

# Bishopton Primary

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WELCOME TO DAY 2

P1 INDUCTION 2023/24

# Day 2

Vision and values

First days...

Uniform

Key school partners

Supporting learning

School lunches

PAThS & Nurture

Question time

Exit via P1 classroom doors





## P1 First day 9.10am

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- On this day you can bring two adults. You will have the opportunity to take family photos both outside and in the classrooms. We ask that you are mindful of uploading pictures of other people's children to social media.
- Staff will be on hand to escort the pupils into the school building. We will endeavour to have all P1 pupils in the building by 9.30.a.m.





Please avoid the crush on the first day – it can be unsettling for your children.

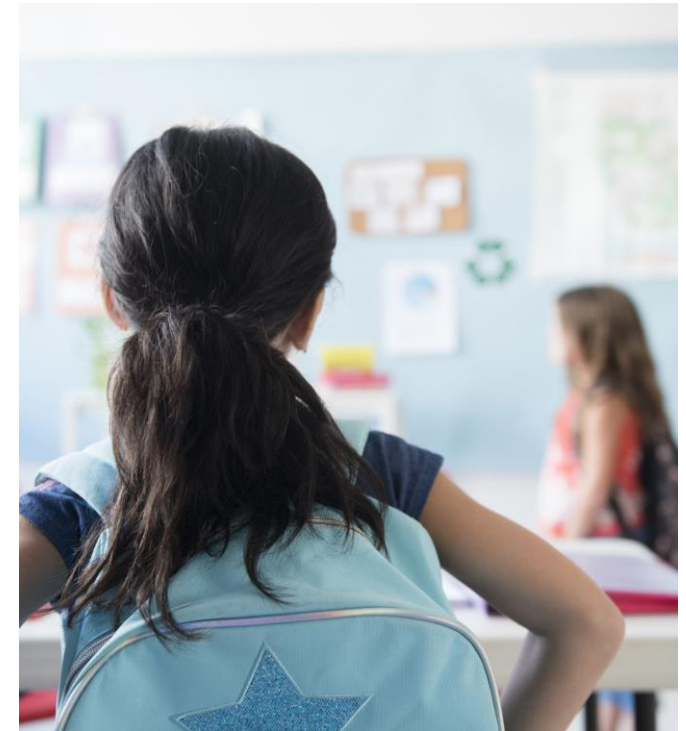
**My first day at school**



# P1 Parents – After 16<sup>th</sup> August 2021

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- On subsequent days that week the classroom doors will be open from 8.55a.m. (8.50am on wet days)
- Please leave your child at the classroom door with their teacher. Adults will be on hand to support. If there is a queue please wait with your child until they have entered the room.
- At the end of the school day teachers will bring the pupils to the classroom door at 3.15 p.m.
- Please only one adult per child and please stand well back from the doors at the fence.
- Teachers will only let the pupils go when their adult has arrived.



## Key School Partners

Educational Psychologist- Catriona May

Families First

SPACE team

Speech Therapist- Maria Fee

Teacher of the Deaf- Angela Allen (Sensory  
Support Service)

