



With COVID-19 around, it's more important than ever to get the flu vaccine.



Flu can be serious and life-threatening, even for normally healthy children.



The vaccine will reduce the risk of your child getting flu and spreading it to friends and family.



The vaccine will reduce the strain that a spike in seasonal flu would put on our NHS on top of COVID-19.



The flu vaccine is given as a painless nasal (nose) spray.

NHS Scotland strongly recommends your child gets their flu vaccine this year.

TUESDAY - 20TH OCTOBER 2020

Look out for the flu consent form, letter and information leaflet to be sent home with your child.

Help protect your child, each other and the NHS.



www.nhsinform.scot/childflu



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