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**Lockerbie Home Camp - Day 4**

**Activity 1: Long Walk/Cycle**

Usually at Lockerbie we would be heading out to the hills for a long walk, learning all about the forest and vegetation as we go. Today, I’d like you to head out for a long walk or cycle around your local area or to a nearby nature park. Track your distance using an app on your phone such as Strava and share your routes. Remember to look up and around instead of down at the ground (or your phone!)- you’ll be amazed at what you can spot when you are paying attention! Take photos of anything interesting you see and share them on SeeSaw.

**Activity 2: Obstacle Course**

We would also normally get a chance to take part in an obstacle course outside, usually blindfolded! Try to create one at home or in your garden using things you find in the house (chairs, boxes, cushions, balls, skipping rope etc). You could ask members of your family to take part or you could try it yourself! You might like to film or take pictures of this as well.

**Activity 3: Disco**

****We always have a disco night at Lockerbie, so let’s try to recreate this at home! You could plan a disco for your family by making a playlist, organising games and making snacks. Or, you could organise a virtual Just Dance party with your friends. I miss seeing you all doing Just Dance or having a good whole class sing along (even if the singing is questionable…) so I’d love to see some videos! Remember to put on your best party outfit too!

**Daily Challenge: Climb a Tree**

While out on your walk try to find a tree that looks good for climbing! See how high you can get and make sure you take photo evidence! Please be careful and only do this if you are with an adult! Can you figure out a way to measure how high you managed to climb? The winning tree climb will receive some house points and a certificate!



Please remember to ask an adult before doing some of these activities!