I COME FROM

By **Dean Atta**

I come from shepherd's pie and Sunday roast

Jerk chicken and stuffed vine leaves

I come from travelling through my taste buds but loving where I live

I come from a home that some would call broken I come from D.I.Y. that never got done I come from waiting by the phone for him to call

I come from waving the white flag to loneliness
I come from the rainbow flag and the union jack
I come from a British passport and an ever-ready suitcase

I come from jet fuel and fresh coconut water
I come from crossing oceans to find myself
I come from deep issues and shallow solutions

I come from a limited vocabulary but an unrestricted imagination
I come from a decent education and a marvellous mother
I come from being given permission to dream but choosing to wake up instead

I come from wherever I lay my head
I come from unanswered questions and unread books
Unnoticed effort and undelivered apologies and thanks

I come from who I trust and who I have left
I come from last year and last year and I don't notice how I've changed
I come from looking in the mirror and looking online to find myself

I come from stories, myths, legends and folk tales
I come from lullabies and pop songs, Hip Hop and poetry
I come from griots, grandmothers and her-story tellers

I come from published words and strangers' smiles
I come from my own pen but I see people torn apart like paper
Each a story or poem that never made it into a book.