





# Occupational Therapy Advice Line

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*Occupational therapists can help children and young people who have difficulties joining in with activities they need and want to do every day.*



If you have questions or are worried about how a child or young person is managing ...

- Self-care; dressing, washing, going to the toilet, eating and drinking.
- Play; playing with toys, playing outside, joining in at clubs/sports, doing the activities they enjoy.
- Work; joining in at nursery/school.

Call the Occupational Therapy Advice Line!

Tuesdays 1.30pm - 4pm

Fridays 9.30am - 12pm

0141 531 6536

or email [ggc.scsoccupationaltherapy@ggc.scot.nhs.uk](mailto:ggc.scsoccupationaltherapy@ggc.scot.nhs.uk)