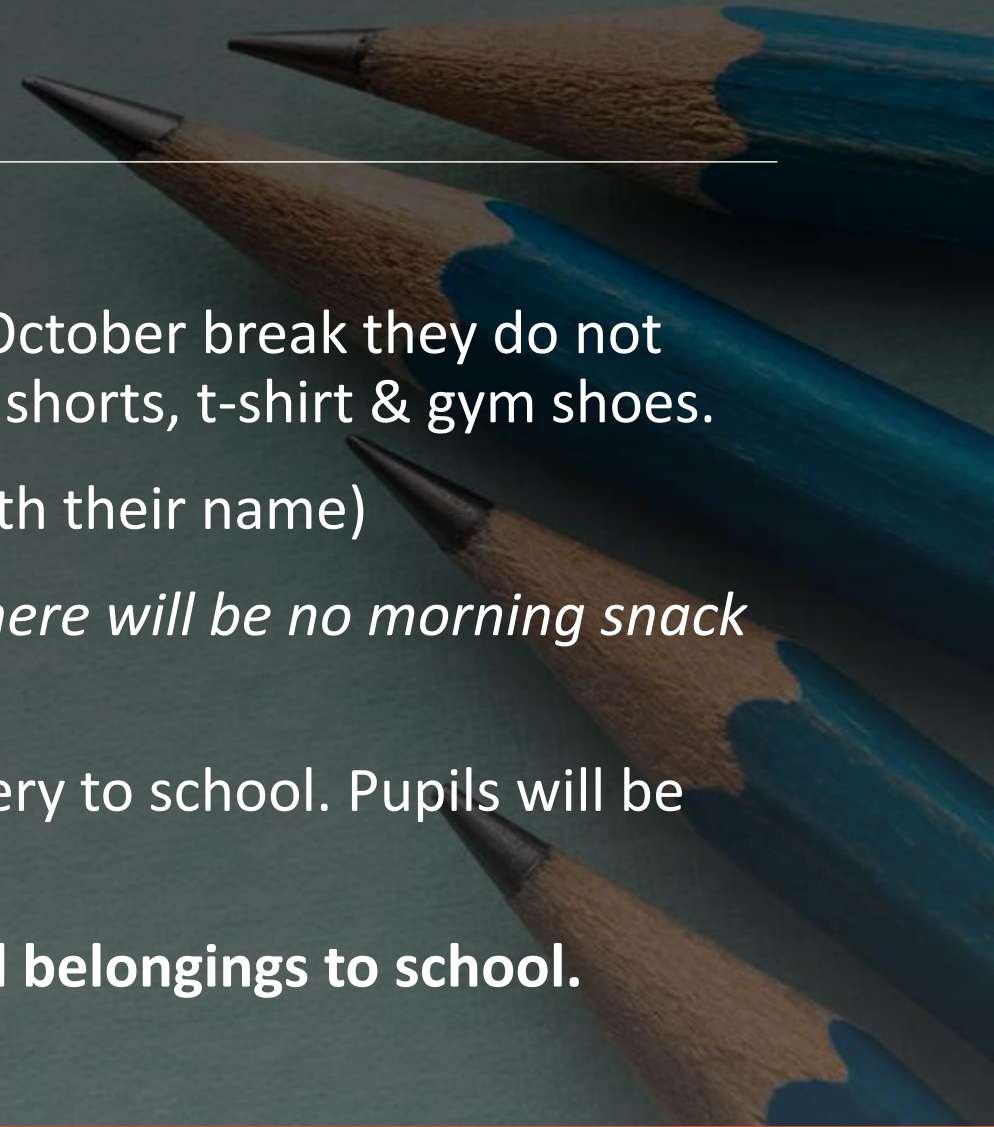
Exchange Counselling

CAHMS

# What to Bring to School

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- A school bag and/or a book bag
- As they will not be changing for P.E until after the October break they do not need any additional kit. After October break, bring shorts, t-shirt & gym shoes.
- A full refillable water bottle with them (labelled with their name)
- A packed lunch box and small snack. *Please note there will be no morning snack bar provided by the catering team.*
- There is no requirement for pupils to bring stationery to school. Pupils will be provided with all resources that are required.
- **Pupils should not bring any toys or other personal belongings to school.**



# How can I support my child's learning?

- As a parent, you are your child's primary educator
- 80% of learning comes from home
- Engage with family learning events *throughout* your child's schooling
- Show you value education
- Complete set homework
- Ensure they get plenty of sleep!
- Healthy snacks
- Read to your child





