

Sikh Wedding Facts

Here are the key facts about Sikh weddings explained simply:

The Main Ceremony

- **Location:** The wedding takes place inside a [Gurdwara](#) (a Sikh place of worship) in front of the holy scripture, the **Guru Granth Sahib**. [1, 2]
- **The Guru is Central:** The bride and groom sit facing the Guru Granth Sahib, showing that God and the Guru's teachings are the center of their marriage. [1]
- **The Four Lavan (Rounds):** During the service, four special wedding hymns are read and sung. After each hymn, the couple walks in a circle around the Guru Granth Sahib. The groom leads the bride, and they are often connected by a scarf or piece of cloth worn by the groom. [1, 2]
- **Making Promises:** These four rounds act as the binding vows and promises the couple makes to each other and to God. [1]

Important Rules and Traditions

- **Adults Only:** People must be fully grown and ready for the responsibilities of adult life before marrying.
- **Faith:** Both partners taking part in the Anand Karaj must follow the Sikh faith.
- **No Superstitions:** Sikhs do not look at horoscopes or search for "lucky" or "unlucky" days on a calendar to pick a wedding date.
- **Equality:** Men and women are treated as complete equals in the ceremony and in Sikh teachings.