selection (ve)**

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• We use UK seasonal produce when available, and where possible, use Scottish produce





# 2025/2026 East Fulton Primary Menu

## Week 2

v: Suitable for Vegetarian  
ve: Suitable for Vegan

### Soup

### Monday

**Tangy Tomato Soup (ve)**  
Optional: with Bread (v)



**Red Tractor Meatball Sub Melt**  
with Sauté Potatoes (ve)



**Red Tractor Homemade Chicken Pie**  
with Sauté Potatoes (ve)



**Cheese Sandwich (v)**

**Fruit Salad (ve)  
& Fresh Fruit Selection (ve)**

### Tuesday

**Carrot & Coriander Soup (ve)**  
Optional: with Bread (v)



**Plant-Power Crispy Burger in a Bun (ve)**  
with Potato Salad (v)



**Red Tractor Roast Chicken Fillet with Yorkshire Puddings**  
with Mashed Potato (ve)



**Tuna Melt Panini**  
with Potato Salad (v)

**Fruity Yoghurt (v)  
& Fresh Fruit Selection (ve)**

### Planet-Friendly Wednesday

**Veg & Rice or Lentil Soup (ve)**  
Optional: with Bread (v)



**Creamy Pesto Pasta (v)**  
With Garlic Bread (ve)



**Quorn Bangers in Onion Gravy (ve)**  
with Mashed Potato (ve)



**Baked Potato with Beans (ve)**

**Cook's Choice of Home Baking (v)  
& Fresh Fruit Selection (ve)**

### Thursday

**Seasonal Harvest Soup (ve)**  
Optional: with Bread (v)



**Margherita Pizza (v)**  
with Onion Rings (ve)



**Quality Meat Scotland Mexican-Style Beef Chilli**  
With Nacho Chips (ve)



**Red Tractor Ham Sandwich**

**Jelly (ve)  
& Fresh Fruit Selection (ve)**

### Friday

**Leek & Potato Soup (ve)**  
Optional: with Bread (v)



**MSC Fish Goujons**  
With Pasta Salad (v)



**Quality Meat Scotland Beef Bolognese Pasta Bake**



**Baked Potato with Cheese (v)**

**Delight Dessert (v)  
& Fresh Fruit Selection (ve)**

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### Main Option 1

### Main Option 2

### Main Option 3

### Dessert





# 2025/2026 East Fulton Primary Menu

## Week 3

v: Suitable for Vegetarian  
ve: Suitable for Vegan

### Soup

### Main Option 1

### Main Option 2

### Main Option 3

### Dessert

## Monday

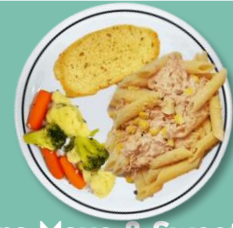
**Leek & Potato  
Soup (ve)**  
Optional: with Bread (v)



**Sticky BBQ Quorn Dippers  
(v)**  
with Pasta Salad (v)



**Red Tractor  
Chicken Fajita in Pitta  
Pockets**  
with Pasta Salad (v)



**Tuna Mayo & Sweetcorn  
Pasta**  
With Garlic Bread (ve)

**Fruity Yoghurt (v)  
& Fresh Fruit Selection (ve)**

## Tuesday

**Veg & Rice or Lentil  
Soup (ve)**  
Optional: with Bread (v)



**Quality Meat Scotland  
Beef Lasagne**



**Red Tractor  
Chicken Burger in a Bun**  
with Potato Wedges (ve)



**Baked Potato with Cheese  
(v)**

**Vanilla Ice Cream (v)  
& Fresh Fruit Selection (ve)**

## Planet-Friendly Wednesday

**Carrot & Coriander  
Soup (ve)**  
Optional: with Bread (v)



**Sau'sage Roll (ve)**  
With Savoury Rice (ve)



**Shawarma-Style Fillets (ve)**  
with Savoury Rice (ve)



**Baked Potato with Beans  
(ve)**

**Delight Dessert (v)  
& Fresh Fruit Selection (ve)**

## Thursday

**Seasonal Harvest  
Soup (ve)**  
Optional: with Bread (v)



**Farm Assured  
Jumbo Hot Dog**  
with Potato Salad (v)



**Quality Meat Scotland  
Traditional Mince  
-Filled Yorkies**  
With Mashed Potato (ve)



**Cheddar Cheese Panini (v)**

**Jelly (ve)  
& Fresh Fruit Selection (ve)**

## Friday

**Tangy Tomato  
Soup (ve)**  
Optional: with Bread (v)



**Cheese & Tomato  
Pizzini (v)**  
With Chips/Smiles/Fries/Puffs (ve)



**MSC  
Fish Fingers**  
With Chips/Smiles/Fries/Puffs (ve)



**Red Tractor  
Turkey Meatball Spaghetti**  
With Garlic Bread (ve)

**Fruit Salad (ve)  
& Fresh Fruit Selection (ve)**

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