# Making learning relevant...



Play, Talk Read

playtalkread

Read, Write Count





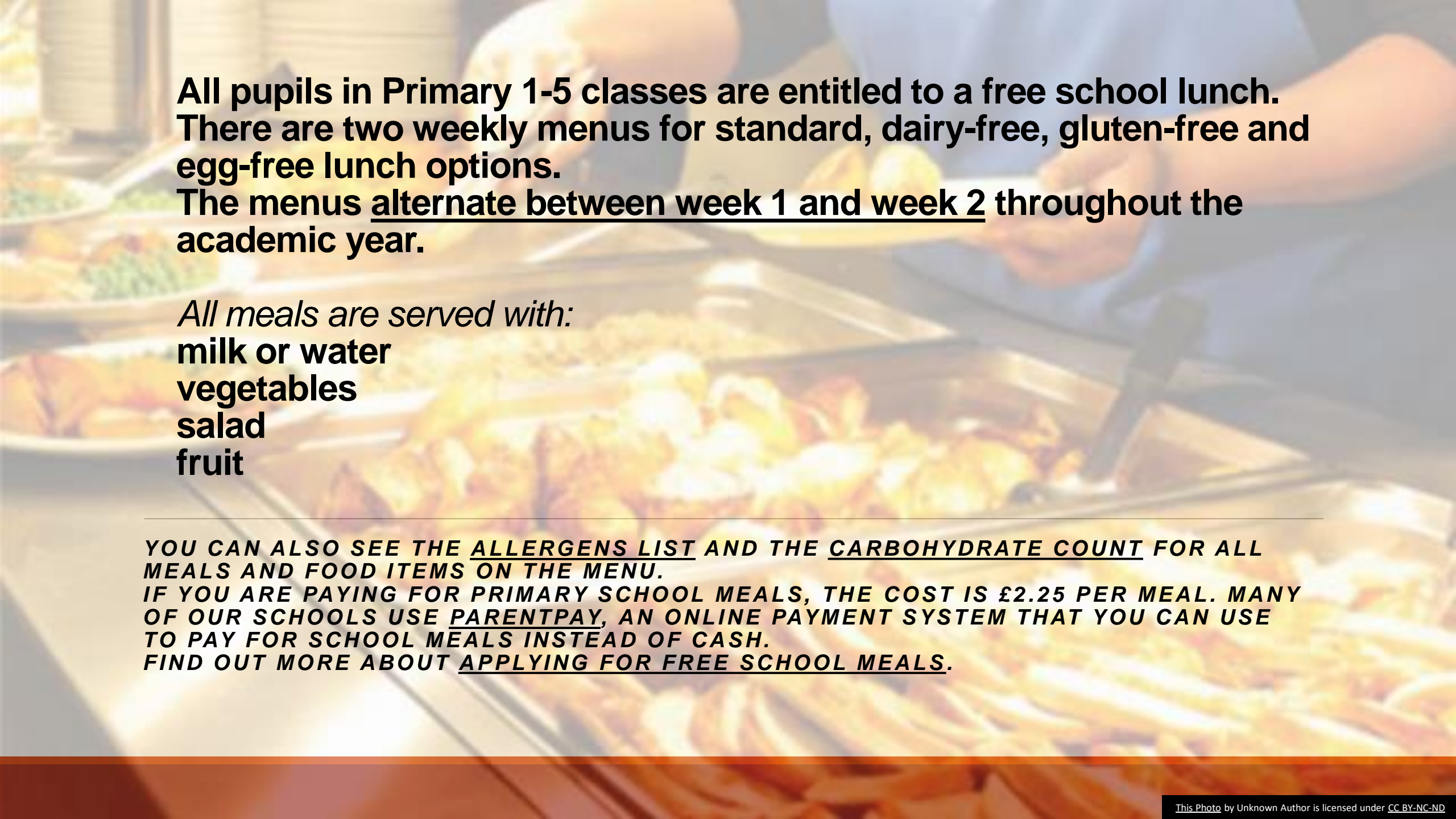
# Lunch Time!

