

# COPING DURING COVID HELPLINE

If you are worried about your child's wellbeing due to the impact of COVID-19 and home learning, we can offer a listening ear, support and advice.

**0300 300 0170 OPTION 4  
10 AM - 4 PM (MON-FRI)**

Parents and carers can contact the service on the above number to request a call back from someone in education (within 2 working days where possible).



## WE CANNOT PROVIDE EMERGENCY SUPPORT

If you need to speak to someone straight away, please use one of the national support lines:

Breathing Space 0800 83 85 87  
Samaritans 116 123  
Childline 0800 1111