

Renfrewshire Leisure Active Schools have created a timetable of events for you to get involved in. These variety of events will run weekly and you are all invited to participate in any of these. Please follow our relevant social media platforms to take part in these.



@RLSportServices



rlsportservices



Renfrewshire Active Schools

Day	Activity	Channels	Description
Monday	RL Online Olympics	All	Tokyo 2020 postponed!!! We have the next best thing with our online schools competition.
Tuesday	RL Twitter Takeover	Twitter	Professional athletes take your questions. Get your question in using the hashtag for 11am.
Wednesday	Dance Session	Instagram Live	Live dance with Sam every week. Sessions start at 3pm
Thursday	Sporting Memories	Twitter Instagram	A look at our wonderful group sharing their sporting memories
Friday	Active Schools Challenge	All	Your ASC giving you at home challenges to complete. Don't forget to upload your efforts