All P1- P5 pupils are entitled to a free school lunch.

School lunches & packed lunches will be eaten in the school canteen.

Lunch time for the Bishopton Primary pupils will be from: 12.15 – 1.15pm (1<sup>st</sup> term earlier)





**All pupils in Primary 1-5 classes are entitled to a free school lunch. There are two weekly menus for standard, dairy-free, gluten-free and egg-free lunch options. The menus alternate between week 1 and week 2 throughout the academic year.**

*All meals are served with:*  
**milk or water**  
**vegetables**  
**salad**  
**fruit**

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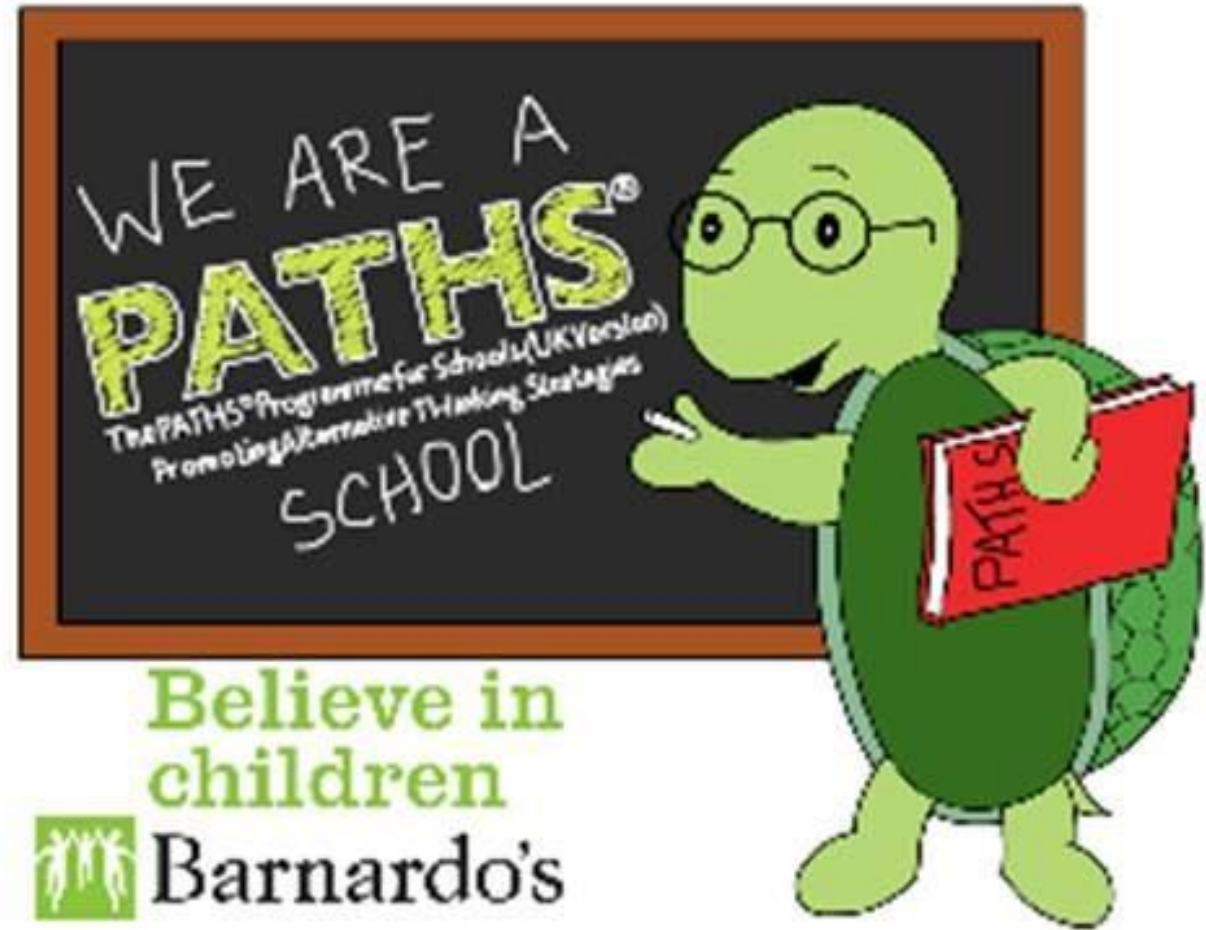
**YOU CAN ALSO SEE THE ALLERGENS LIST AND THE CARBOHYDRATE COUNT FOR ALL MEALS AND FOOD ITEMS ON THE MENU.**

