

Including & Understanding Myself



At Arkleston pupils are given opportunities to express their feelings and manage their mental health. Our colour coded star system enables children to privately communicate with staff in a non-intrusive manner, leading to quality reflections. Through our (Promoting Alternative Thinking Strategies) children across the school are given opportunities to maintain and mend friendships whilst developing resilience and problem solving. Our whole school quiet assemblies promote a calm ethos and encourage children to self-reflect and identify emotional changes.

Practising mindfulness techniques is a central part to our nurturing curriculum. From P1-7 children carry out a range of active and practical activities, including breathing techniques which support individual emotional regulation and coping strategies when feeling anxious or overwhelmed.

As nurturing citizens there are regular opportunities for pupils to support each other and participate in collaborative activities with their peers. These included a range of teamwork tasks across the curriculum, peer playground mediation involving the support of older pupils with younger classes and our Sparky Arky days which allow pupils to work across the school with each other on culturally themed activities.

Including & Understanding My Community



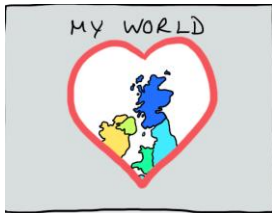
In observing our local community, we explore the importance of including everyone regardless of race, religion or gender. We support those in need, including local charities by raising awareness and funds in line with our Rights Respecting values. Some of these charities have included The Salvation Army, Renfrewshire Foodbanks and Save the Children. They have encouraged an enterprising attitude amongst many of our pupils.

We explore gender equality and this has included looking at how toys are promoted in local stores in relation to gender specific items and use of colour. We try to promote gender equality through the resources we use and in particular through books and play resources that children have access to.

We have families who attend Arkleston from various ethnic groups, with many following the Islamic faith. Arkleston acknowledges this by encouraging pupils to teach and share their experiences and celebrations. With local religious buildings such as the Renfrew Mosque near us, pupils can understand and learn first-hand about the traditions of others.

Children are given the opportunity to understand the needs of their community and barriers to everyday life. We visit our local care home and are given experiences whereby pupils can communicate, socialise and include citizens of Renfrew regardless of their individual needs.

Including & Understanding My World

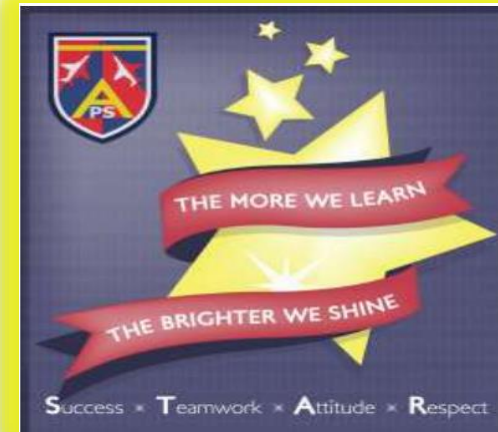


As citizens of Scotland the pupils have opportunities to compare and contrast their cultures and lifestyles with other parts of the world. Our children participate in inter linked projects with parts of Asia, including Korea and Bangalore. These opportunities allow our children to learn about world religions in a real-life context, whilst developing pupil character strengths such as appreciation and tolerance.

We use a range of literature in P1-7 from our inclusion library. Children have opportunities to look at key role models who promote individuality and equal rights. There is also a focus on religious figures around the world who have supported the needs of societies. These contexts have encouraged educational debate and are a stimulus for the exploration of world faith through music, dance and art in Arkleston.

Languages and communication are an important part in learning to understand and include others in the world around us. At Arkleston we learn French vocabulary across all stages and Spanish in the upper classes. We have had links with various exchange students from parts of France who visit Arkleston and share their cultural traditions and celebrations, along with supporting our translations.

Arkleston Primary



Nurtured & Included Citizens

