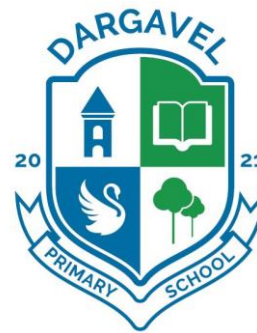


Dargavel Primary School

Arrochar Drive, Bishopton, PA7 5HP
0300 300 1481

Email: dargavelenquiries@renfrewshire.gov.uk

Head Teacher: Gerry Carlton



Bikeability Level 1 Primary 6 Classes

2nd September 2022

Dear Parent/Carer,

Bikeability Training

This term Primary 6 pupils will be given the opportunity to undertake Bikeability Level 1. This provides children with important basic cycle training skills which will prepare them for Level 2 training later this session.

All bikes will undergo a safety check before the cycling lessons begin. This will take place on Tuesday 13th September. Guidelines for this can be found using this link <https://www.youtube.com/watch?v=SA0aSdj5FC4>. If any faults are found on bikes over the duration of the course your child may not be allowed to continue until these are rectified.

Bikeability training dates for the training are outlined below:

Tuesday 13th September - Primary 6a Bike check

Tuesday 20th and Tuesday 27th September – Primary 6a (2 sessions per day)

Thursday 29th September – Primary 6b Bike Check

Tuesday 4th and Tuesday 11th October – Primary 6b (2 sessions per day)

During sessions, the children will participate in a range of cycling activities in the playground, developing their control and awareness. The adult to pupil ratio for Level 1 training is 1 adult:15 children. The training is delivered by a number of staff trained.

Please note there will be no 'practical test' at the end of the training programme, instead, your child will be continually assessed and a certificate will be presented on successful completion of the course. Only the basics of cycling can be covered on this type of course.

Safety Rules

- Children **must** wear a cycle helmet which conforms to current regulations, is the correct size and is securely fastened.
- It is parent/carers' responsibility to ensure your child is able to take his/her bike to and from the school safely.
- Renfrewshire Council will not be held responsible for damage or loss to a child's bike. We highly recommend bikes are chained to the bike storage in the playground at all times while not in use.

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- For a limited number of children, arrangements can be made to store bikes in the school between sessions, this would be for children who travel by school bus or in other similar situations. It would be the child's responsibility to return his/her bike to the indoor location after the session.
- Once children are in the school grounds they must dismount and walk with their bikes to the assigned area. Children must not play with or sit on the bikes during break times. Please ensure children wear comfortable trousers/shorts and a waterproof jacket on all Bikeability training dates.

If having read through this letter you agree to its conditions, please click on the link to give your child permission to participate in Level 1 Bikeability.

https://forms.office.com/Pages/ResponsePage.aspx?id=oyzTzM4Wj0KVQTctawUZKfC_7yVaQcFHn3eXA_CJdRZUQVNNUFM0T1ZHUIQ4V0hKUjI5VVpOV0c1Wi4u

Please note all risk assessments and Bicycle Check guidelines have been updated to take into account current Covid regulations and guidelines.

If your child does not have access to a bike and helmet, please contact me directly as we should be able to offer support to a small number of children.

Please feel free to contact me should you have further questions.

Yours sincerely

Mrs Louise Chisholm
Depute Head Teacher