**IF YOU ARE PAYING FOR PRIMARY SCHOOL MEALS, THE COST IS £2.25 PER MEAL. MANY OF OUR SCHOOLS USE PARENTPAY, AN ONLINE PAYMENT SYSTEM THAT YOU CAN USE TO PAY FOR SCHOOL MEALS INSTEAD OF CASH.**

**FIND OUT MORE ABOUT APPLYING FOR FREE SCHOOL MEALS.**

# PATHS

- Social & emotional wellbeing programme
- SEL Worldwide accreditation (model school)
- PATHS Pals
- Inclusive environment





# What is The PATHS® Programme for Schools (UK Version)

*The PATHS® Programme for Schools (UK Version)* is designed to facilitate the development of self-control, emotional awareness and interpersonal problem-solving skills.

## Improves

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↑ Self-Esteem

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↑ Emotional Intelligence

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↑ Conflict Resolution

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↑ Self Control

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↑ Classroom Behaviour

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↑ Academic Engagement

## Reduces

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↓ Aggressive Behaviour

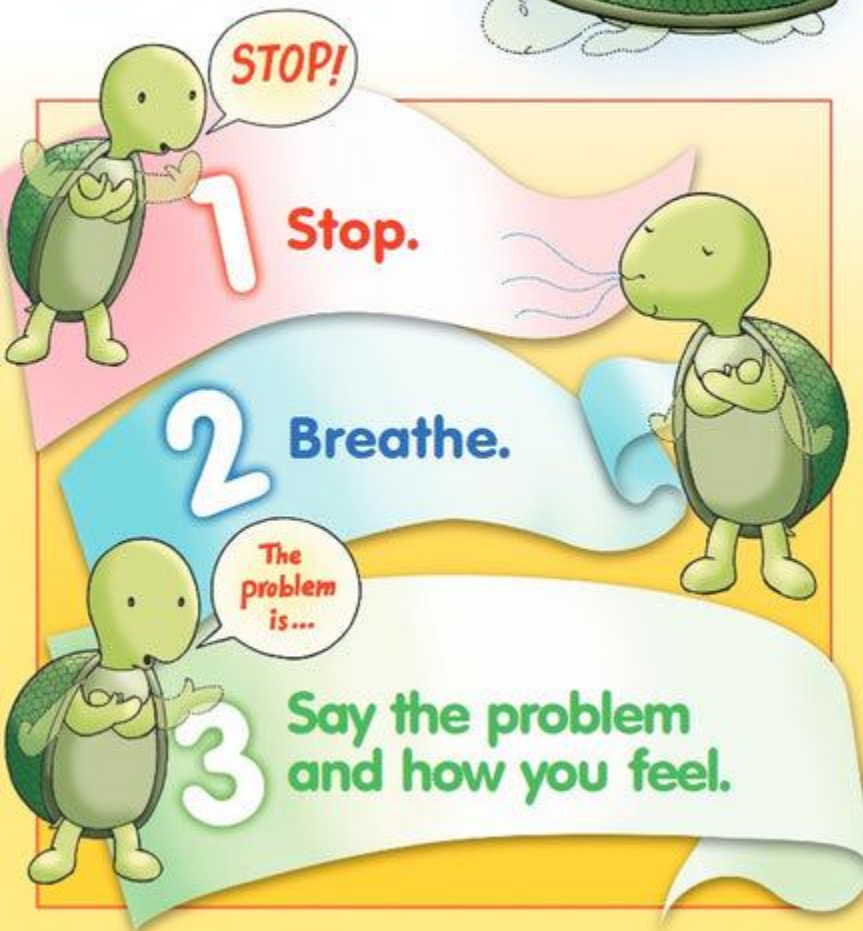
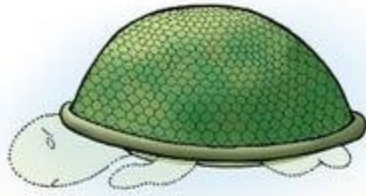
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↓ Emotional Distress

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↓ Conduct Problems

## How to do Turtle



## Control Signals



## 3 Steps for Calming Down

Tell yourself to  
**STOP**

Take one long deep  
**BREATH**

Say the problem  
and how you  
**FEEL**



# Nurture- RNRA

Whole-school nurturing & inclusive approach

Explored nurture principles & staff received training from education psychology



## Two Pillars of Nurture

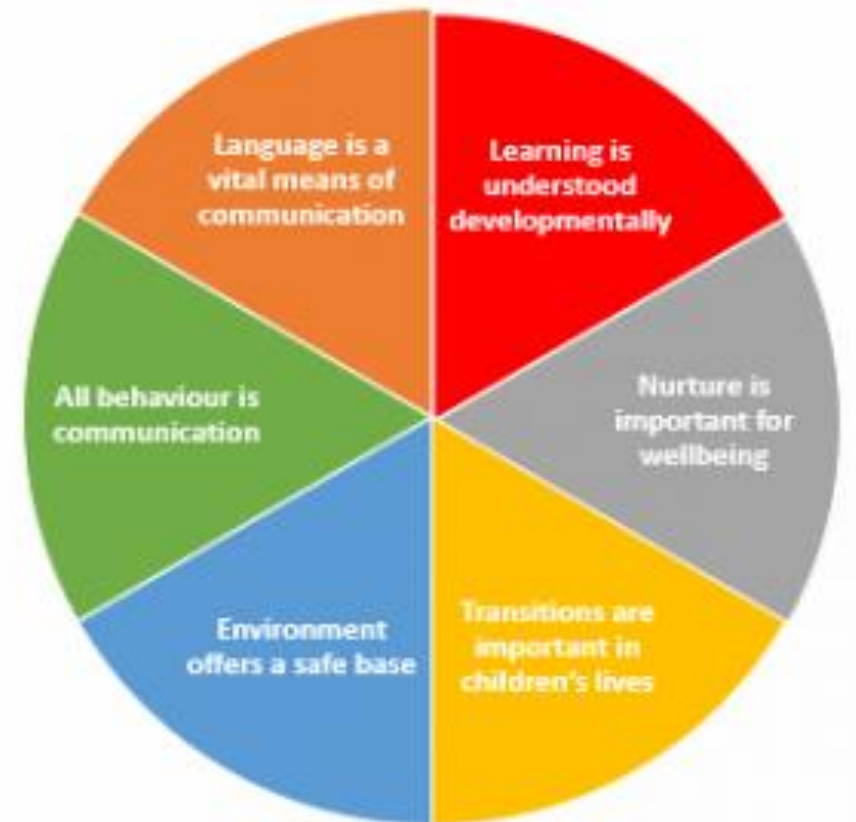
### Care

- Attunement
- Warmth
- Connection
- Empathy

and

### Push

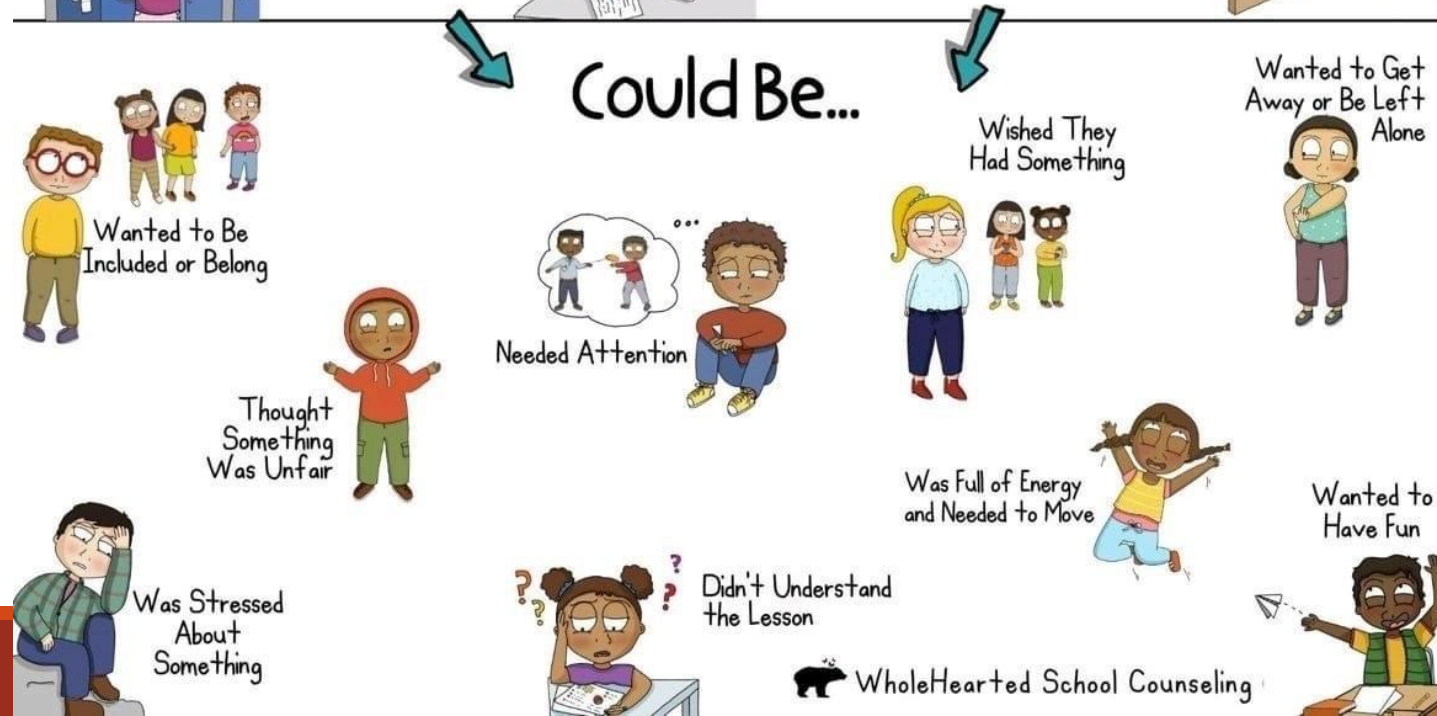
- Structure
- Expectations
  - Press
  - Hope



# What's Behind Behavior Like This At School...



## Identifying Hidden Needs





# Restorative Practice

**As adults who work with children, we should view ourselves as stress regulators and shame reducers instead of behaviour managers.**

Louise Bomber



## High 5

1. What happened?
2. What were you thinking about when it happened?
3. What have you thought about since it happened?
4. Who has been affected by what you have done? How?
5. What do you think you need to do to make things ok?



## Low 4

1. What did you think when it was happening?
2. How has this left you and others feeling?
3. What has been the hardest thing for you?
4. What do you think could make things right?

Bishopton choir!

Questions?

Date for your diary

31<sup>st</sup> August 2023 at 6.30pm

Primary 1 Parent Information Evening



